



THE CARMELITE

Parish of Port Melbourne and Middle Park
in the care of the Carmelites since 1882

We acknowledge the Yalukit Willam Clan, the traditional owners and custodians of this land. We pay our respects to them. May we walk gently here.

3rd Sunday of Easter

26 April 2020

My dear Parishioners and Friends,

3rd SUNDAY OF EASTER

Hope you're all holding up and you know you are in my prayers each day. In fact when Maurice, Leo and I celebrate Mass each morning in our Priory chapel – I offer the Mass for you!

Some News:

- Fr Pat has now moved to Mary MacKillop Aged Care Residence in Camberwell. Unfortunately, he is required to undertake another 14 days of isolation because he moved from a hospital. His health and spirits are average, so please keep up your prayers for him. By the way, he is now in the same place as Fr Michael!
- Isn't it tragic when the Rochfords tell you that the highlight of their week was getting the flu shot? Just be grateful it was in the arm!
- If you're watching Mass at home on the internet, Ken and Elaine told me a trick – when it comes time for the Sign of Peace, send SMS text messages to all those you want to wish peace to. You'll probably have to have them lined up on your phone ready to go.
- Please pray for Fr Ken Petersen, another one of our Carmelites, who is battling serious health issues and is in Healesville Hospital.
- Last week I received a request from one of the social workers at the Alfred Hospital about a young East Timorese man who came to Australia to pick strawberries on the Morning Peninsula. It appears that Miguel became quite unwell after he had been in Australia for a period of time. He is now healthy enough and was discharged from hospital on Thursday. Anyway, he can't go home now because the borders are closed and he falls through the cracks for any Government assistance. To cut a

Both our Churches are fitted with a hearing induction loop. Please use the 'T' or other appropriate switch on your hearing aid. Please tell us if you experience any difficulty.

OUR PARISH

Churches

St Joseph's
cnr Rouse & Stokes Streets
Port Melbourne

Our Lady of Mount Carmel
cnr Richardson & Wright Streets
Middle Park

Sunday Masses

6.00pm (Sat) Mount Carmel
9.00am Saint Joseph's
10.30am Mount Carmel

Reconciliation

after 9.00am Mass Saturday

Carmelite Parish Office

274 Rouse Street
Port Melbourne Vic 3207

Telephone 03 9681 9600
Facsimile 03 9681 9608

After Hours Emergency
0408 754 283

Email parish@sj-mc.org.au

Parish Website www.sj-mc.org.au

Carmelite Website
www.carmelites.org.au

**Office Hours 9am-4pm
Monday, Wednesday, Friday
(CLOSED TUESDAYS & THURSDAYS)**

Parish Priest

Fr Hugh Brown OCarm

Parish Secretary

Anne Ierardo

Pastoral Life Co-ordinator

Michael Murray

Finance Officer

Shane Harrison

Facilities Manager

Ken Chaffer

Galilee Regional Catholic Primary School

Bank Street
South Melbourne Vic 3205

Telephone 03 9699 2928
Principal Simon Millar

PARISH OFFICE

**The Carmelite Parish Office is now
closed to the public.**

**The office is still functioning between 9.00am & 4.00pm
on Monday, Wednesday, Thursday and Friday.**

**You can contact us by telephone:
9681 9600**

**Email: parish@sj-mc.org.au or by checking our
website on**

www.sj-mc.org.au for further updates.

**If you are in need of a priest urgently then please
call 0408 754283.**

WE REMEMBER

Please ask permission of the sick person(s) before asking their name(s) be put on the list. We need to be sensitive to the fact that some people may not wish their names published.

If you would like someone remembered in our sick list, recently deceased or anniversaries, then please contact the parish office by email: parish@sj-mc.org.au or by phone 9681 9600.

Those who are sick or ill and in need of prayer: Baby Luca, John Bassett, Paul Caghi - Cao, Kelly Edwards, Rose Fennell, Gary Finn, Maurice Fitzpatrick, Michael McGowan, Marino Mihocic , Sylvia Poliakov, Rafal Rafalski, Lorraine Rohan, Keith Ryder, Helen Stanley, Helen Sullivan, Jim Sullivan, Maureen Toohey, Troy Vincent, Julie Wain, Sr Barbara Walsh RSG, Jonathon Wil, Tami Yap.

