



THE CARMELITE

Parish of Port Melbourne and Middle Park
in the care of the Carmelites since 1882

We acknowledge the Yaluk-ut Weelam Clan, the traditional owners and custodians of this land. We pay our respects to them. May we walk gently here.

FOURTEENTH SUNDAY IN ORDINARY TIME 9 July 2023

Dear sisters and brothers,

In today's Gospel, we hear Jesus contrasting worldly wisdom with that which he offers. It is not "the learned and the clever", in the sense in which we would normally understand this term, who necessarily possess true wisdom. True wisdom does not come purely from human understanding and insight, acquired by one's own efforts. Whilst it is important to try to understand life and the universe through study and the development of our intellectual capacities, it is even more important that we develop a close relationship with God. It is in and through this relationship, primarily, that true wisdom is acquired.

This is the point that Jesus is making when he praises God for revealing true wisdom to "mere children". Jesus is referring to "little" children who are unlearned and weak and dependent. The best they can do is receive what is given to them and, in return, give simply what they are really good at: affection and love. By using this imagery, Jesus invites us to humbly receive God's love and wisdom and peace and, in return, respond with love and thanks and affection.

If we cultivate such a relationship with God, then we will cultivate a wisdom that contrasts with conventional "worldly" suggestions as to the meaning of life. Rather than trying, in vain, to ultimately find meaning in busyness, wealth, power, more and more of everything, we will find meaning and true wisdom in a childlike simplicity of heart in which we joyously receive God's love and peace and mercy and respond with love and gratitude. In the words of St Augustine, *'You have made us for yourself O Lord, and our hearts are restless until they rest in Thee.* If we come to the Lord with our "labours and burdens", as the Gospel reminds us, he will give us "rest for our souls" – for he is "gentle and humble in heart".

Through an intimate relationship with God, we will cultivate a demeanour towards life that will colour our relationships with others, such that we will be ministers of God's love and peace, compassion and mercy, forgiveness and justice to others.

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Both our Churches are fitted with a hearing induction loop. Please use the 'T' or other appropriate switch on your hearing aid. Please tell us if you experience any difficulty.

OUR PARISH

Churches

St Joseph's
cnr Rouse & Stokes Streets
Port Melbourne

Our Lady of Mount Carmel
cnr Richardson & Wright Streets
Middle Park

Sunday Masses

5.00pm (Sat) Mount Carmel
9.00am Saint Joseph's
10.30am Mount Carmel

Reconciliation

after 9.00am Mass Saturday

Carmelite Parish Office

274 Rouse Street
Port Melbourne Vic 3207

Telephone 03 9681 9600
Facsimile 03 9681 9608

After Hours Phone Number
0419 136 030

Email parish@sj-mc.org.au

Parish Website www.sj-mc.org.au

Carmelite Website
www.carmelites.org.au

Office Hours:

Tuesday - 9am - 4pm

Wednesday - 9am-4pm

Friday - 9am-12pm

(CLOSED MONDAYS & THURSDAYS)

Parish Priest

Fr Paul Cahill, OCarm

Parish Secretary

Cathy Garbellini

Pastoral Assistant

Kelly McEnhill

Business Finance Manager

Mark Zanon

Sacramental Co-Ordinator

Baptism - Angela Cox

First Reconciliation - Angela Cox

First Eucharist - Aimee Nguyen

Confirmation - Sally Diserio

Safeguarding Officer

Frances Correa

Facilities Manager

Dave Fletcher

Galilee Regional Catholic Primary School

Bank Street, South Melbourne 3205

Telephone 03 9699 2928

THIS WEEK

Monday 10 July

9.00am Mass, St Joseph's

Tuesday 11 July

9.00am Mass, Mt Carmel

Wednesday 12 July

9.00am Mass, St Joseph's

Thursday 13 July

9.00am Mass, Mt Carmel

Friday 14 July

9.00am Mass, St Joseph's

Saturday 15 July

9.00am Mass, Mt Carmel

5.00pm Mass, Mt Carmel

Sunday 16 July

9.00am Mass, St Joseph's

10.30am Mass, Mt Carmel, - Feast Day of Our Lady of
Mt Carmel & Profession of Solemn Vows of Brother
Anacleto

