



THE CARMELITE

Parish of Port Melbourne and Middle Park
in the care of the Carmelites since 1882

We acknowledge the Yaluk-ut Weelam Clan, the traditional owners and custodians of this land. We pay our respects to them. May we walk gently here.

EIGHTEENTH SUNDAY OF ORDINARY TIME - 4 August 2024

Dear sisters and brothers,

We hear in today's Gospel Reading the second of the passages of Chapter 6 of St John's Gospel on the *Bread of Life*. We will continue to hear successive sections of this *Bread of Life* discourse over the coming four weeks.

Last week, we heard the miracle of the loaves and fishes by which the hungry hordes were miraculously fed from a meagre five barley loaves and two fish, with twelve basketfuls left over – a sign of the abundance of God's love and mercy and generosity.

This week's episode sees the crowd pursuing Jesus in the aftermath of their miraculous feeding. He discerns *you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat*. He then instructs them: *Do not work for food that cannot last, but work for food that endures to eternal life*. He goes on to assure them: *I am the bread of life. The one who comes to me will never be hungry; the one who believes in me will never thirst*.

As we reflect on today's Gospel Reading, especially in light of the 1st Reading from the Book of Exodus in which God miraculously feeds the hungry Israelites in the desert with bread (*manna*) from heaven, we pray that we might grow in our yearning for, faith in and dependence on the *bread of life* God provides for us that we might *never be hungry and never thirst*. This food, available to us and which draws us into and nourishes us in God's eternal life, is especially the Word of God, revealed to us in the Scriptures, the bread of the Eucharist and the Word of Life in which God is present in the goodness of people and the beauty of all creation.

May we grow in our attentiveness to, our reliance on and our gratitude for these various gifts of God which are our 'bread' and which nourish the eternal life that God has planted in each of us. May we express this life/love of God in us in our relationships with each other, with our world and with all creation.

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Continued on page 4

Both our Churches are fitted with a hearing induction loop. Please use the 'T' or other appropriate switch on your hearing aid. Please tell us if you experience any difficulty.

OUR PARISH

Churches

St Joseph's
cnr Rouse & Stokes Streets
Port Melbourne

Our Lady of Mount Carmel
cnr Richardson & Wright Streets
Middle Park

Sunday Masses

5.00pm (Sat) Mount Carmel
9.00am Saint Joseph's
10.30am Mount Carmel

Reconciliation

after 9.00am Mass Saturday

Carmelite Parish Office

274 Rouse Street
Port Melbourne Vic 3207

Telephone 03 9681 9600

After Hours Phone Number
0419 136 030

Email parish@sj-mc.org.au

Parish Website www.sj-mc.org.au

Carmelite Website

www.carmelites.org.au

Office Hours:

Tuesday - 9am - 4pm

Wednesday - 9am-4pm

Friday - 9am-12pm

(CLOSED MONDAYS & THURSDAYS)

