



# THE CARMELITE

Parish of Port Melbourne and Middle Park  
in the care of the Carmelites since 1882

*We acknowledge the Yaluk-ut Weelam Clan, the traditional owners and custodians of this land. We pay our respects to them.  
May we walk gently here.*

**1st Sunday of Lent**

**6 March 2022**

Hi Everyone,

## **A REFLECTION**

COVID 19, Ukraine, massive floods are ominous signs of the precariousness of human life. If anyone feels a little depressed or anxious, it's no wonder. We are continually bombarded by news that is predominantly negative and disheartening. We come face-to-face with the reality that the world can be an ugly place as much as it can be a place of beauty and wonder.

This Sunday we celebrate the 1st Sunday of Lent as we prepare to celebrate the resurrection of the Lord. One of the "beauties" of Lent is that it provides us with a salutary reminder that evil exists in our world. I do want to descend into a discourse on sin and evil however it is a period when it is important to acknowledge that sin and evil exist. Why? Because the world and its inhabitants are not perfect. Our precious earth was formed through turbulence and galactic collisions. As human beings we too were formed as beautiful but ultimately incomplete creations.

Whenever I celebrate Baptisms I delight in the innocence of the children that I baptise, but, always lurking in the back of my mind, is the thought that the world into which they are born is not perfect. These children will at times come face to face with evil and sin. Out of their innocence will grow human beings capable of not just of marvellous things but also of inflicting hurt and harm upon themselves and others. This in no way detracts from the joy that their baptisms bring, but it is also a reminder that they are, through Baptism, buried with Christ so that they might rise to a new and everlasting life.

The Lenten story is of a good man (Jesus) who faced the reality of sin and evil and, in human terms, was snuffed out by the evil that human beings are capable of. But the magnificence of the Lenten story is that it is God alone who has the final say and out of the crooked lines of our own lives and the broken body of a dead Jesus God said, I will make all things new again. By doing this to Jesus, God confirmed Jesus as his Son and our Lord.

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**Both our Churches are fitted with a hearing induction loop. Please use the 'T' or other appropriate switch on your hearing aid. Please tell us if you experience any difficulty.**

# OUR PARISH

## **Churches**

St Joseph's  
cnr Rouse & Stokes Streets  
Port Melbourne

Our Lady of Mount Carmel  
cnr Richardson & Wright Streets  
Middle Park

## **Sunday Masses**

6.00pm (Sat) Mount Carmel  
9.00am Saint Joseph's  
10.30am Mount Carmel

## **Reconciliation**

after 9.00am Mass Saturday

## **Carmelite Parish Office**

274 Rouse Street  
Port Melbourne Vic 3207

Telephone 03 9681 9600

Facsimile 03 9681 9608

After Hours Emergency  
0408 754 283

Email [parish@sj-mc.org.au](mailto:parish@sj-mc.org.au)

Parish Website [www.sj-mc.org.au](http://www.sj-mc.org.au)

Carmelite Website  
[www.carmelites.org.au](http://www.carmelites.org.au)