Those whose have died recently: Peter Crump, Michael Dowling, Eileen Kelly, and those affected by COVID - 19.

Those whose anniversaries of death occur about this time: Maureen Burgess.

Free Vegetarian Meals Delivered to your home

Do you live in the City of Port Phillip?

Are you in need because of the coronavirus emergency?

Please only genuine, needy recipients need apply

SMS 0438 716335 with your:

* name & address

* Concession/card type and why you need meals

* number of meals to deliver

Place your order up till 6.00am on the day of delivery
(meals are delivered from 1-2pm daily).

IN OUR PARISH

long story short we have arranged for him to move into one of the Page Street units in Middle Park and the parish will take responsibility for him until such time as we can get him back to his family. I know that everyone is pretty concerned about finances at present but if you can spare a dollar or two to help us finance his meals, etc. that would be great. Vinnies have, as always, offered some assistance – they're marvellous and we've bought a rice cooker and small microwave for the unit. The Port Melbourne Carmelites will also help. So anything would be great!

- Thanks to you all who have sent emails – it really is great to hear from you and apologies if I don't get a reply to you – am still doing this b?%\$#@y essay! It is always wonderful to hear that you are okay – it means a lot!
- I'll get round to doing a video message but I haven't got up the nerve to do it yet. Be patient????
- Please remember in your prayers, Peter, the husband of Ann Crump who died on Thursday morning with his family around him. He was a very good man and a delightful friend.
- Please pray for Eileen Kelly, sister of Kath Keogh, who died during the week. Eileen's sons all attended Whitefriars College many moons ago and from what Leo and Maurice tell me they were a terrific family.
- Also, please remember Michael Dowling, a good friend of Carmel and Des Collins who died recently.

ARCHDIOCESE

Archdiocesan Hotline for COVID-19

In light of changing advice and circumstances, please keep visiting this webpage: www.cam.org.au for quick access to the latest news, information and resources. Should you require any further information specific to a parish concern relating to COVID-19 and the guidelines produced by the Archdiocese, please contact the newly established service desk for our Priests and Parishes:

Phone: 9926 2469

Email: covid-19@cam.org.au

This phone line and email will be monitored Monday to Friday, 8am-6pm, by Archdiocesan staff.

THANK YOU

We understand that these are very unusual circumstances and difficult times for many people both emotionally and financially.

Thank you to our parishioners who have been continuing to send in their thanksgiving envelopes. If you would like to continue supporting our parish you might like to consider changing your contributions to EFT, direct debit or credit card deductions. Please contact the parish office to organise this.

- Our parish team was chatting on Wednesday (appropriately physically distant!) about perhaps a mid-week email to you all. This week Mike Murray has done a beautiful reflection on Anzac Day. Our hope is that you might like to be guest contributors and write something. Barring that, you might like to send me news that I can add to the weekend Bulletin. It's over to you!

SUNDAY REFLECTION: THE ROAD TO EMMAUS

This weekend's Gospel is the marvellous story of two disciples walking away from Jerusalem after the crucifixion of Jesus. It is one of the most powerful stories in the Gospels because it depicts the devastation that the earliest disciples of Jesus experienced in his death. Unknown to these two wanderers, the now resurrected Jesus walks beside them, and both questions them and then explains to them why all that had to happen.

The beauty of the story, at least for me, lies in the profoundly human emotion of devastation and loss experienced by these two travellers. How many of us have felt the same way as we lose loved ones – parents, siblings, friends? I've certainly felt that with the deaths of Josie Hall and Geraldine.

But the power of the story is that Jesus walks beside them, and they don't recognise him! Maybe they're caught up in their own grief? Maybe they're just like us – somehow moving along to our own Emmaus! But, again, the power of the story is that Jesus talks to them. He explains things about himself and why it all happened the way it did.

