



# THE CARMELITE

Parish of Port Melbourne and Middle Park  
in the care of the Carmelites since 1882

*We acknowledge the Yaluk-ut Weelam Clan, the traditional owners and custodians of this land. We pay our respects to them.  
May we walk gently here.*

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## THE MOST HOLY TRINITY YEAR 4 June 2023

Dear sisters and brothers,

This weekend we celebrate the feast of The Most Holy Trinity.

This feast has occasioned much bewilderment over the years as teachers and preachers have attempted to unravel its mysteries. I will try not to add to this bewilderment!

However, I invite you to reflect on some experience/experiences when you have felt your family (or some other group you strongly identify with) has been particularly united. I suggest this might be when a new child was born, when a member contracts a serious illness or dies prematurely or tragically, when one member achieves extraordinary success or perhaps is stricken with great misfortune. Whatever it is, such occasions can bring out the best in a family/group as they rally in support and with great affection for the one at the centre of the experience/incident – **and for each other.**

This feast of the Trinity invites us to reflect on, rejoice in and grow in the love and unity to which we called as the People of God. This reflection, joy and growth is experienced in our local and familiar circumstances ... like our family, close group of friends, parish or other worship or support group. **We are invited to recognise that Jesus is at the centre of the love that unites us, heals us, strengthens us and brings us peace and joy.** Jesus makes this possible for us today because he has graced us with **his Holy Spirit who draws us more and more fully into the life and love of God.**

The love, peace, joy, forgiveness and compassion of God into which we are drawn by the living Spirit of Jesus finds expression in our experience of a loving family and/or other support group/s. Filled with this living, loving, peaceful and joyful Spirit of Jesus, we are moved to radiate that love, peace, joy and forgiveness to others whom we encounter in life, particularly those most abandoned and forsaken and in need. Thus we share in the life of God – Father, Son and Holy Spirit – the Most Holy Trinity. May the life of the Trinity grow more fully in all of us.

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*Continued on page 4*

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**Both our Churches are fitted with a hearing induction loop. Please use the 'T' or other appropriate switch on your hearing aid. Please tell us if you experience any difficulty.**

