

THE CARMELITE

Parish of Port Melbourne and Middle Park in the care of the Carmelites since 1882

We acknowledge the Yaluk-ut Weelam Clan, the traditional owners and custodians of this land. We pay our respects to them. May we walk gently here.

FIFTH SUNDAY OF ORDINARY TIME - 4 February 2024

Dear sisters and brothers,

Happy New Year!

With the reopening of the Parish Office last week and the resumption of the Newsletter and of music at Masses this weekend, we are settling back into the rhythm of parish life after the post Christmas interlude. Likewise, with the reopening of the Food Cupboard and resumption of the Vinnies' meetings, the Parish Leadership & Exploration Group (PLEG) meetings, the Craft group gatherings and the Parish Men's and Women's Dinners this month, parish life picks up its pace again. I hope that "the break" has been a relaxing, refreshing, happy – and perhaps reflective – time for you and that the year ahead will be blessed and peaceful for you and your loved ones.

With the return of school this week, too, we know that the momentum of life picks up particularly for families whose children are still of that age. Whatever our personal circumstances, let's ask for the strength and grace we need to face the joys and challenges of the year ahead and to support one another, as best we can, as our lives unfold.

Easter is quite early this year (31 March), so the Season of Lent commences with Ash Wednesday on 14 February. We will soon be "getting our heads around" the various liturgical ceremonies associated with the Seasons of Lent and Easter and I am very grateful to those who will be supporting us in special ways for these celebrations.

Along with the new Parish Priest of Sts Peter & Paul's, South Melbourne, Fr Vincy d'Costa, I met on Friday with the Principal and relevant staff of Galilee Catholic Regional Primary School (our parish Primary School) to plan the program for children who will be preparing for 1st Reconciliation, 1st Eucharist and Confirmation this year. Our own Parish Sacramental Co-ordinators (Angela Cox – Baptism & 1st Reconciliation, Aimee Nguyen -1st Eucharist and Sally Diserio

- Confirmation), along with Cathy, Kelly and me, will also be meeting soon to

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Both our Churches are fitted with a hearing induction loop. Please use the 'T' or other appropriate switch on your hearing aid. Please tell us if you experience any difficulty.

OUR PARISH

Churches

St Joseph's cnr Rouse & Stokes Streets Port Melbourne

Our Lady of Mount Carmel cnr Richardson & Wright Streets Middle Park

Sunday Masses

5.00pm (Sat) Mount Carmel 9.00am Saint Joseph's 10.30am Mount Carmel

Reconciliation

after 9.00am Mass Saturday

Carmelite Parish Office

274 Rouse Street Port Melbourne Vic 3207

Telephone 03 9681 9600

After Hours Phone Number 0419 136 030

Email parish@sj-mc.org.au

Parish Website www.sj-mc.org.au

Carmelite Website www.carmelites.org.au

Office Hours:

Tuesday - 9am - 4pm Wednesday - 9am-4pm Friday - 9am-12pm

(CLOSED MONDAYS & THURSDAYS)

Parish Priest

Fr Paul Cahill, OCarm

Parish Secretary

Cathy Garbellini

Pastoral Assistant

Kelly McEnhill **Business Finance Manager**

Mark Zanon

Sacramental Co-Ordinator

Baptism - Angela Cox First Reconciliation - Angela Cox First Eucharist - Aimee Nguyen Confirmation - Sally Diserio