Now, what does it mean for you and me? Well, on a very simple level, it means that we need to walk with listening hearts. Of course Jesus isn't physically beside us as we envisage him to be. But he does walk beside us in the Spirit of God that is shouting to us through the people we love and cherish, through the circumstances we find as sometimes enjoyable and other times, awful. You see the power of God's Spirit is the power to recognise God in the everyday moments of life. God's voice is the voice of my neighbour; God's song is the sound of our grandchildren; God's cry is that of the marginalised and dispossessed; God's laughter is the music that plays as we find creative ways to be in isolation; God's tears are the tears of each of us in times of loss and grief.

Wouldn't it be wonderful if at the end of our lives we could say: Did not our hearts burn as we walked along the road to Emmaus (heaven)?



Weekly Mental Health Check-in

DURING CORONAVIRUS



Feelings

Set an alarm on your phone, or a reminder in your calendar, so at a set time each week you can quickly do a check in on a scale from 0 ('not at all') to 10 ('extremely') of how stressed, anxious or down you are feeling.



Body

Take a moment to notice any tension in your body like tight shoulders, chest, or jaw. Other signs that you might be feeling stressed include dryness of the mouth, difficulty breathing, and a racing heart.



Sleep

If you are constantly struggling to get to sleep, waking in the night, earlier than usual and/or finding it difficult to get back to sleep, these are signs your mind is unable to switch off and relax.



Thoughts

Are you always worrying about the worst-case scenarios? Focusing on the 'what if' scenarios is not useful and it is best to try to limit this as much as possible.



Reactions & behaviour

If you find yourself frequently snapping at those you love, finding it extremely difficult to focus, or always depending on things like alcohol or food to cope, it is time to prioritise your mental wellbeing.



Check-in buddy

Choose a check in buddy. This may be your partner, housemate or even a friend or colleague you're keeping in touch with via video messaging. Be honest about how you are coping.

THREADS OF HOPE



Remembering Workers at Rana Plaza, Bangladesh

Opening Prayer: On April 24, 2013 the eight-storey Rana Plaza building in Bangladesh collapsed killing 1,134 garment workers and injuring more than 2,500 others. In the rubble of the building rescuers found labels for brands of clothing destined for Australia and other countries all around the world. At the time Pope Francis denounced as “slave labor” the conditions of the workers caught in this deadly collapse.

Loving God, as we remember the anniversary of this event, we are mindful of these workers and the millions of workers who continue to work in toxic or dangerous conditions today to provide cheap clothing and other goods for us and other consumers. **Response: God of Justice, we remember.**

We remember:

- Factory workers laboring in sweatshop conditions & with little pay **(R)**
- Miners working in difficult and dangerous conditions **(R)**
- Seasonal workers working outdoors during the COVID-19 pandemic, without social and economic supports available to other workers **(R)**
- Hospitality workers toiling in cramped and hot kitchens **(R)**
- Agricultural workers laboring in all seasons to meet deadlines and orders **(R)**
- Seafarers employed to work away from family and in harsh environments for long periods of time **(R)**
- Young children deprived of schooling and forced to work in plantations, mines, dance bars and illegal brothels **(R)**



www.acrath.org.au

People are NOT for sale

A Reading from Pope Francis' Easter Message 2020:

Jesus Christ is risen! – He is truly risen. Like a new flame this Good News springs up in the night. This is a message transmitted from heart to heart – for every human heart awaits this Good News. It is “the contagion of hope”. This is no magic formula that makes problems vanish. No, the resurrection of Christ is not that. Instead, it is the victory of love over the root of evil, a victory that does not “bypass” suffering and death, but passes through them, opening a path in the abyss, transforming evil into good: this is the unique hallmark of the power of God... This is not the time for indifference, self-centredness, division or forgetfulness.

Response:

1. **God of love** transforms our hearts as we hear Your Good News and work to bring the good news of justice to exploited workers
2. **God of compassion** keep us from indifference and forgetfulness and make us mindful of our sisters and brothers who labour to meet our demands for cheap goods and services
3. **God of justice** give us courage to raise our voices in advocacy so that the evil of injustice for so many workers will be transformed into respect for the dignity of each and all
4. **God of hope** enable us to stay hopeful whenever we face the suffering and death of others who are exploited and abused.
5. **Other.....**

Closing Prayer: All

Creator God, each day you weave together the many threads of creation where we live and work in safety and peace. Your hope of this for all, calls us to wrestle with the injustices that continue to deprive many of these gifts. As we remember the workers at Rana Plaza and become ever more aware of complicities of injustice in many global supply chains, give us courage to speak out and take action that all may truly know the gifts of Easter joy and hope. Amen.