WE REMEMBER

Those who are sick or ill and in need of prayer: Victor Acciarito, Deepa Ariff, Lawrence Bassett, Grace Callaghan, Shawn Ceasar, Robert Chaminda, Mrs Chan, Josephine Clayton, Mary Tam Cao, Daphnie Cramer, Mary Dalli, Andrew Derrington, Michael DeNittis, Maureen Dickason, Bernadette Falckh, Gigi Falk, Lyn Falk, Rebecca Fernando, Marie Fernandez, Father Des Fitzgerald CSSR, Jill Foster, Gus Gleason, Amelia Grace, Evelyn Greach, Brendan Gurry, Michael Gurry, Portia Hendrick, Shawn Handricks, Marija Jelinic, Tae Yoon Jin, Joan Laragy, Tera Kwol, Robert Masquiren, Marta Menjivar, Simon Millar, Baby Alba Middleton, Natalie Pringle, Dan Quickley, Helen Quickley, Rafal Rafakski, Daphnie Rasika, Shawn Raymond, Jill Ridge, Elise Rimmington, Michael Risteviski, Keith Ryder, Chris Silkok, Ailbe Sheehy, Sash Somerset-Beauverie, Jim Sullivan, Danielle Szeto, Angela Trigar & Tami Yap.

Those whose have died recently:

Aidan Leonard, casualties of the Ukrainian/Russian conflict.

Those whose anniversaries of death occur about this time.

Maria Lien Cao Borday & Carmelites Robert Dowd, Patrick Harney & Salvinus Nijenhuis.

IN OUR PARISH

Thanksgiving Offerings

Envelopes

The next series of Thanksgiving Envelopes are available for collection in the foyer of the churches. If you are able to deliver envelopes to people you know, that will help defray the cost of posting out those that are not collected.



Electronic Funds Transfer

If you would like to contribute via a regular *Electronic Funds Transfer* (our preferred method), the account details are:

BSB: 083-347

Account Number : 58 216 8515

**Account Name : Port Melbourne / Middle Park Parish
Reference (for your offering): Surname & Envelope
Number (e.g. Smith 123)**

New to Thanksgiving

If you are new to the parish and would like to join our Thanksgiving Program, please contact Cathy at the Parish Office via email Cathy@sj-mc.org.au or 9681 9600.

Food Cupboard

The **Food Cupboard** is up and running **every Friday** from **7 July 2023** between 10:00am - 11:30am at St Joseph's Hall.

Access to St Joseph's Hall is via the Rouse Steet driveway leading to the carpark at the rear of the church.

Donations are accepted at weekend masses and at the Parish Office during business hours where they can be left in the Food Cupboard in the foyer.



Happy 80th Birthday

to **Jim Power**, a faithful and long time parishioner of St Joseph's.

15/16 July 2023

**15th Sunday in Ordinary Time
5.00pm Mount Carmel (Vigil)**

Commentator: Abramo Ierardo

Reader: Des Collins

Offertory: Janine Brodie

Communion: Janine Brodie

Music: Abramo Ierardo

9.00am St Joseph's

Commentator: Rob Lever

Reader: Ron Cassano

Offertory: Frances Correa

Communion: Cathy Garbellini

Counters: Frances Moore & Mary Li

Music: Frances Correa

Hospitality: TBA

10.30am Mount Carmel

Father David is organising.

Communion to the Sick:

Frances Correa: 16-22 Jul 2023

THANK YOU

for your generosity last weekend

Parish Stewardship Offerings

Envelopes	\$366.00
Credit Card	\$290.00
Direct Debit	\$635.00
Loose Plate	\$985.10
Tap & Go	\$195.00
Total	\$2,471.10

BSB: 083-347

Account Number : 58 216 8515

Account Name : Port Melbourne /
Middle Park Parish

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Our Lady of Mount Carmel Church Gardens & Grounds

If anyone has the time, energy, interest and expertise to assist with tending the gardens and surrounding grounds of our beautiful Church in Middle Park, we would love to hear from you. Please contact Cathy at the Parish Office (Cathy@sj-mc.org.au or 9681 9600).