Parish Priest

Fr Paul Cahill, OCarm

Parish Secretary

Cathy Garbellini

Pastoral Associate

Kelly McEnhill

Business Finance Manager

Mark Zanon

Sacramental Co-Ordinators

Baptism - Vacant

First Reconciliation - Sally Diserio

First Eucharist - Aimee Nguyen

Confirmation - Sally Diserio

Safeguarding Officer

Frances Correa

Maintenance Manager

Dave Fletcher

Galilee Regional Catholic

Primary School

Bank Street, South Melbourne 3205

Telephone 03 9699 2928

THIS WEEK

Monday 5 August

9.00am Mass, St Joseph's

Tuesday 6 August

9.00am Mass, Mt Carmel

Wednesday 7 August - Anointing Mass

9.00am Mass, St Joseph's

Thursday 8 August

9.00am Mass, Mt Carmel

Friday 9 August

9.00am Mass, St Joseph's

Saturday 10 August

9.00am Mass, Mt Carmel

5.00pm Vigil Mass, Mt Carmel

Sunday 11 August

9.00am Mass, St Joseph's - followed by morning tea for Fr

Laurie Timms **50th Anniversary of Ordination** as a Priest

10.30am Mass, Mt Carmel

WE REMEMBER

Those who are sick or ill and in need of prayer: Patrick Achiam, Deepa Ariff, Lawrence Bassett, Maurizio Bonizzoni, Dorina Butera, Grace Callaghan, Shirley Callaghan, Rita Colli, Mary Hong Cao, Mary Tam Cao, Shawn Ceasar, Robert Chaminda, Mrs Chan, Josephine Clayton, Daphnie Cramer, Grace Cumming, Mary Dalli, Michael De Nittis, Anthony Dickason, Maureen Dickason, Leonie Dimes, Bernadette Falckh, Gigi Falk, Lyn Falk, Maria Fatima, Rebecca Fernando, Tony Fernandez, Father Des Fitzgerald CSSR, Jill Foster, John Fuller, Gus Gleason, Amelia Grace, Evelyn Greach, George Grzyb, Brendan Gurry, Nova Hack, Bernardine Hagan, Christine Hall, Shawn Handricks, Lincoln Hanland, Darren Harland, Chin Hsia, Portia Hendrick, Carol Higginson, Jason Ho, Steph Hudson, Marija Jelinic, Sr Martin Jones, Teresa Kwol, Paul Chan Yin Leung, Margaret Lopes, Austin Lorraine, Les Lugowski, Christine Lyell, Maria Teresa Marques, Robert Masquieren, Ian MacLachlan, Maggie McKern, Marta Menjivar, Alba Middleton, Sam Neill, Maria Loc Nguyen, Caterina Orfanidis, Barry Paff, Dan Quickley, Helen Quickley, Rafal Rafakski, Daphnie Rasika, Shawn Raymond, Dennis Rohan, Jill Ridge, Michael Risteviski, Keith Ryder, Chris Silkok, Ailbe Sheehy, Frances Sheehy, Sash Carti Somerset-Beauverie, Dorothea Spencer, Jim Sullivan, Danielle Szeto, Diane Thakur, Angela Triglar, Ria Van Lith, Julieanne Wharton & Tami Yap.

Those who have died recently: Donald Ffoukes-Parry, Thomas Leonard & Amelia Wilde.

Those whose anniversaries occur about this time: Adrian Franco

IN OUR PARISH



Happy 101st Birthday

Joan McCarthy

a faithful & long time parishioner of
Our Lady of Mount Carmel.

Wishing you good health and
happiness!



Welcome to our Family

This Sunday, we welcome:

Ivy Maddison Stuart

as she receives the
Sacrament of Baptism
at St Joseph's.

Please keep Ivy, her parents, godparents
& family in your prayers.

Non-Galilee First Eucharist - Key Dates

Enrolments close: Monday 5 August, 2024

Family Preparation Night: Wednesday 14 August 2024 at
7pm at O'Connor-Pilkington Room, Our Lady of Mt Carmel,
Cnr Wright & Richardson Sts, Middle Park.

Welcome Mass & Practice: Sunday 8 September 2024 at
10:30am at Our Lady of Mt Carmel.

Sacrament: Sunday 15 September 2024 at 10:30am at Our
Lady of Mt Carmel.

Enrolment forms are available on the Home Page of the parish
website: <https://sj-mc.org.au/>.

THANK YOU

for your generosity last weekend

Parish Stewardship Offerings

Envelopes	\$ 185.00
Credit Card	\$ 755.00
Direct Credit	\$ 731.15
Loose Plate	\$ 907.70
Tap & Go	\$ 400.00
Lump Sum	\$ 2,000.00
Total	\$4,978.85



MINISTRIES

10/11 August 2024

19TH SUNDAY OF ORDINARY TIME

5.00pm Mount Carmel (Vigil)

Commentator: Mary Chow

Reader: Des Collins

Offertory: Kevin Wilks

Communion: Joe Chow

Sacristan: Abramo Ierardo

Music: Abramo Ierardo

9.00am St Joseph's

Commentator: Rob Lever

Reader: William Kininmonth

Offertory: Terry Gurry

Communion: Danielle Craievich

Counters: Ron & Sandra Cassano

Music: Cathy Garbellini

Hospitality: Cathy Garbellini

Sacristan: Rob Winduss

10.30am Mount Carmel

Commentator: Marlene Halim

Reader: Kathleen Kiernan

Offertory: Jackie & John Tidey

Communion: John Molnar

Music: Choir

Hospitality: Jackie & John Tidey

Sacristan: Peter Russo

Communion to the Sick:

Marlene Carlin: 12 - 18 Aug

DONATIONS

Parish QR code

Enter the amount, your name, email
address & optionally any comment.