## OUR PARISH

### Churches

St Joseph's  
cnr Rouse & Stokes Streets  
Port Melbourne

Our Lady of Mount Carmel  
cnr Richardson & Wright Streets  
Middle Park

### Sunday Masses

5.00pm (Sat) Mount Carmel  
9.00am Saint Joseph's  
10.30am Mount Carmel

### Reconciliation

after 9.00am Mass Saturday

### Carmelite Parish Office

274 Rouse Street  
Port Melbourne Vic 3207

Telephone 03 9681 9600  
Facsimile 03 9681 9608

After Hours Phone Number  
0419 136 030

Email parish@sj-mc.org.au

Parish Website www.sj-mc.org.au

Carmelite Website

www.carmelites.org.au

### Office Hours:

Tuesday - 9am - 4pm

Wednesday - 9am-4pm

Friday - 9am-12pm

**(CLOSED MONDAYS & THURSDAYS)**

### Parish Priest

Fr Paul Cahill, OCarm

### Parish Secretary

Cathy Garbellini

### Pastoral Assistant

Kelly McEnhill

### Finance Manager

Mark Zanon

### Sacramental Co-Ordinator

Baptism - Angela Cox

First Reconciliation - Angela Cox

First Eucharist - Aimee Nguyen

Confirmation - Sally Diserio

### Safeguarding Officer

Frances Correa

### Facilities Manager

Dave Fletcher

### Galilee Regional Catholic

#### Primary School

Bank Street, South Melbourne 3205

Telephone 03 9699 2928

## THIS WEEK

### Monday 5 June

9.00am Mass, St Joseph's

### Tuesday 6 June

9.00am Mass, Mt Carmel

### Wednesday 7 June

9.00am Anointing Mass, St Joseph's,

### Thursday 8 June

9.00am Mass, Mt Carmel

### Friday 9 June

9.00am Mass, St Joseph's

### Saturday 10 June

9.00am Mass, Mt Carmel

5.00pm Mass, Mt Carmel

### Sunday 11 - The Most Holy Body and Blood of Christ

9.00am Mass, St Joseph's

10.30am Mass, Mt Carmel

## WE REMEMBER

**Those who are sick or ill and in need of prayer:** Victor Acciarito, Deepa Ariff, Lawrence Bassett, Grace Callaghan, Shawn Ceasar, Robert Chaminda, Josephine Clayton, Mary Tam Cao, Daphnie Cramer, Andrew Derrington, Michael DeNittis, Maureen Dickason, Bernadette Falckh, Rebecca Fernando, Marie Fernandez, Father Des Fitzgerald CSSR, Lyn Fleming, Jill Foster, Gus Gleason, Amelia Grace, Brendan Gurry, Michael Gurry, Portia Hendrick, Shawn Handricks, Marija Jelinic, Tae Yoon Jin, Joan Laragy, Tera Kwol, Robert Masquiren, Marta Menjivar, Simon Millar, Baby Alba Middleton, Dan Quickley, Helen Quickley, Rafal Rafakski, Daphnie Rasika, Shawn Raymond, Jill Ridge, Elise Rimington, Michael Risteviski, Keith Ryder, Chris Silkok, Ailbe Sheehy, Sash Somerset-Beauverie, Jim Sullivan, Angela Trigar & Tami Yap.

### Those whose have died recently:

Peter Carron, Suzanne Lingford, Vivian Wollard & casualties of the Ukrainian/Russian conflict.

### Those whose anniversaries of death occur about this time.

Grazia Capuano, Salvatore Capuano, Peter Gurry, Ivy Francis Lever, Bill Spratt and Mary Spratt.

## IN OUR PARISH



St Vincent de Paul Society  
good works

Next meeting will be held on Tuesday 6 June 2023 at 7.30pm in St Joseph's Hall. New members are welcome.

Should you wish to contact a Vinnies representative, please call Kathy Mount 0437 588 855 or Joan Cusack 0478 224 624.

### June 2023 Parish Men's Dinner Wednesday 28 June 2023, 6:45 pm

Venue: O'Connor- Pilkington Room  
at the church hall of Our Lady of Mt Carmel,  
corner of Richardson & Wright Sts, Middle Park.

Speaker: Frank O'Connor : "Life as an Accidental  
Community Activist"  
Cost: \$40 per head  
RSVP: John Molloy - 9699 2031

### Driver Required:

A driver is required to transport an elderly vision impaired gentleman at Wintringham Port Melbourne Hostel to Mass on a Sunday at St Joseph's in Port Melbourne.



If you can help, please contact Cara Stieg (Recreation Co-ordinator) on 9646 0588 / cstieg@wintringham.org.au or Cathy at the Parish Office on 9681 9600 / parish@sj-mc.org.au).

Vinnies will be holding their annual **Winter Appeal** on **17 & 18 June 2023** and speaking at all of our masses.

If you can remember to bring along a little extra for the collection plate that would be great, otherwise other methods for donating will be provided in the bulletin that weekend.