## **Office Hours 9am-4pm (non COVID times)**

## **Monday, Wednesday, Friday (CLOSED TUESDAYS & THURSDAYS)**

### **Parish Priest**

Fr Hugh Brown OCarm

### **Parish Secretary**

Anne Ierardo

### **Pastoral Life Co-ordinator**

### **Finance Officer**

Shane Harrison

### **Facilities Manager**

### **Safeguarding Officer**

Frances Correa

## **Galilee Regional Catholic Primary School**

Bank Street  
South Melbourne Vic 3205  
Telephone 03 9699 2928

# THIS WEEK

## **Monday 7 March**

9.00am Mass, St Joseph's

## **Tuesday 8 March**

9.00am Mass, Mt Carmel

## **Wednesday 9 March**

9.00am Mass, St Joseph's

## **Thursday 10 March**

9.00am Mass, Mt Carmel

## **Friday 11 March**

9.00am Mass, St Joseph's

## **Saturday 12 March**

9.00am Mass, Mt Carmel

6.00pm Mass, Mt Carmel

## **Sunday 13 March - 2nd Sunday of Lent**

9.00am Mass, St Joseph's

10.30am Mass, Mt Carmel

11.00am Indonesian Catholic Community Mass

# WE REMEMBER

**Those who are sick or ill and in need of prayer:** Hein Basten, Tommy Bednar, Paul Caghi - Cao, Nawal Cox, Maureen Dickason, Kelly Edwards, Judy Fairhall, Gigi Falckh, Lyn Falckh, Michelle Falckh, Frances Farrugia, Lyn Faul, Rose Fennell, Gary Finn, Maurice Fitzpatrick, Lyn Fleming, Gerard Friary, Ivy Hermence, Chris Kowalski, Marino Mihocic, Felicity Morgan, Marie O'Connor, Sylvia Poliakova, Rafal Rafalski, Michael Ristevski, Lucie Carmen Rodriguez, Dennis Rohan, Lorraine Rohan, Keith Ryder, Sarah Abdel-Said, Teresa Sheehan, Helen Stanley, Jim Sullivan, Maureen Toohy, Troy Vincent, Julie Wain, Sr Barbara Walsh RSG, Vivienne Williams, Tami Yap.

**Those whose have died recently:** Stuart Bock, those who have died in the floods in Northern NSW and Queensland, casualties of the Ukrainian/Russian conflict, and all those affected by COVID\_19 throughout the world.

**Those whose anniversaries of death occur about this time:** Tom Gilbourne, Guiseppe Milanese, and Johann Pristov.

## IN OUR PARISH

Throughout Lent, let's be realistic about our world but also optimistic about a future in which there is no more sin or evil or even death. It is a reality to be immensely grateful for. The cross is only meaningful if there is resurrection!

### PRAYER FOR THE PEOPLE OF THE UKRAINE

*We pray for Ukraine. We pray especially for its people, whose dreams and aspirations are now threatened by war. We pray that they may live in peace and pursue their dreams. We pray that none of us accepts any form of arrogance and aggression. As we prepare for the canonization of the Carmelite friar, Titus Brandsma, we learn from his example. He always spoke words of truth in charity, and who with the grace of God, walked with head held high even in the darkest of places. Following his example, in these dark moments let us keep alive the flame of prayer, hope, resilience and solidarity. Amen*

### PROJECT COMPASSION

As we do every Lent, Project Compassion material is available for people to take home with them. Project Compassion supports the work of Caritas Australia and the funds are always used to help communities in greater need than our own. Please support it in any way you can.

### GARDEN MAKEOVER AT ST JOSEPH'S

During the week, we had a major overhaul of the gardens at St Joseph's which involved a lot of pruning and spreading of mulch. They are looking excellent, thanks largely to those who tend to various sections of the garden. Long may you wield your secateurs and Season!

### SAFEGUARDING COMMITTEE

I am very grateful that several parishioners have agreed to join our Safeguarding Committee: Toni

## ARCHDIOCESE

**12/13 March**  
**2 Sunday in Lent**

### 6.00pm Mount Carmel (Vigil)

*Commentator:* Tris Tanumihardjo

*Readers:* Abramo Ierardo

*Eucharistic Ministers:* Br Jose

*Communion to the Sick:*

### 9.00am St Joseph's

*Commentator:* John Molloy

*Reader:* Marita Molloy

*Eucharistic Ministers:* Elaine Kininmonth

**Counters:** Jim Power and Brian Rochford

### Communion to the Sick:

Frances Galvin

### 10.30am Mount Carmel

*Commentator:* Sally Diserio

*Readers:* Nina Batsakis

*Eucharistic Ministers:* Ann Crump

*Childrens' Liturgy:* N/A

*Hospitality:* Marie Callaghan

## THANK YOU

*for your generosity last Sunday*

### St Joseph's

*Carmelite and Parish Offering* \$843.00

### Our Lady of Mt Carmel

*Carmelite and Parish Offering* \$1,083.00

# IN OUR PARISH

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Stuart, Aoife Ling, and Marlene Jorgensen. Each of them are very busy in their own right, however, it is my hope that the demands of the Committee will be less onerous than last year.

Blessings and peace!



St Vincent de Paul Society  
*good works*

Vinnies are seeking some assistance for a couple of their clients who are looking a 3-seater couch and nappies size 4 (10-15 kgs). If anyone has a couch

they don't need or are able to provide the nappies, please contact Kathy Mount on 0437 588 855.

## March 2022 Parish Men's Dinner

Wednesday 23 March 2022, 6:45 pm, O'Connor-Pilkington Rooms, OLMC.