Electronic Funds Transfer

BSB: 083-347

Account No: 58 216 8515

Name: Port Melb / Middle Park Parish

Parish Website: www.sj-mc.org.au
using **DONATE** button on Homepage.

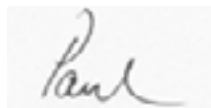
50th Anniversaries of Ordination

Our Season of Celebrations continues next Sunday, when Carmelite, **Fr Laurie Timms**, who has been ministering in the Cairns Diocese for a number of years, but who began his priestly ministry in the Port Melbourne Parish in 1975, joins us to celebrate the **50th anniversary of his ordination as a priest** on 10 August 1974. Laurie will be Principal Celebrant at the 9am Mass at St Joseph's next Sunday, 11 August. A celebratory gathering will be held after Mass at the back of the Church.

I will get on the bandwagon the following weekend when I celebrate the 5pm Mass at Our Lady of Mount Carmel on Saturday 17th August, 50 years after my ordination as a priest in that church on 10 August 1974. Again, we'll have a celebratory gathering at the back of the Church for those for those who'd like to have a glass of bubbly or a cuppa after Mass.

Please join us, if you can, for these joyous moments.

Blessings.



FOOD CUPBOARD UPDATE

Thank-you to those who donate generously each week to the food cupboard.

At the moment we are well stocked with Lite Milk and Pasta and would prefer a little "comfort" food for our needy. Donations of sweet biscuits and treats would greatly be appreciated.

*Gentle reminder, donated food must **not** have expired USE-BY dates.*

THE CARMELITE CENTRE MELBOURNE

The **August 2024 Newsletter** is available via the following website link:

<https://www.thecarmelitecentremelbourne.org/>

Some upcoming Carmelite Centre events that are available in person or online include:

WEEKLY

- ~ **Prayer Meditation** every Tuesday 5pm on zoom
- ~ **Meditation** every Thursday 7pm in the Malone room
- ~ **Lectio Divina** every Friday 10am on zoom

MONTHLY

- ~ **Contemplative Walk (Middle Park)** - Tuesday 6 August, 9.30am
- ~ **Centering Prayer Meditation** in Malone Room - Tuesday 6 June, 1.00pm
- ~ **Carmelite Conversation on zoom** - Wednesday 7 August, 10.30am - 12.00pm *Discernment on the Carmelite Way* with Matthew Tonini Cahill, OCarm.
- ~ **Monthly Gathering** - Friday 31 August, 11.30am - 1.00pm in the Library.

THANKYOU



Catholic Mission thanks the parish of Our Lady of Mt Carmel and St Joseph's for your support of this year's Propagation of the Faith Appeal. Your generosity has empowered Church workers across 1047 mission dioceses, allowing them to spread the message of hope and love within their local communities. Your contribution of \$1,263.00 has been most gratefully received. Through your partnership with Catholic Mission, Cardinal Giorgio Marengo from Mongolia can continue providing life-saving treatment and essential resources for health, education, as well as spiritual and physical well-being. Your gift not only transforms individual lives but also fuels mission programs globally, reaching out to those in need. Many thanks!

REFLECTION

I am the bread of life

Our journey through Chapter 6 of St John's Gospel continues. Two weeks ago, Jesus showed himself the true shepherd-king, feeding the inner hunger of the people for the Word of God. Last week, Jesus fed the physical hunger of a great multitude with a simple meal of bread and fish. The people, impressed by what they saw, wanted to make him their warrior-king, one who would lead them in a revolt against the occupying Romans and satisfy their every desire. Jesus escaped into the hills.

This Sunday, the crowd has caught up with Jesus. He accuses them of looking for him only because he gave them all the bread they wanted to eat, not because they had understood that the bread was a sign of the real food Jesus was offering: himself. Jesus urges them to work for 'food that endures to eternal life'. Working for this food means to believe in the one God has sent: Jesus himself.