10/11 June 2023

### The Body & Blood of Christ 5.00pm Mount Carmel (Vigil)

Commentator: Pat Mount

Reader: Abramo Ierardo

Offertory: Kathy Mount

Communion: Kathy Mount

Music: Kelly McEnhill

### 9.00am St Joseph's

Commentator: Tris Tanumihardjo

Reader: Liz Northam

Offertory: jim Power

Communion: Kelly McEnhill

Counters: Brian Harrison & Toni Stuart

Music: Margaret Smith

Hospitality: Joan Cusack

### 10.30am Mount Carmel

Commentator: John Molnar

Reader: Sally Desirio

Offertory: Sally Desirio

Communion: Sr Reba Woodwiss

Music: Br Anacleto

Hospitality: Denis Churkovich

### Communion to the Sick:

Denis Passalent - 11 - 17 Jun

## THANK YOU

for your generosity last Sunday

### St Joseph's

Carmelite and

Parish Offering \$ 511.75

### Our Lady of Mt Carmel

Carmelite and

Parish Offering \$ 1,634.10

BSB: 083-347

Account Number : 58 216 8515

Account Name : Port Melbourne / Middle Park Parish

### 1st Eucharist

We congratulate the 53 students from Galilee Primary School who will make their 1st Eucharist at a special 2pm Mass at Our Lady of Mount Carmel Church this Sunday, 4 June. We thank their teachers and parents for preparing them for this important moment and supporting them in their ongoing faith journey. We pray that these young students will grow in their love of God and of others and that they will find in the Church a welcoming, supportive and loving community to which they will contribute.

### Food Cupboard

With great generosity, a number of parishioners have committed to offering a personal service to the poor and needy of our area from St Joseph's Hall. This service will commence on Friday 9 June. It will be offered every second Friday from 10:00-11:30am. To ensure its continued success however, **more volunteers are requested** so that everyone can be rostered at manageable intervals. Please let Cathy Garbellini or Joan Cusack know if you can help ([Cathy@sj-mc.org.au](mailto:Cathy@sj-mc.org.au) or 9681 9600). **Donations of non-perishable food are also requested.** These can be brought to Mass or brought to the Parish Office during the week.

### St Titus Brandsma

Carmelite Communications have produced a very attractive booklet to mark the 1st Anniversary of the Canonisation of Dutch Carmelite Martyr, St Titus Brandsma. It tells a compelling story about his death by lethal injection by the Nazis at Dachau Concentration Camp in 1942 and gives a good insight into his remarkable life and his down-to-earth spirituality. **These booklets are available for collection at the entrances to our Churches.** Whilst there is no charge for them, any donation to help defray their cost would be much appreciated and will be passed on to Carmelite Communications.

### Ministers of the Eucharist to the sick and infirm.

Many thanks to those who, on a roster basis, faithfully bring the Eucharist to a number of sick and infirm members of our parish community each week. We are especially grateful to Frances Correa who co-ordinates this ministry and to Frances Galvin who has exercised it faithfully for so many years, but whose time to step back has now come. **More volunteers are needed** to ensure the continuation of this important ministry and to ensure that all are rostered at manageable intervals. Please let Cathy know if you can help ([Cathy@sj-mc.org.au](mailto:Cathy@sj-mc.org.au) or 9681 9600) and she will pass the information on to Frances Correa. Please also let Cathy know **if you or someone you know would like to be added to the list of those who receive Communion at home.**

### Timor-Leste Appeal at all Masses this weekend

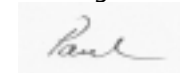
Transforming lives can be achieved when a child receives the gift of an education. Please show your support through the **EOFY Parish Appeal** by making a tax-deductible donation so a young child in Zumalai, Timor-Leste can continue their education and dream of a better future for themselves and their families. With your help these young people can reach for the stars, and dream of a future full of opportunities and possibilities. Nutrition and education go hand in hand, and you will be supporting both through this appeal. **Please give your gift today by using the QR code here, or taking a donation coupon from the foyer of the Church or going directly to the Parish donation page <https://sj-mc4timor.raisely.com/>**



### Date Claimer

All parishioners are invited to a meeting on **Thursday 27 July at 7pm at St Joseph's Hall** for general discussion on our parish's future, including our challenging financial situation.

Blessings for the week ahead.



## REFLECTION - God enfleshed in us

*The Feast of the Trinity is a day for reflecting on who God is, not for trying to figure out how there can be three persons in one God.*

*The Church's focus today is on experience, not theology.*

*In intellectual terms, God remains a mystery. For people of faith, God is known not by the mind, but by the heart. That is what spirituality and mysticism are about - exploring our experience of God.*

*Through our public liturgy, private prayer and contemplation we come to experience - to 'know' and feel in our hearts - that God loves us, accepts us, forgives us and constantly invites us into an ever-deeper experience of love.*

