



THE CARMELITE

Parish of Port Melbourne and Middle Park
in the care of the Carmelites since 1882

We acknowledge the Yaluk-ut Weelam Clan, the traditional owners and custodians of this land. We pay our respects to them. May we walk gently here.

5th Sunday in Ordinary Time

5th February 2023

Dear sisters and brothers,

In our Gospel reading this week, Jesus continues his 'Sermon on the Mount' to "the crowd" and particularly his disciples, encouraging them to be Salt to the earth and Light to the World.

In the 1st Reading, the Prophet Isaiah exhorts the people, on God's behalf, to:

*Share your bread with the hungry,
and shelter the homeless poor,
clothe the one you see to be naked
and turn not from your own kin.
Then will your light shine like the dawn
and your wound be quickly healed over.*

As we hear and reflect on these words, we ask God's help to put these invitations and challenges into practice in our lives as best we can. At the same time we give thanks for our privileged call to be Christ in our world today.

.....
With the return of school this week, we know that the traditional summer holiday season is over (even if summer is not), that the momentum of life picks up for families and workers and that another year is underway with whatever surprises and challenges it might bring. Whatever our personal circumstances, let's ask for the strength and grace we need to face the joys and challenges of the year ahead and to support one another, as best we can, as our lives unfold.

The rhythm of parish life picks up too. The return of the Newsletter and of music to our liturgies is welcome (I hope). Cathy has been back in the office for a few weeks already attending to a myriad of things in the background and Kelly's return is a great boon for us, given all she does so generously, quietly and graciously. Our Sacristans have faithfully continued to prepare our Churches for liturgies over January, for which I am very grateful. I developed a deeper appreciation of their ministry when I had to do it myself on a couple of occasions when a regular Sacristan wasn't available. I'm grateful, too, to the various other ministers who assist at our liturgies and to the St Vincent De Paul Society for their unassuming and indefatigable attention to the poor

Both our Churches are fitted with a hearing induction loop. Please use the 'T' or other appropriate switch on your hearing aid. Please tell us if you experience any difficulty.

OUR PARISH

Churches

St Joseph's
cnr Rouse & Stokes Streets
Port Melbourne

Our Lady of Mount Carmel
cnr Richardson & Wright Streets
Middle Park

Sunday Masses

5.00pm (Sat) Mount Carmel
9.00am Saint Joseph's
10.30am Mount Carmel

Reconciliation

after 9.00am Mass Saturday

Carmelite Parish Office

274 Rouse Street
Port Melbourne Vic 3207

Telephone 03 9681 9600
Facsimile 03 9681 9608

After Hours Phone Number
0419 136 030

Email parish@sj-mc.org.au

Parish Website www.sj-mc.org.au

Carmelite Website
www.carmelites.org.au

Office Hours:

Monday - 9am - 3pm
Wednesday - 9am-3pm
Friday - 9 - 12pm

(CLOSED TUESDAYS & THURSDAYS)

Parish Priest

Fr Paul Cahill, OCarm

Parish Secretary

Cathy Garbellini

Pastoral Life Co-ordinator

Kelly McEnhill

Finance Officer

Melissa Perkins

Facilities Manager

Dave Fletcher

Safeguarding Officer

Frances Correa

Galilee Regional Catholic Primary School

Bank Street, South Melbourne 3205
Telephone 03 9699 2928

THIS WEEK

Monday 6 February

9.00am Mass, St Joseph's

Tuesday 7 February

9.00am Mass, Mt Carmel

Wednesday 8 February

9.00am Mass, St Joseph's

Thursday 9 February

9.00am Mass, Mt Carmel

Friday 10 February

9.00am Mass, St Joseph's,

Saturday 11 February

6.00pm Mass, Mt Carmel

Sunday 12 February - 6th Sunday in Ordinary Time

9.00am Mass, St Joseph's

10.30am Mass, Mt Carmel

WE REMEMBER

As we start a new year the names of those needing our prayers have been refreshed.

Those who are sick or ill and in need of prayer: Gus Gleason, Marta Menjivar, Baby Alba Middleton, Sian Middleton, Jill Ridge & Ailbe Sheehy.

Those whose have died recently:

Maurice Sullivan, casualties of the Ukrainian/Russian conflict, & those affected by COVID.

Those whose anniversaries of death occur about this time:

Guiseppe Battista, Michelina Battista, Douglas Gaff, Lilly Junkovic, Peter Junkovic, Nell Myers, Bill Pearson, Audrey Sodlos, Olive Toohey and Carmelites Bernard Payne & Peter Byrth.

Those whose anniversaries of death occur about this time.

Celie Carmody, June Edmiston, James McCarthy, Phoebe Mount, Kevin Palmer, Patricia Supple, Charlotte Winduss, and Carmelites, Timothy Cotter, Daniel Kiely, Shane O'Connor, and James Dempsey.

and needy in our midst.