The crowd asks for a sign to prove that they should believe in Jesus. After all, they say, Moses gave our ancestors bread to eat in the desert; what will you do? Their request underlines their failure to really see the sign that they had already been given. Jesus reformulates their quote from scripture: It is God who gives the true bread from heaven, the bread of God which gives life to the world. In that case, they say, give us that bread always.

Jesus replies: *I am the bread of life, those who come to me will never be hungry; those who believe in me will never thirst. Jesus is real food for the hungers and thirsts of the human heart.*

To be nourished by Jesus one must believe (have faith) in him. This implies a personal relationship with Jesus. Once this personal relationship has been established everything else finds its proper place and true purpose.

Our relationships feed and sustain us as human beings. They are born of the food of love, compassion and forgiveness. Being in a relationship is to be drawn into communion with another person. We always draw life from those we love and those who love us. It is the same with Jesus. In order to draw life from him, to be fed by him, we have to be in loving relationship with him.

OUR LITURGY

10:30am Live Music Mass: MUSIC WILL BE ON A SEPARATE PEW SHEET.

PROCESSIONAL HYMN - GATHER YOUR PEOPLE

VERSE 3 & 4

Bob Hurd



Refrain

Gath-er your peo-ple, O Lord. Gath-er your
peo-ple, O Lord. One bread, one bod-y, one
spir-it of love. Gath-er your peo-ple, O Lord.

Verses

1. Draw us forth to the ta-ble of life;
2. We are parts of the bod-y of Christ,
3. No more harm on the moun-tain of God;
4. Wash us, Lord, in the wa-ters of life;

1. broth-ers and sis-ters, each of us called to
2. need-ing each oth-er, each of the gifts the
3. swords in-to plow-shares. Free us, O Lord, from that
4. wa-ters of mer-cy, wa-ters of hope that

2 to Refrain

1. walk in your light.
2. Spir-it pro-vides.
3. hard-ness of heart.
4. flow from your side.

Text: Based on 1 Corinthians 12: 1-4; Isaiah 23-4: 11-9. Text and music © 1991, Bob Hurd. Published by OCP. All rights reserved.

Refrain: Glory to God in the highest and peace to his people on earth.

Lord God, heavenly King,
Almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory. **Refrain**

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
You are seated at the right hand of the Father: receive our prayer. **Refrain**

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen. Amen!

Refrain

FIRST READING

Exodus 16:2-4. 12-15

The whole community of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our hearts content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them this way to see whether they will follow my law or not.'

'I have heard the complaints of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning, you shall have bread to your hearts content. Then you will learn that I, the Lord, am your God.'" And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the people of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

PSALM 78 - THE LORD GAVE THEM BREAD FROM HEAVEN

Response: The Lord gave them bread, bread from heaven, bread from heaven.

What we have heard and know,
and what our fathers have declared to us,
We will declare to the generation to come
the glorious deeds of the LORD and his strength
and the wonders, the wonders that he wrought.

Response

He commanded the skies above
and opened the doors of heaven;
he rained manna upon them for food
and gave them, gave them heavenly bread.

Response

Man ate the bread of angels,
food he sent them in abundance.
And he brought them to his holy land,
to the mountains, the mountains his right hand had won.

Response

SECOND READING

Ephesians 4:17, 20-24

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

GOSPEL ACCLAMATION

GOSPEL

John 6:24-35

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:

'I tell you most solemnly,
you are not looking for me
because you have seen the signs
but because you had all the bread you wanted to eat.
Do not work for food that cannot last,
but work for food that endures to eternal life,
the kind of food the Son of Man is offering you,
for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.'

Jesus answered:

'I tell you most solemnly,
it was not Moses who gave you bread from heaven,
it is my Father who gives you the bread from heaven,
the true bread;
for the bread of God
is that which comes down from heaven
and gives life to the world.'

'Sir,' they said 'give us that bread always.' Jesus answered:

'I am the bread of life.
He who comes to me will never be hungry;
he who believes in me will never thirst.'

APOSTLES CREED

I believe in God, the Father almighty,
creator of heaven and earth, and in Jesus Christ,
his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and life everlasting. Amen.