Parish Meeting

All parishioners are invited to a meeting on **Thursday 27 July at 7pm at St Joseph's Hall** for general discussion on our parish's future, including our challenging financial situation. If you are unable to make it in-person but would like to participate by Zoom, please let us know you (Cathy@sj-mc.org.au or 9681 9600) and we will send you the log-in details.

Blessings for the week ahead.



**Stella Maris Seafarer's Centre
Melbourne, Australia**

Reminder.....

OPEN DAY at the **STELLA MARIS SEAFARER'S CENTRE**
Sunday July 9, 2023 from 2pm
600 Little Collins Street, Melbourne

Providing support to seafarers from all over the world, visitors will have an opportunity to see the many facilities provided for seafarers, meet with staff and volunteers and if you wish go to the Port of Melbourne in the Stella Maris bus to witness their important ministry down at the docks.

This is a ministry reaching out each year to thousands of seafarers providing pastoral care, services and support for seafaring people.

For further information phone: 9629 7494

REFLECTION

Lifting the burdens; lightening the load.

The Gospel today is a joyful, ecstatic outburst of feeling by Jesus.

Matthew's community must have been deeply troubled by the fact that the 'learned and clever' religious leaders of their day did not accept the message of Jesus. Surely they, of all people, should have been able to recognise the truth. But in this passage, Matthew explains that it is not from a position of knowledge or power that one recognises who Jesus is. Rather, it is from an attitude of openness and simplicity, such as we often find in children.

Matthew also makes the point that Jesus does not approach us like a warlord, with threats of punishment, but in humility and gentleness.

The tone of the reading is set by Jesus' warm and intimate address of 'Abba' (Father) which occurs five times in this short passage. This intimate relationship is characterised by God's entrusting all of things to the Son, and the Son in turn revealing them to those who have faith. These, in turn, are drawn into intimate relationship with God.

The rules and laws of religious leaders in Jesus' day often added to the burden experienced by those regarded as simple and sinful. But Jesus always tried to lift burdens from people.

Jesus invitation in today's Gospel is for everyone. It could be an invitation for us to look at our lives and ask what burdens we impose on others. Do our concerns, anxieties, our need for power, wealth and status, exact a high price from others and ourselves?

Are we a burden or a blessing for each other? What can we do to make life easier for each other - to lift the burdens and share the load?

David Hofman, O.Carm. Celebrating at Home, Carmelite Communications, Melbourne





The July 2023 Newsletter is available on the via the following website link:
<https://www.thecarmelitecentremelbourne.org/>

Some upcoming Carmelite Centre events that are available in person or online include:

- Centering Prayer Meditation 4 July (in the library)
- Carmelite Conversation 5 July (via zoom)
- Spiritual Reading Group 19 July (in the library)
- Women's Art Circle 25 July (in the library)
- Monthly Gathering in Library 28 July (in the library)
- Prayer Meditation every Tuesday 5pm (via zoom)
- Meditation every Thursday 7pm (in the Malone room and on-line resources)
- Lectio Divina every Friday 10am (via zoom and on-line resources)

PROCESSIONAL HYMN: SING OUT, EARTH AND SKIES

VERSES 1, 2 AND 5

Cantor:



1. Come, O God of all the earth: Come to us, O
2. Come, O God of wind and flame: Fill the earth with
3. Come, O God of flash-ing light: Twin- kling star and
4. Come, O God of snow and rain: Show- er down up -
5. Come, O Jus - tice, Come, O Peace: Come and shape our

Cantor:



Right - eous One; Come, and bring our love to birth:
right - eous - ness; Teach us all to sing your name:
burn - ing sun; God of day and God of night:
on the earth; Come, O God of joy and pain:
hearts a - new; Come and make op - pres - sion cease:

Al:



In the glo - ry of your Son,
May our lives your love con - fess,
In your light we all are one,
God of sor - row, God of mirth,
Bring us all to life in you.