**Speaker:** Michael McGirr, writer, reviewer and educator -

"The bucket twist: surprises in the wisdom years"

RSVP: John Molloy - 9699 2031 Cost: \$35

## John's Gospel Reading Group 2022

**1.30pm - 3.00pm Tuesday 15 March (via Zoom)**

**Why John?** We are interested in reading John's gospel because it differs from the others in that it has a Prologue that proclaims the great mystery of creation. John's gospel according to Brendan Byrne wants to move people from "mere existence to a conscious sense of sharing the divine eternal life – and the joy that goes with it." (p 2 Life Abounding) Richard Rohr says that John is "concerned with the reader making a personal act of faith in Jesus and, through that, entering into divine life as sons and daughters of the Father." (p 50 The great themes of scripture).

If you are interested, would you please send in your name, phone number and e-mail to Clare McArdle: [claremca@bigpond.com](mailto:claremca@bigpond.com)

*The Carmelite Centre is a joint venture of the Carmelites of Australia and East Timor and our Parish of Port Melbourne/Middle Park.*

**Address: 214 Richardson Street, Middle Park Vic 3206 (Mel Ref 2K C10)**

**T: (03) 9690 5430 Website: [www.thecarmelitecentremelbourne.org](http://www.thecarmelitecentremelbourne.org)**

### **Carmelite Centre Program Bookings**

T: 9690 5430 (leave message if unattended) or [reregistration@thecarmelitecentremelbourne.org](mailto:reregistration@thecarmelitecentremelbourne.org)  
via website: [www.thecarmelitecentremelbourne.org](http://www.thecarmelitecentremelbourne.org)

# PROJECT COMPASSION- FOR ALL FUTURE

## *Anatercia - Mozambique*

Anatercia is a 12-year-old girl living in a small village in southern Mozambique. After her father passed away and her mother became incapacitated due to chronic health issues, life became a daily struggle.



She moved in with her elderly grandparents, and began to take on more and more adult responsibilities. She did most of the household chores and had to travel for hours every day to collect clean water. Water scarcity also meant that harvests were poor and there was never enough to eat.

With your support, Caritas Australia's partner, Caritas Regional Chokwe, was able to help Anatercia's family to irrigate their farm to improve their food security, while also improving water access for households in the village.

Her grandmother participated in sustainable farming training, while Anatercia received essential school supplies and access to psychosocial supports through a local health committee.

Now, Anatercia can easily access clean drinking water, community members are able to grow healthy crops all year round, and there is enough nutritious food to eat.

Anatercia feels better supported by her community, has more time to study and do her homework, and hopes to fulfil her dream of becoming a nurse.



***Your donation will support programs around the world that provide vulnerable people with the skills and opportunities they need. Project Compassion money boxes and envelopes are available for collection from the Church foyer.***

***The money boxes are an excellent way to introduce your children to Project Compassion.***

## PROJECT COMPASSION PRAYER

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*Loving God,*

*We thank you for the gift of our lives and  
for the life of every person,  
both near to us and far away.*

*We thank you for the wonder of all your creation.*

*Through fasting, almsgiving and prayer  
may this Lent draw us deeper  
into the warmth and light of God's love.*

*May we see the world more clearly,  
Especially those who are often overlooked.*

*May we come closer to your heart,  
Which you showed through the cross of Jesus.  
May we be full of hope for all future generations.*

*We ask this in Jesus' name*

*Amen.*

## REFLECTION ON THIS WEEK'S READINGS

In the second year of the Jesuit novitiate, the Jesuit novices are dropped around 140km from their first house in Australia at Sevenhill in South Australia. He has eight days to walk the distance and beg for food and accommodation. He cannot tell anyone who he is or what he is doing.

One Jesuit writes, 'It's the only time in my life I've been remotely in what we could call a wilderness and I have known hunger.

'There were many knockbacks, but there were a few occasions when people were extraordinarily generous.

'We are told that we cannot trade off being a Jesuit, but if we are invited into someone's home we can tell them who we are, so that they will not be frightened that they have welcomed Jack the Ripper to stay the night. If the person has offered the garage and a sandwich, however, we cannot use our being a Jesuit to get an upgrade from economy to first class!

'One woman who welcomed me into her home questioned me at length about where was I from, where was I going and how I got here. Then she declared, "I think I can trust ya". So she ushered me into her home, offered a meal that night, breakfast the next day and her guest room.

'I told this woman who I was and complimented her on her extraordinary generosity.