Melissa Perkins, who has been generously and expertly managing our finances and IT since Shane Harrison's retirement, needs to get back to her own business by the end of this month, so we have advertised for someone to take on this role two days/week. The Job Ad is accessible by typing the following link in your web browser: <https://www.seek.com.au/job/59887178>. Parishioners are very welcome to apply and applications close on Friday 10 February. More details are available in the "Noticeboard" section of this newsletter.

The **Weekly Prayer Sheet** is available in the Our Lady of Mount Carmel Chapel at both of our Churches for you to request prayers for those who are sick, those who have died recently and those whose anniversaries occur around the time that you request prayers for them. Those names listed during each week will be then published in the next weekend's newsletter – unless a specific request is made not to include a particular name.

Blessings on your coming week.

Paul Cahill, O.Carm., PP



A heartfelt thanks from Vinnies for all the support given during 2022. After two years of supporting our clients under Covid restrictions we are returning to face to face home visits.

Our first meeting for 2023 will be held on Tuesday 7 February at 7.30pm in St Joseph's Hall. New members are welcome.

Please keep our clients and members in your prayers during 2023.

ARCHDIOCESE

**11/12 February
6th Sunday in Ordinary Time**

5.00pm Mount Carmel (Vigil)

Commentator: Abramo Ierardo

Reader: Pat Mount

Eucharistic Minister: Kathy Mount

9.00am St Joseph's

Commentator: John Molloy

Reader: Marita Molloy

Eucharistic Minister: Frances Correa

Counters: Jim Power & Brian Rochford

Hospitality: TBD

10.30am Mount Carmel

Commentator: Margaret Fagan

Reader: Peter Thomas

Eucharistic Minister: John Molnar

Hospitality: Marie Callaghan

Communion to the Sick:

Sr Mary Brady

THANK YOU

for your generosity last Sunday

St Joseph's

*Carmelite and
Parish Offering* \$689.65

Our Lady of Mt Carmel

*Carmelite and
Parish Offering* \$1,121.65

PASCHAL CANDLES

For the last 23 years I have had the privilege and pleasure of designing and painting the Paschal Candles that grace both our churches but now the time has come to hand on this role. When I created my first candle in 2000 I knew nothing about the process and back then there was no Instagram inspiration to be had, so it was very much learning by doing. Over the years it became a ritual for me to seek out an idea, plan a design and paint each candle as part of my own Easter preparations. It has been a prayerful and meditative experience. For anyone who has a creative spark it is a wonderful opportunity. The design does not need to be elaborate and only a few elements need to be incorporated. So, if there is anyone who would like to give it a try, I would be very happy to teach the practicalities of painting on wax. Contact Cathy in the Parish Office (9681-9600) if you think this might be for you.

Sally Diserio



Volunteers Safeguarding Training Follow-up

Thanks to all who attended the safeguarding training sessions or those who emailed us that they had read the training slides. We have had a fantastic response of over 50%.

We have emailed a soft copy to all volunteers. Hard copies are available at the back of the church, please take one if you need. Please email us at: sj-mc.safeguarding@cam.org.au once you have read the slides, so that we can update our records.

Thank you for your co-operation and help in us achieving our safeguarding goal for our parish.

The Safeguarding Committee



Next weekend is the Pastoral Care Appeal in the Archdiocese of Melbourne. Each year a special collection is conducted in all parishes, so that the vital work of the Catholic Chaplains can continue. The Chaplains support thousands of Victorians every year in hospitals, prisons, and youth justice centres. Your gift can help people find comfort and hope as they go through some of their darkest time of their life.

Please give generously.

You can donate using the envelopes available at the back of the church or online at www.catholiccarevic.org.au or call (03) 9287 5513.

February 2023 Parish Men's Dinner

Wednesday 22 February 2023,
6:45 pm, O'Connor-Pilkington Rooms, OLMC.

Speaker: Daniel O'Connor,
former Deputy Chief Psychiatrist,
Dept of Health Vic,
and Professor of Old Age Psychiatry,
Monash University -

"Reforming Victoria's public mental health services".

RSVP: John Molloy - 9699 2031

Cost: \$35

ROOM TO RENT

A friend of the Carmelites has a bedroom to rent in a share house in Black Rock.

If you are interested, please contact **Damien Gidley** on **0431 638 655** for further details.

eSafety Webinars

On Tuesday 7 February 2023, the 20th Safer Internet Day will be observed globally. In a world that is more connected than ever before, online safety awareness is becoming even more important.

The Office of the eSafety Commissioner is conducting a range of parent webinars, some of the topics include:

- eSafety 101
- setting your child up for success online
- getting the most out of gaming
- navigating online friendships.