Refrain



Sing out, earth and skies! Sing of the God who loves you!

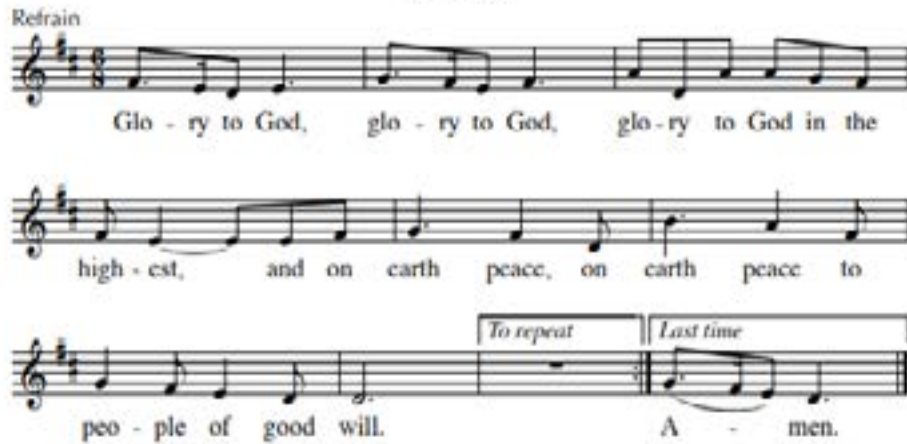


Raise your joy - ful cries! Dance to the life a - round you!

Text: Mary Haugen, b. 1950
Tune: SING OUT, 7 7 7 7 with refrain, Mary Haugen, b. 1950
© 1983, GIA Publications, Inc.

GLORIA

Refrain



Glo - ry to God, glo - ry to God, glo - ry to God in the
high - est, and on earth peace, on earth peace to
peo - ple of good will. A - men.

Verses

1. We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.
2. Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.
3. For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

Text: ICEL, © 2010
Music: Mass of Joy and Peace, Tony E. Alonso, © 2010, GIA Publications, Inc.

FIRST READING

Zechariah 9:9-10

The Lord says this:

'Rejoice heart and soul, daughter of Zion!
Shout with gladness, daughter of Jerusalem!
See now, your king comes to you;
he is victorious, he is triumphant,
humble and riding on a donkey,
on a colt, the foal of a donkey.
He will banish chariots from Ephraim
and horses from Jerusalem;
the bow of war will be banished.
He will proclaim peace for the nations.
His empire shall stretch from sea to sea,
from the River to the ends of the earth.'

RESPONSORIAL PSALM

PSALM 145 – I WILL PRAISE HIS NAME FOREVER

**Response: I will praise your name I will praise your name forever,
I will praise your name my king and my god**

SECOND READING

Romans 8:9.11-13

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

GOSPEL ACCLAMATION

Refrain

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia. Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

GOSPEL

Matthew 11:25-30

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

APOSTLES CREED: I believe in God, the Father almighty, creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

OFFERTORY - TAKE OUR BREAD

Refrain

Take our bread, we ask you; take our hearts, we love you. Take our lives, O Fa-ther; we are yours we are yours.

Verse 1

1. Yours as we stand at the ta - ble you set; Yours as we eat the bread our hearts can't for - get. We are the sign of your

D.C.

life with us yet, We are yours, we are yours.

Verse 2

2. Your ho - ly peo - ple stand - ing washed in your blood, Spir - it filled yet hun - gry we a - wait your food. We are poor, but we've brought our - selves

D.C.

the best we could; We are yours, we are yours.