"Well listen sunshine", she said, "let's face it, I knew you were OK, 'cause you're the most beautifully spoken, articulate beggar I've ever met."

In today's Gospel we are told that Jesus was tempted in the wilderness for 40 days. Numbers are never randomly used in the Bible. 1, 3, 7, 12 and 40 all have specific meanings. 40 indicates a time of formation. Luke tells us that Jesus confronts evil head-on and is tempted in every way that we are.

We often feel alone when faced with difficult choices and temptations, but, especially at these moments, there are four things we need to remember:

Temptation is not sin. Only when we freely and knowingly choose to act on temptation is sin involved. Though one may like to talk about the temptations one has in Reconciliation, we never have to 'confess' them as though they are sinful actions.

When we look at our temptations they often appear as good things, but often they have a sting in the tail which is destructive. We need to be very alert to all the consequences of what we do and say, and learn from our experiences.

The more we give into temptation, the more immune we become to seeing that there's anything wrong with what we are doing. We can develop whole habits in our living, deceiving ourselves that what we are doing is 'not that bad'.

St Ignatius Loyola, the founder of the Jesuits, tells us in *The Spiritual Exercises* that the worst temptations are greed, pride and riches. This comes as a surprise to Catholics who have been told for too long that sex is number one. Ignatius says that we should be wise in how we deal with temptations: name what's going on, and attend to the pattern of the temptation quickly and consistently.

As John B. Metz, says, 'We can say that the three temptations in the desert are three assaults on the poverty of Jesus ... What Satan fears most is the powerlessness of God in the humanity he assumed ... so he appeals to Jesus' divinity, he wants God to remain God ... but Jesus subjected himself to our plight and opted for us as we are.'

We should take great comfort from this: there is no path of temptation along which Jesus has not gone ahead of us to show us we can choose life ahead of death.

That's what Lent is always about – a yearly season where we are encouraged to keep embracing life and live it to the full.

### **A Prayer for our Lenten Journey**

*Blessed are you, O Lord our God, the all-holy one,  
who gives us life and all things.*

*As we go about our lives, the press of our duties and activities  
often leads us to forget your presence and your love.  
We fall into sin and fail to live out the responsibilities that you have entrusted  
to those who were baptised into your Son.*

*In this holy season, help us to turn our minds and hearts back to you.  
Lead us into sincere repentance and renew our lives with your grace.  
Help us to remember that we are sinners, but even more,  
help us to remember your loving mercy.*

*As we live through this Lenten journey,  
may the crosses of ashes that mark our foreheads  
be a reminder to us and to those we meet that we belong to your Son.*

*May our worship and prayer and penitence  
be sustained throughout these 40 days of Lent.*

*Bring us refreshed and renewed  
to the celebration of Christ's resurrection at Easter.*

*We ask this through your Son, Jesus Christ,  
who lives and reigns with you and the Holy Spirit for ever and ever. Amen.*

Reprinted from *Lectio Divina* by Bishop David Walker DD <http://the.reflection.vividas.com>

# OUR LITURGY

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## PROCESSIONAL HYMN - BE NOT AFRAID

You shall cross the barren desert  
But you shall not die of thirst  
You shall wander far in safety  
Though you do not know the way  
You shall speak your words in foreign lands  
And all will understand  
You shall see the face of God and live

**Refrain:**                      ***Be not afraid***  
                                         ***I go before you always***  
                                         ***Come, follow me and I will give you rest***

Blessed are your poor  
For the kingdom shall be theirs  
Blest are you that weep and mourn  
For one day you shall laugh  
And if wicked tongue insult and hate you  
All because of me  
Blessed, blessed are you

***Refrain***

## PENITENTIAL RITE

**Celebrant:**    **My brothers and sisters in the Lord:**  
                         **In this holy season of Lent**  
                         **we confess our weaknesses and our failures in love.**

**God of everlasting goodness,**  
**We have turned away from you**  
**and from each other,**  
**and sought our peace elsewhere.**

**All: But you have not turned away from us,  
for you are full of kindness and compassion,  
slow to anger and rich in mercy.**

Celebrant: You, God of eternal love,  
call us back to you,  
fasting, weeping, mourning;  
with hearts broken in sincerity  
that we might know true forgiveness  
and learn to love again.

**All: May we learn to trust your love for us, O God.**

Celebrant: Come, Holy Spirit,  
tempt us to goodness with God's love.