*When we allow God's heart to speak to ours in love we begin to absorb more of God's life into our own. We are being transformed. Our values and attitudes, our ways of looking at and being in the world start to change. We begin to see with God's eyes and feel with God's heart.*

*We become passionate about the things God is passionate about: speaking truthfully, acting with justice and integrity, looking out for each other and especially for the vulnerable, promoting peace and understanding, ending competition and discrimination, respecting life. That makes us better people and our lives become a blessing for each other and for the world.*

*That is what it means to live out of God's great gift to us, the Spirit of Jesus Christ which God has placed in our hearts. God becomes enfleshed in us and we become stewards of God's grace and life.*

*David Hofman, O.Carm. Celebrating at Home, Carmelite Communications, Melbourne*

# OUR LITURGY

PROCESSIONAL HYMN: ALL PEOPLE THAT ON EARTH DO DWELL – VERSES 1, 3 & 5.

Traditional



1. All peo - ple that on earth do dwell, Sing to the  
2. Know that the Lord is God in - deed; With - out our  
3. O en - ter then his gates with praise; Ap - proach with  
4. For why? the Lord our God is good: His mer - cy  
5. To Fa - ther, Son, and Ho - ly Ghost, The God whom



1. Lord with cheer - ful voice; Him serve with mirth, his  
2. aid he did us make; We are his folk, he  
3. joy his courts un - to; Praise, laud, and bless his  
4. is for ev - er sure; His truth at all times  
5. heav'n and earth a - dore, From us and from the



1. praise forth tell, Come we be - fore him, and re - jice.  
2. does us feed, And for his sheep he does us take.  
3. Name al - ways, For it is seem - ly so to do.  
4. firm - ly stood, And shall from age to age en - dure.  
5. an - gel host, Be praise and glo - ry ev - er - more.

## GLORIA

*Mass of Christ the Savior  
Dan Schutte*

Glory to God, Glory to God,  
Glory to God in the highest  
And on earth, peace on earth  
Peace to people of goodwill.

We praise You, we bless You  
We adore You, we glorify You  
We give You thanks,  
For Your great glory.  
Lord God heavenly King,  
O God Almighty Father.

Lord Jesus Christ, only Begotten Son.  
Lord God, Lamb of God, Son of the Father.

You take away the sins of the world,  
Have mercy on us.  
You take away the sins of the world,  
Receive our prayer.  
You are seated at the right hand  
The right hand of the Father  
Have mercy on us.

For You alone are the Holy One  
You alone are the Lord.  
You alone are the most High,  
Jesus Christ.  
With the Holy Spirit, in the glory  
Of God the Father.

Amen, Amen.

## FIRST READING

### *Exodus 34:4-6. 8-9*

With the two tablets of stone in his hands, Moses went up the mountain of Sinai in the early morning as the Lord had commanded him. And the Lord descended in the form of a cloud, and Moses stood with him there.

He called on the name of the Lord. The Lord passed before him and proclaimed, 'Lord, Lord, a God of tenderness and compassion, slow to anger, rich in kindness and faithfulness.' And Moses bowed down to the ground at once and worshipped. 'If I have indeed won your favour, Lord,' he said, 'let my Lord come with us, I beg. True, they are a headstrong people, but forgive us our faults and our sins, and adopt us as your heritage.'



## RESPONSORIAL PSALM

DANIEL 3 - GLORY AND PRAISE FOREVER!

**Response: Glory and praise forever, glory and praise, glory and praise.**

Blessed are you, O Lord, the God of our fathers,  
praiseworthy and exalted above all forever;  
And blessed is your holy and glorious name,  
praiseworthy and exalted above all for all ages. **Response**

Blessed are you in the temple of your holy glory,  
praiseworthy and glorious above all forever. **Response**

Blessed are you on the throne of your kingdom,  
praiseworthy and exalted above all forever. **Response**

Blessed are you who look into the depths  
from your throne upon the cherubim,  
praiseworthy and exalted above all forever. **Response**

## SECOND READING

### *2 Corinthians 13:11-13*

Brothers, we wish you happiness; try to grow perfect; help one another. Be united; live in peace, and the God of love and peace will be with you.