Repeat Refrain at End
 Text: Jon Wain, © 1966
 Tune: Jon Wain, © 1966, arr. by Robert J. Benavente, b. 1942

Cel: The Lord be with you. **All: And with your Spirit.**
 Cel: Lift up your hearts. **All: We lift them up to the Lord.**
 Cel: Let us give thanks to the Lord, our God. **All: It is right and just.**

HOLY

Ho - ly, Ho - ly, Ho - ly Lord God of hosts,
Heav - en and earth are full of your glo - ry. Ho -
san - na in the high - est, ho - san - na in the
high - est. Bless - ed is he, bless - ed is he who
comes in the name of the Lord. Ho - san - na in the
high - est, ho - san - na in the high - est. Ho - san - na in the
high - est, ho - san - na in the high - est.

Text: ICEL, © 2009
Music: Mass of Joy and Peace, Tony Abamo, © 2010, GIA Publications, Inc.

MEMORIAL ACCLAMATION

When we eat this Bread and drink this Cup,
we pro - claim your Death, O Lord, un - til you come a -
gain, un - til you come a - gain.

Text: ICEL, © 2009
Music: Mass of Saint Ann, Ed Bullock, © 2011, World Library Publications, a division of GIA Publications, Inc.

OUR FATHER

LAMB OF GOD

Cantus
Lamb of God, you take a - way the sins of the
Assoluto
Repeat as desired world, have mer - cy on us, *Last time* world, grant us peace.

Music: Mass of Joy and Peace, Tony Abamo, © 2010, GIA Publications, Inc.

Cel: Behold the Lamb of God.
Behold him who takes away the sins of the World.
Blessed are those called to the supper of the Lamb.

All: **Lord I am not worthy that you should enter under my roof,
but only say the word and my soul shall be healed.**



John Foley

REFRAIN *Tranquil and slow*

One bread, one bod-y, one Lord of all,
 one cup of bless-ing which we bless. And we, though
 man-y, through-out the earth, we are one bod - y in this

Fine VERSES *Slightly faster with excitement*

one Lord. 1.Gen - tile or Jew, ser - vant or
 2.Man - y the gifts, man - y the
 3.Grain for the fields, scat-tered and

mp to Refrain

1.free, wo - man or man, no more.
 2.works, one in the Lord of all.
 3.grown, gath-ered to one, for all.

Dan Schutte

ANTIPHON

Glo - ry and praise to our God, who a - lone gives light to our days.
 — Man - y are the bless-ings he bears to those who trust in his

Fine VERSES 1-3

ways. 1.We the daugh-ters and sons of him who
 2.In his wis - dom he strength - ens us, like
 3.Ev - 'ry mo - ment of ev - 'ry day our

1.built the val - leys and plains, praise the won-ders our
 2.gold that's test - ed in fire, Though the pow - er of
 3.God is wait - ing to save, al - ways, read - y to

to Antiphon

1.God has done in ev - 'ry heart that sings,
 2.sin pre - vails our God is there to save.
 3.seek the lost, to an - swer those who pray.

VERSE 4

4.God has wa-tered our bar - ren land and spent his mer-ci - ful rain.

to Antiphon

4.Now the riv-ers of life run full for an - y - one to drink.

OUR LADY OF MOUNT CARMEL FEAST DAY

An Invitation

With great joy the Carmelite Family of Australia and Timor-Leste warmly invites you to join with us as our brother
ANACLETO GUTERRES DA COSTA



makes his **Profession of Solemn Vows** during the celebration of Eucharist on
SUNDAY 16 JULY 2023 at 10:30AM
at the National Shrine of Our Lady of Mount Carmel
cnr Richardson and Wright Streets, Middle Park, Vic.

Or join us by live stream at

<https://www.youtube.com/watch?v=eTJeGVSWGZo?feature=share>



If attending in person and staying afterwards for refreshments,
please RSVP to:
Carmelite Provincial Office 9699 1922 or
provincialoffice@carmelites.org.au

**THE PARISH OF PORT MELBOURNE AND MIDDLE PARK
IS COMMITTED TO THE SAFETY,
WELLBEING AND DIGNITY OF ALL CHILDREN,
YOUNG PEOPLE AND VULNERABLE ADULTS.**