## FIRST READING

### *Deuteronomy 26:4-10*

Moses said to the people: 'The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

"My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, Lord, have given me." You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.'

*Psalm 90:1-2. 10-15. R. v.15*

**Response:      *Be with, Lord; be with me, Lord,  
When I am in trouble and need.***

You who dwell in the shelter of God most high,  
Who abide in Almighty's shade,  
Say to the Lord: "My refuge, my stronghold,  
My God, in whom I trust."

***Response***

Evil shall never befall you,  
Nor affliction come near to your tent.  
Unto his angels he's given command  
To guard you in all your ways.

***Response***

Cling to the Lord and he'll surely deliver you:  
He raises up all who call on his name.  
He will bring joy to your hearts  
And bless you with peace all in your days.

***Response***

SECOND READING

*Romans 10:8-13*

Scripture says: The word, that is the faith we proclaim, is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask for his help, for everyone who calls on the name of the Lord will be saved.

## GOSPEL ACCLAMATION

**Refrain:**        **Glory to you, Word of God,  
Lord Jesus Christ.  
Glory to you, Word of God,  
Lord Jesus Christ.**

I wait for the Lord  
My soul waits for his word.

**Refrain**

## GOSPEL

### *Luke 4:1-13*

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says:

You must worship the Lord your God,  
and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him 'throw yourself down from here, for scripture says:

He will put his angels in charge of you  
to guard you,

and again:



They will hold you up on their hands  
in case you hurt your foot against a stone.'  
But Jesus answered him, 'It has been said:

You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

## APOSTLES CREED

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

**Refrain:**            **Ashes to ashes, from dust unto dust.  
The cross on our forehead, your promise, O God.  
Ready us to follow the way of your Son,  
to rise from these ashes, redeemed in the fire of your love.**

Sound the trumpet in Zion,  
announce from the Lord  
that the day of God's favor  
is ever close at hand.            **Refrain**

Rend your hearts, not your garments;  
return to the Lord,  
who delights when we offer  
a truly humble heart.            **Refrain**

We have seen in the heavens  
and held in our arms  
what the hand of our Maker  
can fashion out of dust.            **Refrain**

Cel: The Lord be with you. **All: And with your Spirit.**

Cel: Lift up your hearts. **All: We lift them up to the Lord.**

Cel: Let us give thanks to the Lord, our God. **All: It is right and just.**

*The Celebrant prays the preface at the end of which all say:*

Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord  
Hosanna in the highest.

Lamb of God, You take away the sins of the world. Have mercy on us.  
Lamb of God, You take away the sins of the world. Have mercy on us.  
Lamb of God, You take away the sins of the world. Grant us peace.

Cel: Behold the Lamb of God.  
Behold him who takes away the sins of the World.  
Blessed are those called to the supper of the Lamb.

**All: Lord I am not worthy that you should enter under my roof,  
but only say the word and my soul shall be healed.**

COMMUNION HYMN

NOW IN THIS BANQUET

**Refrain: Now in this banquet, Christ is our bread;  
Here shall all hungers be fed.  
Bread that is broken, wine that is poured,  
Love is the sign of our Lord.**

You who have touched us and graced us with love  
Make us your people of goodness and light **Refrain**

Let our hearts burn with the fire of your love  
Open our lives to the glory of God. **Refrain**

God who makes the blind to see,  
God who makes the lame to walk,  
Bring us dancing into day,  
lead your people in your way. **Refrain**

You who dwell in the shelter of the Lord,  
who abide in his shadow for life,  
say to the Lord: "My refuge, my rock in whom I trust!"

**Refrain:**            ***And he will raise you up on eagle's wings,  
bear you on the breath of dawn,  
make you to shine like the sun,  
and hold you in the palm of his hand.***

The snare of the fowler will never capture you,  
and famine will bring you no fear:  
under his wings your refuge,  
his faithfulness your shield.

**Refrain**

You need not fear the terror of the night,  
nor the arrow that flies by day;  
though thousands fall about you,  
near you it shall not come.

**Refrain**

**THE PARISH OF PORT MELBOURNE AND MIDDLE PARK  
IS COMMITTED TO THE SAFETY,  
WELLBEING AND DIGNITY OF ALL CHILDREN,  
YOUNG PEOPLE AND VULNERABLE ADULTS.**