Safeguarding Officer

Frances Correa

Facilities Manager Dave Fletcher

Galilee Regional Catholic

Primary School Bank Street, South Melbourne 3205 Telephone 03 9699 2928

THIS WEEK

Monday 5 February

9.00am Mass, St Joseph's

Tuesday 6 February

9.00am Mass, Mt Carmel

Wednesday 7 February, Anointing Mass

9.00am Mass, St Joseph's

Thursday 8 February

9.00am Mass, Mt Carmel

Friday 9 February

9.00am Mass, St Joseph's

Saturday 10 February

9.00am Mass, Mt Carmel 5.00pm Mass, Mt Carmel

Sunday 11 February

9.00am Mass, St Joseph's 10.30am Mass, Mt Carmel

WE REMEMBER

Those who are sick or ill and in need of prayer: Victor Acciarito, Deepa Ariff, Lawrence Bassett, Grace Callaghan, Mary Hong Cao, Mary Tam Cao, Shawn Ceasar, Robert Chaminda, Mrs Chan, Josephine Clayton, Paul Cox, Daphnie Cramer, Grace Cumming, Mary Dalli, Michael De Nittis, Maureen Dickason, Leonie Dimes, Bernadette Falckh, Gigi Falk, Lyn Falk, Maria Fatima, Rebecca Fernando, Tony Fernandez, Father Des Fitzgerald CSSR, Jill Foster, John Fuller, Gus Gleason, Amelia Grace, Evelen Greach, Brendan Gurry, Michael Gurry, Maureen Gurry, George Grzyb, Nova Hack, Bernardine Hagan, Christine Hall, Shawn Handricks, Chin Hsia, Portia Hendrick, Carol Higginson, Jason Ho, Marija Jelinic, Sr Martin Jones, Mary Loc, Les Lugowski, Christine Lyell, Maria Teresa Margues, Robert Masquiren, Ian McLachlan, Sharon Beverly Mendes, Marta Menjivar, Baby Alba Middleton, Sam Neill, Maria Loc Nguyen, Maria Nguyen, Dan Quickley, Helen Quickley, Rafal Rafakski, Daphnie Rasika, Shawn Raymond, Dennis Rohan, Jill Ridge, Michael Risteviski, Keith Ryder, Chris Silkok, Ailbe Sheehy, Sash Somerset Beauverie, Dorothea Spencer, Jim Sullivan, Danielle Szeto, Angela Trigar & Tami Yap.

Those who have died recently: Mary Lee, Agnes Levalley, Antony John McDermott Macken, Sean McPhee, Yoke Bee Sia

Those whose anniversaries of death occur about this time:

Victor Aquilina, Maria Foresta, Ken Keenan, Joseph Lombard, Sr. Rosaleen McCaffrey, Phoebe Mount, John Stewart, John Stuart & Camelite Timothy Cotter.

IN OUR PARISH



Welcome to our Family

This Sunday, we welcome: **Albert Frank Ring Bodhi Noel Walstow-Smith Enea Caronti Ungaro**

as they receive the Sacrament of Baptism at Our Lady of Mount Carmel. Please keep the children, their parents, godparents & family in your prayers.



Next meeting will be held on Tuesday 13 February 2024 at 7.00pm in Boardroom at the Parish Office, 274 Rouse Street, Melbourne (next to St Joseph's Church). New members are welcome.

Should you wish to contact a Vinnies representative, please call Kathy Mount 0437 588 855 or Joan Cusack 0478 224 624.

VOLUNTEERS REQUIRED - Vinnies are currently short of helpers for our Saturday morning work. If anyone can spare 1.5 hours on the occasional Saturday morning please contact Kathy Mount 0437 588 855.

Parish Men's Dinner - 21 February 2024

Date: Wednesday, 21 February 2024

Time: 6.45pm

Venue: Note change of Location St Joseph's Hall, Ground Floor, 274 Rouse Street, Port Melbourne.

Cost: \$40.00 pp

Onsite carparking is available at rear of church with entrance immediately in front of St Joseph's Church.

Speaker: James Woollet (45 years of advertising work around the world & how it saved a little library in Middle Park). RSVP to Brian Rochford on 0403 056 542 or bfrochford@bigpond.com

10/11 February 2024

6TH SUNDAY OF ORDINARY TIME 5.00pm Mount Carmel (Vigil)

Commentator: Mary Chow

Reader: Angela Cox

Offertory: Janine Brodie

Communion: Joe Chow

Music: Abramo lerardo 9.00am St Joseph's

Commentator: Ron Cassano

Reader: Brian Harrison

Offertory: Elaine Chaffer

Communion: Tris Tanumihardjo

Counters: Cathy Garbellini & Nova

Hack

Music: Cathy Garbellini 10.30am Mount Carmel

Commentator: Sally Diserio

Reader: Mary Brady

Offertory: Jackie & John Tidey

Communion: Peter Thomas

Music: Choir

Hospitality: Denis Churkovich Communion to the Sick: Frances Correa: 4-10 Feb 24

THANK YOU

for your generosity last weekend Parish Stewardship Offerings

Envelopes \$ 885.00 Credit Card \$ 375.00 Direct Credit \$ 529.00 \$ 1,020.50 Loose Plate \$ 235.00 Tap & Go Total \$3,044.50

BSB: 083-347

Account No: 58 216 8515

Name: Port Melb / Middle Park Parish Parish Website: www.sj-mc.org. au using **DONATE** button on Homepage.

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plan the program for those who aren't involved at Galilee. These Sacraments are important milestones in the lives of the children involved and their families. Please support them – and those who generously help prepare them – with your prayer.

On Wednesday this week, 7 February, the 9am Mass at St Joseph's will be offered for the late Mary Paradise, who died recently and was buried from St Mary of the Angels Basilica in Geelong. Mary was a much loved parishioner at St Joseph's and some of her family and friends will be in attendance at Wednesday's Mass, to which all are welcome.