REFLECTION ON THIS WEEK'S READINGS

With very good reason, the story of the road to Emmaus is thought to be the best parallel we have in the New Testament to our weekly celebration of the Eucharist. This idea could be a little surprising for some who might think the Last Supper would hold more similarities. Luke, however, reminds his community, who are like us, that even though they, like us, are prevented from seeing Jesus, they can still have a life-changing experience of his presence.

The disciples are on a journey of faith and Jesus meets them where they are, as they are. This is a critical detail in the story. Jesus listens to their expectations, hopes and disappointments and only after they have expressed the reality of their situation, does Christ open the scriptures to them. In doing so he takes their disillusionment and enables them to see the connections with the story of salvation. This leads them to hope. Even then, they do not recognise who Jesus is until he breaks the bread and in that action he is revealed as the one in whom they had been hoping. This experience drives them back to Jerusalem to witness to the power of Christ's resurrection.

Every Sunday as part of our journey of faith we embark on our road to Emmaus. There is never any point in us coming here pretending to be different from how we actually feel and who we are. God sees our hearts and minds and wants to meet us in the midst of our lives, whatever they may be like. The Emmaus story teaches us that Jesus firstly wants to listen to us before he wants us to listen to Him.

Emmaus, however, was not just about the disciples and their lives, in the same way that the Eucharist is not just about our lives either. Christ opens the scriptures to us each week so that we can make sense of our experience, see the ways in which God is present and absent and recognise our own foolishness. As with the Emmaus disciples, we are welcomed to the table of the Lord where we recognise Christ in the breaking of the bread and the pouring of the cup. This meal enables us to go out from here and proclaim to all we meet that Christ is risen.

One of the things the Church values most deeply is its connection to the experience of the earliest Church. And rightly so. It's a great privilege for us to recall that what we do here each Sunday is built upon the faith and weekly celebration of countless generations.

And though, appropriately, many things can be different in various cultural settings for the Eucharist throughout the world, several elements always stay the same. It is the Risen Christ who accompanies us, listens to us, opens our minds to the scriptures, hosts us at his table, and sends us out to tell the world that He has been raised from the dead.

This is the best way to understand ourselves as 'traditional Catholics'. We share with thousands of generations the same fire of God's faithful love burning in our hearts as we are welcomed here each week, are listened to, taught, nourished and sent out to do our bit for the coming of Christ's Kingdom.

THIRD SUNDAY OF EASTER PRAYER

ACTS 2:14, 22-28; Ps 16, Peter 1:17-21, Luke 24:13-35

You take us seriously
YOU LISTEN TO OUR QUESTIONS

You walk alongside us
YOU SHARE OUR JOURNEYS

You surprise us and bless us
YOU FILL US WITH WONDER

You call us together
YOU CALL US TO LIFE

Open our eyes to see you amongst us
BURN IN OUR HEARTS AND FILL US WITH JOY

Open our minds to the truth of your story
DANCE WITH US THE CEILIDH* OF LIFE

****Ceilidh: a social event with Scottish or Irish folk music and singing, traditional dancing, and storytelling.***

READINGS FOR THIS WEEKEND

FIRST READING

Acts 2:14, 22-33

On the day of Pentecost, Peter stood up with the Eleven and addressed the crowd in a loud voice: 'Men of Israel, listen to what I am going to say: Jesus the Nazarene was a man commended to you by God by the miracles and portents and signs that God worked through him when he was among you, as you all know. This man, who was put into your power by the deliberate intention and foreknowledge of God, you took and had crucified by men outside the Law. You killed him, but God raised him to life, freeing him from the pangs of Hades; for it was impossible for him to be held in its power since, as David says of him:

I saw the Lord before me always,
for with him at my right hand nothing can shake me.
So my heart was glad
and my tongue cried out with joy:
my body, too, will rest in the hope
that you will not abandon my soul to Hades
nor allow your holy one to experience corruption.
You have made known the way of life to me,
you will fill me with gladness through your presence.