To register and to find out more, go to <https://www.esafety.gov.au/parents/webinars>.

REFLECTION ON THIS WEEK'S READINGS

Salty and Radiant

You are the salt of the earth, you are the light of the cosmos. 'You' is in the plural. So these descriptions are meant to apply to us as a Christian community.

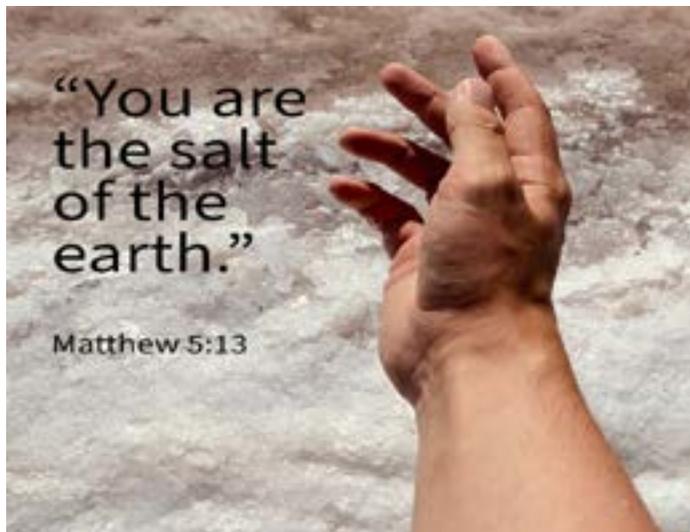
Salt in the ancient world was a preservative for food. So, we are the ones who are to preserve the earth, to prevent its deterioration, to keep it life-giving.

Salt has to penetrate food to have an effect. We have to penetrate the world with our Sermon on the Mount values. Staying self-contained as a perfect little band of Christians is about as useful as salt remaining in the saltshaker. In Our Lord's scary opinion we would quite rightly be trampled underfoot.

How are we light for the cosmos? By 'good works'? No, a truer translation is by 'beautiful works': These are those things we do which have grace, elegance and proportion and are therefore pleasing to observe: beautifully-good-works.

We could pause for a moment to pray that we remain salty and tangy, doing good beautifully and elegantly.

© Fr Michael Tate



OUR LITURGY

PROCESSIONAL HYMN - PRAISE TO YOU O CHRIST OUR SAVIOR VERSES 1 & 4.

Bernadette Farrell

REFRAIN

Praise to you, O Christ, our Sav-ior, Word of the Fa-ther, call-ing us to life;
Son_ of God who leads us to free-dom: glo-ry to you, Lord Je-sus Christ!

VERSES

1. You are the Word who calls us out of dark-ness; you are the
2. You are the one whom proph-ets hoped and longed for; you are the
3. You are the Word who calls us to be ser-vants; you are the
4. You are the Word who binds us and u-rites us; you are the

1. Word who leads us in-to light; ___ you are the Word who
2. one who speaks to us to-day; ___ you are the one who
3. Word whose on-ly law is love; ___ you are the Word - made-
4. Word who calls us to be one; ___ you are the Word who

to Refrain

1. brings us through the de- sert: glo-ry to you, Lord Je-sus Christ!
2. leads us to our fu- ture: glo-ry to you, Lord Je-sus Christ!
3. flesh who lives a- mong us: glo-ry to you, Lord Je-sus Christ!
4. teach- es us for- give- ness: glo-ry to you, Lord Je-sus Christ!

GLORIA

Glo - ry to God in the high - est, and on earth peace to peo - ple of good
 will. We praise you, we bless you, we a - dore you, we
 glo - ri - fy you, we give you thanks for your great glo - ry,
 Lord God, heav - en - ly King, O God, al - might - y Fa - ther.
 Lord Je - sus Christ, On - ly Be - got - ten Son, Lord God,
 Lamb of God, Son of the Fa - ther, you take a - way the
 sins of the world, have mer - cy on us; you take a - way the
 sins of the world, re - ceive our prayer; you are seat - ed at the
 right hand of the Fa - ther, have mer - cy on us. For
 you a - lone are the Ho - ly One, you a - lone are the Lord, you a -
 lone are the Most High, Je - sus Christ, with the Ho - ly Spir - it, in the
 glo - ry of God the Fa - ther. A - men, a - men.

Text © 2010, ICEL

Jan M. Vermeulen, 1925-1994
 Adapt. by Richard Pross, 1957-2010
 Music © 1970, 2010, WLP

FIRST READING

Isaiah 58:7-10

Thus says the Lord:
 Share your bread with the hungry,
 and shelter the homeless poor,
 clothe the man you see to be naked
 and turn not from your own kin.
 Then will your light shine like the dawn
 and your wound be quickly healed over.
 Your integrity will go before you
 and the glory of the Lord behind you.
 Cry, and the Lord will answer;
 call, and he will say, 'I am here!'
 If you do away with the yoke,
 the clenched fist, the wicked word,
 if you give your bread to the hungry,
 and relief to the oppressed,
 your light will rise in the darkness,
 and your shadows become like noon.