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In our Gospel Reading from Mark this weekend, we hear of Jesus'healing ministry moving from the domestic setting of Simon Peter's house with the healing from a fever of his mother-in-law to the broader setting of the crowds from the whole town who were sick and possessed by devils and suffering from diseases of one kind or another and, ultimately, to the neighbouring county towns, going "all through Galilee, preaching in their synagogues and casting out devils", signifying that Jesus healing and liberating ministry extends to all.

The repeated emphasis in Mark's Gospel on Jesus "casting our devils" from those possessed by "Satan" is Mark's way of dramatizing that Jesus' whole life and ministry was one of combatting evil. It was in his resurrection, following his passion and death, that this victory was finally and ultimately achieved. As we hear today's Gospel story – and as Mark's presentation of Jesus unfolds on the Sundays of "Ordinary Time" this year, we are prompted to recognize the power of Jesus in our lives to free us from whatever "demons" otherwise "possess" us – fear, selfishness, prejudice, hard-heartedness, insensitivity, or whatever. We pray that the power of the risen Jesus in our lives will free us to be open-hearted, welcoming, accepting, generous, just, merciful and forgiving people and we give thanks and praise to God for infusing us with his liberating Spirit.

Blessings.

REFLECTION

On the journey with Jesus

The story of Jesus' first day of ministry in Capernaum continues in the Gospel for this Sunday. After leaving the synagogue where he has healed the possessed man Jesus goes to Simon's house. He heals Simon's mother-in-law and restores her to her rightful place as hospitality provider - a sacred ministry in Jewish households. No words are spoken. Jesus simply holds her hand and helps her up. In doing so he would have broken taboos about touching a sick person, and touching a woman to whom he was not related. But in Mark's Gospel law and custom cannot stand in the way of God's healing power.

That evening, after sunset, after the Sabbath day was over, people begin to bring the sick and possessed to Jesus for healing.

Notice how 'local' all these elements of Mark's story are: a local man in the local synagogue, a local woman in her own house, local people crowd around the door, local people are brought for healing.

In all the healing stories, Mark presents Jesus in conversation with each individual. There are no 'en masse' healings — each person gets individual treatment — sometimes with words, sometimes by touch, sometimes both. There is a sense of intimacy in Jesus' healing ministry.

Interestingly, the devils seem to know exactly who Jesus is, but the human beings take much longer to recognise Jesus.

In the early morning Jesus goes off to pray by himself. Jesus prays both in public worship in the Synagogue and in moments of quiet communion with God. Mark helps us understand that both are necessary for would-be disciples. Jesus begins and ends his day in prayer.

When they find Jesus the disciples beg him to return to the town, but Jesus has other ideas. His preaching and healing is not only for the people of Capernaum, but for the whole people of Galilee.

No doubt, the disciples enjoyed being in the presence of such a wonder-worker as Jesus! But Jesus' focus is not himself; it is his mission of proclaiming the Good News of God's love through healing words and actions. The healing stories underline the idea that contact with God through the person of Jesus brings healing and wholeness, not death and destruction.

The preaching of Jesus together with the healing/wholeness stories is fundamentally about the transformation of real, living human beings into the new People of God.

David Hofman, O.Carm. Celebrating at Home, Carmelite Communications, Melbourne

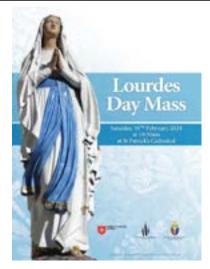
THE CARMELITE CENTRE MELBOURNE

The **February 2024 Newsletter** is available via the following website link: https://www.thecarmelitecentremelbourne.org/

Some upcoming Carmelite Centre events that are available in person or online include:

- Carmelite Library's Grand Reopening Tuesday 6 February, 11am. (Refer to invitation below).
- **Contempltive Walk** first Tuesday of the month leaving from OLMC, Middle Park
- Reading Luke's Gospel Study Group third Tuesday of the month begins 20 Feb
- **Introduction to Meditation** four week program begins 22 February
- Centering Prayer Tuesday 6 December (in the Library)
- Carmelite Conversation Wednesday 7 February (via zoom)
- Prayer Meditation every Tuesday 5pm (via zoom)
- Meditation every Thursday 7pm (in the Malone room and on-line resources)
- Lectio Divina every Friday 10am (via zoom & on-line resources)
- Eco-Spirituality Reading Circle dates to be advised.
- Monthly Gathering in Library last Friday of the month resumes 23 February





Order of Malta's annual Lourdes Day Mass provides an opportunity to pray for the sick and infirm particularly for those who would not otherwise have the possibility of visiting Lourdes.