'Brothers, no one can deny that the patriarch David himself is dead and buried: his tomb is still with us. But since he was a prophet, and knew that God had sworn him an oath to make one of his descendants succeed him on the throne, what he foresaw and spoke about was the resurrection of the Christ: he is the one who was not abandoned to Hades, and whose body did not experience corruption. God raised this man Jesus to life, and all of us are witnesses to that. Now raised to the heights by God's right hand, he has received from the Father the Holy Spirit, who was promised, and what you see and hear is the outpouring of that Spirit.'

RESPONSORIAL PSALM: PSALM 15 LORD, YOU WILL SHOW US PATH OF LIFE

Response: ***Lord, you will show us the path of life.***

Preserve me, God, I take refuge in you.
I say to the Lord: 'You are my God.
O Lord, it is you who are my portion and cup;
it is you yourself who are my prize.'

Response

I will bless the Lord who gives me counsel,
who even at night directs my heart.
I keep the Lord ever in my sight:
since he is at my right hand, I shall stand firm. **Response**

And so my heart rejoices, my soul is glad;
even my body shall rest in safety.
For you will not leave my soul among the dead,
nor let your beloved know decay. **Response**

4. You will show me the path of life,
the fullness of joy in your presence,
at your right hand happiness for ever. **Response**

SECOND READING

1 Peter 1:17-21

If you are acknowledging as your Father one who has no favourites and judges everyone according to what he has done, you must be scrupulously careful as long as you are living away from your home. Remember, the ransom that was paid to free you from the useless way of life your ancestors handed down was not paid in anything corruptible, neither in silver nor gold, but in the precious blood of a lamb without spot or stain, namely Christ; who, though known since before the world was made, has been revealed only in our time, the end of the ages, for your sake. Through him you now have faith in God, who raised him from the dead and gave him glory for that very reason – so that you would have faith and hope in God.

GOSPEL

Luke 24:13-35

Two of the disciples of Jesus were on their way to a village called Emmaus, seven miles from Jerusalem, and they were talking together about all that had happened. Now as they talked this over, Jesus himself came up and walked by their side; but something prevented them from recognising him. He said to them, 'What matters are you discussing as you walk along?' They stopped short, their faces downcast.

Then one of them, called Cleopas, answered him, 'You must be the only person staying in Jerusalem who does not know the things that have been happening there these last few days.' 'What things?' he asked. 'All about Jesus of Nazareth' they answered 'who proved he was a great prophet by the things he said and did in the sight of God and of the whole people; and how our chief priests and our leaders handed him over to be sentenced to death, and had him crucified. Our own hope had been that he would be the one to set Israel free. And this is not all: two whole days have gone by since it all happened; and some women from our group have astounded us: they went to the tomb in the early morning, and when they did not find the body, they came back to tell us they had seen a vision of angels who declared he was alive. Some of our friends went to the tomb and found everything exactly as the women had reported, but of him they saw nothing.'

Then he said to them, 'You foolish men! So slow to believe the full message of the prophets! Was it not ordained that the Christ should suffer and so enter into his glory?' Then, starting with Moses and going through all the prophets, he explained to them the passages throughout the scriptures that were about himself.



When they drew near to the village to which they were going, he made as if to go on; but they pressed him to stay with them. 'It is nearly evening' they said 'and the day is almost over.' So he went in to stay with them. Now while he was with them at table, he took the bread and said the blessing; then he broke it and handed it to them. And their eyes were opened and they recognised him; but he had vanished from their sight. Then they said to each other, 'Did not our hearts burn within us as he talked to us on the road and explained the scriptures to us?'

They set out that instant and returned to Jerusalem. There they found the Eleven assembled together with their companions, who said to them, 'Yes, it is true. The Lord has risen and has appeared to Simon.' Then they told their story of what had happened on the road and how they had recognised him at the breaking of bread.

**THE CATHOLIC PARISH OF PORT MELBOURNE AND MIDDLE PARK
IS COMMITTED TO PROVIDING A SAFE AND NURTURING CULTURE
FOR ALL CHILDREN AND YOUNG PEOPLE IN OUR PARISH.**