Greet one another with the holy kiss. All the saints send you greetings.

The grace of the Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with you all.

## GOSPEL ACCLAMATION



## GOSPEL

### *John 3:16-18*

Jesus said to Nicodemus,

'God loved the world so much  
that he gave his only Son,  
so that everyone who believes in him may not be lost  
but may have eternal life.  
For God sent his Son into the world  
not to condemn the world,  
but so that through him the world might be saved.  
No one who believes in him will be condemned;  
but whoever refuses to believe is condemned already,  
because he has refused to believe  
in the name of God's only Son.'

## APOSTLES CREED

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ,  
his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.



OFFERTORY - WHATSOEVER YOU DO

**Refrain: Whatsoever you do to the least of my people that you do unto me.**

When I was hungry you gave me to eat,  
when I was thirsty you gave me to drink,  
now enter into the home of my father.

**Refrain**

When I was homeless you opened your door  
When I was naked you gave me your coat  
now enter into the home of my father.

**Refrain**

When I was wary you helped me find rest  
When I was anxious you calmed all my fears  
Now enter into the home of my father.

**Refrain**

When I was laughed at you stood by my side  
When I was happy you shared in my joy  
now enter into the home of my father.

**Refrain**

Cel: The Lord be with you. **All: And with your Spirit.**  
Cel: Lift up your hearts. **All: We lift them up to the Lord.**  
Cel: Let us give thanks to the Lord, our God. **All: It is right and just.**

HOLY

*Mass of Christ the Savior  
Dan Schutte*

Ho - ly, Ho - ly, Ho - ly Lord God of hosts. Heav-en and  
earth are full, are full of your glo - ry. Ho - san - na! Ho -  
san - na! Ho - san - na in the high - est. Bless - ed is  
he who comes, who comes in the name of the Lord. Ho -

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MEMORIAL ACCLAMATION

We pro-claim your Death, O Lord, and pro-fess your Res-ur-  
rec-tion un-til you come a-gain, un-til you come a-gain.

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Music: Mass of Saint Ann, Ed Bokke, © 2011, World Library Publications, a division of GIA Publications, Inc.

OUR FATHER

LAMB OF GOD

Lamb of God, you take a-way the sins of the world, have  
mer-cy on us. Lamb of God, you take a-way the  
sins of the world, grant us peace.

Music: Mass of Saint Ann, Ed Bokke, © 1992, 2011, World Library Publications, a division of GIA Publications, Inc.

Cel: Behold the Lamb of God.  
Behold him who takes away the sins of the World.  
Blessed are those called to the supper of the Lamb.

**All: Lord I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

Dan Schutte

ANTIPHON

O Lord, I know you are near, stand-ing al-ways at my side. You

guard me from the foe, and you lead me, in ways ev-er-last-ing.

VERSES

1. Lord, you have searched my heart, and you know when I  
 2. Where can I run from your love? If I climb to the  
 3. You know my heart and its ways, you who formed me be-  
 4. Mar-vel-ous to me are your works; how pro-found are you

1. sit and when I stand. Your hand is up-on me pro-  
 2. heav-ens you are there; if I fly to the sun-rise or  
 3. fore I was born in the se-cret of dark-ness be-  
 4. thoughts my Lord. E-ven if I could count them, they

to Antiphon

1. lect-ing me from death, keep-ing me from harm.  
 2. sail be-yond the sea, still I'd find you there.  
 3. fore I saw the sun in my moth-er's womb.  
 4. num-ber as the stars, you would still be there.

I danced in the morning when the world was begun,  
 And I danced in the moon and the stars and the sun,  
 And I came down from heaven and I danced on the earth,  
 At Bethlehem I had my birth.

**Refrain: Dance, then, wherever you may be,  
 I am the Lord of the Dance, said he,  
 And I'll lead you all, wherever you may be,  
 And I'll lead you all in the Dance, said he.**

I danced for the scribe and the pharisee,  
 But they would not dance and they wouldn't follow me.  
 I danced for the fishermen, for James and John  
 They came with me and the Dance went on.