Date: Saturday, 10th February at 10.30am Venue: St Patrick's Cathedral, with Archbishop Peter Comensoli as the principal celebrant. For further information, please contact: Sauro Antonelli AM on 0411 250 288.

OUR LITURGY

10:30am Mass Only - LIVE MUSIC MASS ALL THE MUSIC FOR THE 10:30AM MASS WILL BE ON A SEPARATE SHEET.

PROCESSIONAL HYMN: HOLY GOD WE PRAISE THY NAME



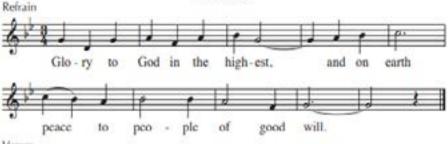
Text. 78 78 77 with repeat. Te Deum laudamus: attr. to St. Nicetas, ca. 335–444.

Grosser Gott, wir John dich: Ir. ascr. to Ignaz Franz. 1719–1790; sr. by Clarence A. Walworth. 1820–1900.

Music: Allgorowines Katholisches Gerangbuch, Vienna, ca. 1774.

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GLORIA



Verses

We praise you,
 we bless you,
 we adore you,
 we glorify you,
 we give you thanks for your great glory,
 Lord God, heavenly King,

O God, almighty Father.

 Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

you take away the sins of the world,

 For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

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have mercy on us;

Moste: More of Courton, Marry Hauges, C 1964, 1985, 2010, GEA Politications, Inc.

FIRST READING

Job 7:1-4. 6-7

Job began to speak:

Is not person's life on earth nothing more than pressed service, their time no better than hired drudgery?
Like the slave, sighing for the shade, or the workman with no thought but their wages, months of delusion I have assigned to me, nothing for my own but nights of grief.
Lying in bed I wonder, 'When will it be day?'
Risen I think, 'How slowly evening comes!'
Restlessly I fret till twilight falls.
Swifter than a weaver's shuttle my days have passed, and vanished, leaving no hope behind.
Remember that my life is but a breath, and that my eyes will never again see joy.

RESPONSORIAL PSALM

PSALM 147: PRAISE THE LORD, WHO HEALS

Response: Praise the Lord, praise the Lord who heals the broken-hearted.

Praise the LORD, for he is good; sing praise to our God, for he is gracious; it is fitting to praise him.

The LORD rebuilds Jerusalem; the dispersed of Israel he gathers.

Response

He heals the broken hearted and binds up their wounds.
He tells the number of the stars; he calls each by name.

Response

Great is our Lord and mighty in power; to his wisdom there is no limit. The LORD sustains the lowly; the wicked he casts to the ground. **Response**

SECOND READING

1 Corinthians 9:16-19. 22-23

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.



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GOSPEL

Mark 1:29-39

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.



APOSTLES CREED

I believe in God, the Father almighty, creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

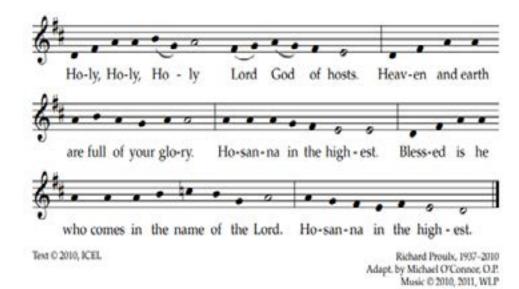
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OFFERTORY - ALL THAT WE HAVE



Cel: The Lord be with you. **All: And with your Spirit.**Cel: Lift up your hearts. **All: We lift them up to the Lord.**Cel: Let us give thanks to the Lord, our God. **All: It is right and just.**

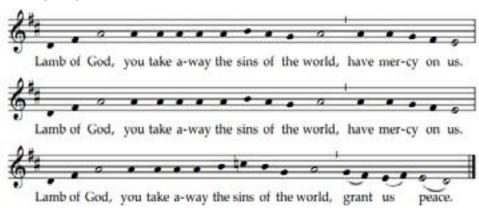
HOLY



MEMORIAL ACCLAMATION



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Richard Proulx, 1937-2010 Adapt. by Michael O'Connor, O.P. Music © 2010, 2011, WLP

Cel: Behold the Lamb of God.

Behold him who takes away the sins of the World. lessed are those called to the supper of the Lamb.

All: Lord I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.







THE PARISH OF PORT MELBOURNE AND MIDDLE PARK
IS COMMITTED TO THE SAFETY,
WELLBEING AND DIGNITY OF ALL CHILDREN,
YOUNG PEOPLE AND VULNERABLE ADULTS.