Refrain



All that we have and all that we of-fer Comes from a



heart both fright-ened and free. Take what we bring now and



give what we need, All done in his name.

Verses



1. Some would re - ly on their pow - er,
2. Some - times the road may be lone - some,
3. Some - times when trou - bles are man - y,



Oth - ers put trust in their gold.
Of - ten we may lose our way;
Life can seem emp - ty, it's true,



Some have on - ly their Sav - ior,
Take cour - age and al - ways re - mem - ber
But look at the life of the Mas - ter,



Whose faith - ful - ness nev - er grows old.
Love is - n't just for a day.
Who lov - ing - ly suf - fered for you.

D.C.

Text: Gary Auld, b.1944
Tune: Gary Auld b.1944, acc. by Gary Daigle, b.1957, alt.
© 1969, 1979, Dances Music. Distributed by GIA Publications, Inc.

**All: May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good
and the good of all his holy Church. Amen.**

Cel: The Lord be with you. **All: And with your Spirit.**

Cel: Lift up your hearts. **All: We lift them up to the Lord.**

Cel: Let us give thanks to the Lord, our God. **All: It is right and just.**

HOLY, HOLY

Holy, holy, holy Lord God of Hosts.

Heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

MEMORIAL ACCLAMATION

When we eat this Bread and drink this Cup,

we proclaim your Death, O Lord, until you come again.

LAMB OF GOD

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

Cel: Behold the Lamb of God.

Behold him who takes away the sins of the World.

Blessed are those called to the supper of the Lamb.

**All: Lord I am not worthy that you should enter under my roof,
but only say the word and my soul shall be healed.**

Dan Schutte

Refrain

Come to the feast of heav-en and earth! Come to the ta-
 - ble of plen - ty! God will pro-vide for all that we
 need, here at the ta - ble of plen - ty.

Verses

1. O come and sit at my ta - ble where saints and
 2. O come and eat with-out mon-ey; I come to
 3. My bread will ev - er sus-tain you through days of
 4. Your fields will flow-er in full-ness; your homes will

1. sin - ners are friends. I wait to wel-come the lost and
 2. drink with-out price. My feast of glad-ness will feed your
 3. sor - row and woe. My wine will flow like a sea of
 4. flour - ish in peace. For I, the giv - er of home and

to Refrain

1. lone - ly to share the cup of my love.
 2. spir - it with faith and full - ness of life.
 3. glad-ness to flood the depths of your soul.
 4. har-vest, will send my rain on the soil.

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Bob Dufford, SJ

Refrain

Let heav-en re-joice and earth be glad; let all cre-a - tion sing. Let
 chil-dren pro-claim through ev - 'ry land: "Ho - san - na to our King."

Verses 1-3

1. Sound the trum - pet in - to the night; the day of the Lord is
 2. Rise in splen-dor; shake off your sleep; ¶ put on your robes of
 3. Raise your voic - es, be not a - fraid. Pro-claim it in ev - 'ry

to Refrain

1. near. Wake your peo - ple, lift your voice, pro-claim it to the world.
 2. joy. And in the morn-ing you shall see the glo - ry of the Lord.
 3. land. Christ has died, but he has ris - en; he will come a - gain.

Verse 4

4. Sing a new song un-to the Lord, whose la-bor has led us to life. With

to Refrain

4. grate-ful hearts and joy-ful danc-ing, play be-fore the Lord.

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NOTICEBOARD

Carmelite Vocations



The Carmelite spirit of our parish originates with the first Carmelites who were given the pastoral care of the people here in Port Melbourne – Middle Park (formerly Sandridge) in 1882. Our Carmelite spirit has been lived by parishioners, lay Carmelites and the ongoing presence of the Carmelite brothers and priests. That ongoing presence is possible because men and women have responded to the call to live the Carmelite Way intentionally in both Lay Carmelite and Religious communities.

Is something stirring in your heart to find out more?

Start a conversation with us today vocations@carmelites.org.au

**THE PARISH OF PORT MELBOURNE AND MIDDLE PARK
IS COMMITTED TO THE SAFETY,
WELLBEING AND DIGNITY OF ALL CHILDREN,
YOUNG PEOPLE AND VULNERABLE ADULTS.**