RESPONSORIAL PSALM

Ps 111:4-9. R. v.4

Response: *A light rises in the darkness for the upright.*

1. He is a light in the darkness for the upright:
 he is generous, merciful and just.
 The good man takes pity and lends,
 he conducts his affairs with honour.
2. The just man will never waver:
 he will be remembered for ever.
 He has no fear of evil news;
 with a firm heart he trusts in the Lord.
3. With a steadfast heart he will not fear;
 open-handed, he gives to the poor;
 his justice stands firm for ever.
 His head will be raised in glory.

Response

Response

Response

SECOND READING

1 Corinthians 2:1-5

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

GOSPEL ACCLAMATION



GOSPEL

Matthew 5:13-16

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

APOSTLES CREED

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ,
his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

OFFERTORY - ALL THAT WE HAVE

GARY AULT

Refrain: ***All that we have and all that we offer
Comes from a heart both frightened and free.
Take what we bring now and give what we need.
All done in his name.***

Some would rely on their power, Others put trust in their gold.
Some have only their Saviour. Whose faithfulness never grows old.

Refrain

Sometimes the road may be lonesome. Often we may lost our way.
Take courage and always remember, Love isn't just for a day.

Refrain

Sometimes when troubles are many, Life can seem empty it's true.
But look at the life of the Master. Who lovingly suffered for you.

Refrain

Cel: The Lord be with you. **All: And with your Spirit.**

Cel: Lift up your hearts. **All: We lift them up to the Lord.**

Cel: Let us give thanks to the Lord, our God. **All: It is right and just.**

The Celebrant prays the preface at the end of which all say:

HOLY HOLY

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord

Hosanna in the highest.

LAMB OF GOD



Lamb of God, you take away the sins of the world, have
mer-cy on us. Lamb of God, you take away the
sins of the world, have mer-cy on us. Lamb of God, you
take away the sins of the world, grant us peace.

Jan M. Vermoet, 1925-1994
Music © 1970, WLP

Cel: Behold the Lamb of God.
Behold him who takes away the sins of the World.
Blessed are those called to the supper of the Lamb.

**All: Lord I am not worthy that you should enter under my roof,
but only say the word and my soul shall be healed.**

Dan Schutte



Refrain
Come to the feast of heav-en and earth! Come to the ta-
-ble of plen-ty! God will pro-vide for all that we
need, here at the ta-ble of plen-ty.

Verses
1. O come and sit at my ta-ble where saints and
2. O come and eat with-out mon-ey; 3. come to
3. My bread will ev-er sus-tain you through days of
4. Your fields will flow-er in full-ness; your homes will
1. sin-ners are friends. I wait to wel-come the lost and
2. drink with-out price. My feast of glad-ness will feed your
3. sor-row and woe. My wine will flow like a sea of
4. flour-ish in peace. For I, the giv-er of home and
1. lone-ly to share the cup of my love.
2. spir-it with faith and full-ness of life.
3. glad-ness to flood the depths of your soul.
4. har-vest, will send my rain on the soil.

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Bob Dufford



Text based on Ps 96. Text and music © 1981, Robert J. Dufford, SJ and New Dawn Music.
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NOTICEBOARD

Business Finance Manager

Port Melbourne Middle Park Parish, Port Melbourne, Melbourne VIC
Management (Accounting)
Part time

Qualifications & experience

Experience using Xero and Microsoft Office
A Business or Finance Degree
Previous experience working with a Catholic Organisation will be highly regarded
Experience with technology in particular cloud-based services and transformation projects will be high on the agenda

Tasks & responsibilities

The role is Part Time equivalent to 0.4 FTE
Establish and manage supplier contracts with the Manager Property Maintenance Manager and the Parish Secretary
Weekly Counting and Banking
Work in a small team environment. Must be self-sufficient with a can-do-attitude
Process improvement (removing paper-based systems to automated)
Reports to the Parish Priest
Implement strong governance and security protocols
Budgeting and cashflow management
BAS, GST, PAYG preparation and submission to the ATO
Online Banking and Invoice / BPay expense payments
Receivables including property rental management

Benefits

Working for a not-for-profit organisation
Flexible working hours during the week
Small and friendly team environment

For further details refer to Seek: <https://www.seek.com.au/job/59887178>
Applications close 10 February 2023.

**THE PARISH OF PORT MELBOURNE AND MIDDLE PARK
IS COMMITTED TO THE SAFETY,
WELLBEING AND DIGNITY OF ALL CHILDREN,
YOUNG PEOPLE AND VULNERABLE ADULTS.**