**Refrain**

I danced on the Sabbath and I cured the lame;  
 The holy people said it was a shame.  
 They whipped and they stripped and they hung me on high,  
 And they left me there on a Cross to die.

**Refrain**

I danced on a Friday when the sky turned black  
 It's hard to dance with the devil on your back.  
 They buried my body and they thought I'd gone,  
 But I am the Dance, and I still go on.

**Refrain**

They cut me down and I leapt up high;  
 I am the life that'll never, never die;  
 I'll live in you if you'll live in me -  
 I am the Lord of the Dance, said he.

**Refrain**

# NOTICEBOARD

## Please Support our Parish Food Cupboard if you are able...

We are seeking donations of non perishable food items for the **Personal Food Cupboard** and would really appreciate donations of:

- 50gm jars of coffee
- boxes of 50 tea bags - *regular, not flavoured*
- small tins of milo
- packets of cup-a-soups
- cans of soup - *pull tops preferred*
- cans of fruit - *pull tops preferred*
- cans of vegetables - corn, carrots, peas, beans - *pull tops preferred*
- tinned fish - *pull tops preferred*
- rice
- dried pasta
- jars of pasta sauces
- long life fruit juices
- breakfast cereals - Weetbix, oats, etc
- sweet & savoury biscuits
- jam
- vegemite
- honey
- peanut butter
- toiletries - e.g. soap, toothpaste, tooth brush, deoderant, shampoo, conditioner

Thank you for your generosity.



## Inner Healing through Meditation on Jesus June 30 – July 2, 2023


(Prayer & Meditation through gentle postures and breathing in the Holy Spirit, heals body, mind and soul.)

**Gospel of John 17:11; "Holy Father, protect them by the power of your name, the name you gave me..."**



Retreat begins with dinner at 6pm on Friday 30th of June and concludes at 4.00pm on Sunday 2nd of July.

Guided by Fr. Gilbert Carlo SVD  
Contact: Janssen Spirituality Centre,  
22 Woodvale Road,  
Boronia, Victoria 3155.


RSVP Tel: 03 9762 6625 or email:gilbertcarlo@gmail.com



**Catholic Theological College**  
*Online unit presented over 4 Saturdays*  
*17, 24 June; 7, 14 October*  
**Teaching Meditation and Prayer**  
Lecturer: Dr Christopher Morris  
To enrol or for further information:  
Dr Christopher Knauf, Registrar:  
[registrar@ctc.edu.au](mailto:registrar@ctc.edu.au)

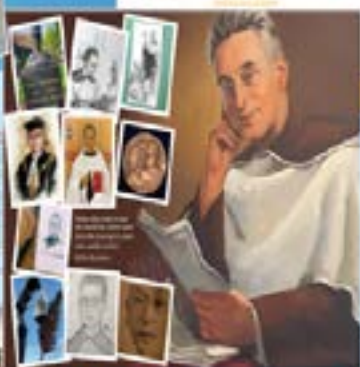


Catholic Theological College  
**Find Your Path at CTC Online Information Session**  
Monday 19 June at 7.30pm (AEST)  
Register via our website: [ctc.edu.au/information-session](http://ctc.edu.au/information-session)  
For more information contact:  
Dr Christopher Knauf [ctc.edu.au/contact/contact-the-registrar/](http://ctc.edu.au/contact/contact-the-registrar/)





- ✓ 32 page A4 book in full colour including cover.
- ✓ Never before seen colour images created only in Australia
- ✓ 11 Chapters on the life of Saint Titus Brandsma
- ✓ Let us celebrate this wonderful occasion of our newest Carmelite Saint!



ONLY AUD\$10 per copy plus postage

**THE PARISH OF PORT MELBOURNE AND MIDDLE PARK  
IS COMMITTED TO THE SAFETY,  
WELLBEING AND DIGNITY OF ALL CHILDREN,  
YOUNG PEOPLE AND VULNERABLE ADULTS.**