



# THE CARMELITE

Parish of Port Melbourne and Middle Park  
in the care of the Carmelites since 1882

*We acknowledge the Yaluk-ut Weelam Clan, the traditional owners and custodians of this land. We pay our respects to them. May we walk gently here.*

**1st Sunday of Lent    26th February 2023**

Dear sisters and brothers,

This Sunday’s Gospel reading of the well-known story of Jesus’ temptations in the desert comes in St Matthew’s Gospel immediately after his account of Jesus’ Baptism by John the Baptist. You will recall that this event concludes with the dramatic announcement of the “voice from heaven”: **This is my Son, the Beloved; my favour rests on him.**

Jesus’ baptism marked a significant turning point in his life. Until then, he would seem to have been living quietly at home in Nazareth, working in his foster father Joseph’s carpentry trade. Through his baptism, however, he seems to have been awakened to some significantly greater sense of his identity and of his calling and purpose in life. Understandably, this would seem to have been a somewhat overwhelming experience for Jesus and he needed to “process” it, as we all do when we sense that some great privilege is being offered us and something “big” is being asked of us. As many others have done, and as many of us have likely done in our own way when we’ve sensed something big and demanding is being asked of us through some great privilege that is being granted us, Jesus took some “time out” to reflect on what being named **God’s beloved Son** might mean for him. This is what is implied by St Matthew telling us that, in this situation, Jesus was led by the Spirit out into the wilderness to be tempted by the devil. As so often happens in such circumstances, we begin to **doubt** both whether the gift is real and whether we can meet its demands.

These doubts arising in Jesus are presented by Matthew as the “devil” tempting Jesus, not to **believe**, but to prove, that he was God’s beloved Son. Hence, each of the three temptations begins with the challenge: ***If you are the Son of God ...***

Jesus’ struggle in the desert was essentially a struggle between faith and doubt. As God’s beloved sons and daughters, celebrated in our own baptism, we experience this same struggle throughout our lives. Lent is a special time to acknowledge this struggle and to pray, as Jesus’ did, to persevere in the struggle, to rise to the demands of the privileged calling being made of us, and to believe and trust in God – and his love and mercy for us, despite our failures and setbacks along the way.

May this season of Lent be a time of renewed faith, hope and peace for each of us.

.....

**Both our Churches are fitted with a hearing induction loop. Please use the ‘T’ or other appropriate switch on your hearing aid. Please tell us if you experience any difficulty.**

## OUR PARISH

### Churches

St Joseph's  
cnr Rouse & Stokes Streets  
Port Melbourne

Our Lady of Mount Carmel  
cnr Richardson & Wright Streets  
Middle Park

### Sunday Masses

5.00pm (Sat) Mount Carmel  
9.00am Saint Joseph's  
10.30am Mount Carmel

### Reconciliation

after 9.00am Mass Saturday

### Carmelite Parish Office

274 Rouse Street  
Port Melbourne Vic 3207

Telephone 03 9681 9600  
Facsimile 03 9681 9608

After Hours Phone Number  
0419 136 030

Email parish@sj-mc.org.au

Parish Website www.sj-mc.org.au

Carmelite Website  
www.carmelites.org.au

### Office Hours:

Tuesday - 9am - 4pm

Wednesday - 9am-4pm

Friday - 9am-12pm

**(CLOSED MONDAYS & THURSDAYS)**

### Parish Priest

Fr Paul Cahill, OCarm

### Parish Secretary

Cathy Garbellini

### Pastoral Assistant

Kelly McEnhill

### Finance Manager

Melissa Perkins

### Sacramental Co-Ordinator

Elise Rimington

### Safeguarding Officer

Frances Correa

### Facilities Manager

Dave Fletcher

### Galilee Regional Catholic Primary School

Bank Street, South Melbourne 3205  
Telephone 03 9699 2928

## THIS WEEK

### Monday 27 February

9.00am Mass, St Joseph's

### Tuesday 28 February

9.00am Mass, Mt Carmel

### Wednesday 1 March

9.00am Mass, St Joseph's - Anointing of the Sick

### Thursday 2 March

9.00am Mass, Mt Carmel - Anointing of the Sick

### Friday 3 March - World Day of Prayer

9.00am Mass, St Joseph's - Stations of the Cross

### Saturday 4 March

9.00am Mass, Mt Carmel - Exposition of the Blessed  
Sacrament

5.00pm Mass, Mt Carmel

### Sunday 5 March - 2nd Sunday of Lent

9.00am Mass, St Joseph's

10.30am Mass, Mt Carmel

## WE REMEMBER

**As we start a new year the names of those needing our prayers have been refreshed.**

**Those who are sick or ill and in need of prayer:** Grace Callaghan, Marie Callaghan, Daphnie Cramer, Michael DeNittis, Maureen Dickason, Gus Gleason, Amelia Grace, Michael Gurry, Portia Hendrick, Robert Masquirien, Marta Menjivar, Baby Alba Middleton, Sian Middleton, Patricia Mitchell, John Pringle, Michael Rudov, Rafal Rafakski, Jill Ridge, Keith Ryder, Chris Silkok, Ailbe Sheehy & Sash Somerset-Beauverie, Tami Yap.

### Those whose have died recently:

Vincenzo Facchino, Witold Molenda, Jill O'Brien, casualties of the Ukrainian/Russian conflict, the earthquake in Turkey & Syria, the New Zealand Cyclone and those affected by COVID-19.

### Those whose anniversaries of death occur about this time.

Baby Tina Monerc, Fr Pat Negri and Carmelites Paul Knüppel & James O' Sullivan.

Throughout Lent, the **Stations of the Cross** will be prayed each Friday at St Joseph's Church immediately after the 9am Mass.

A reminder, too, that the Sacrament of **Anointing of the Sick** will be offered within the 9am Mass at **St Joseph's on the 1st Wednesday of each month** and at **Our Lady of Mt Carmel on the 1st Thursday of each month** – beginning **this week** on 1 and 2 March. For those who cannot make it to Church, we are happy to offer both Communion to the Sick and the Sacrament of Anointing at home. If you would like this for yourself or your loved one, please contact the Parish Office or, in an emergency, ring 0419 136 030.

I'm also pleased to advise that Enrolment Forms for the Sacraments of 1st Reconciliation, 1st Eucharist and Confirmation are now available at the bottom of the Home Page of the parish website: <https://sj-mc.org.au/> If you are wishing to enrol your child for one of these Sacraments this year, please read the whole form thoroughly. Details are given of the Preparation Process involved, along with all relevant dates.

Blessings for the week ahead.

*Paul Cahill, O.Carm.,  
Parish Priest*

### St Joseph's Hospitality Volunteers

Volunteers are required to prepare & serve morning tea after the 9:00am mass at St Joseph's on a Sunday.

Please support this Sunday morning tradition and share a cuppa and banter with fellow parishioners.

The roster is located at the back of the church.



## ARCHDIOCESE

**4/5 March 2023  
2nd Sunday of Lent**

### 5.00pm Mount Carmel (Vigil)

*Commentator:* Des Collins

*Reader:* Mary Chow

*Communion:* Joe Chow

*Music:* Tris Tanumihardjo

### 9.00am St Joseph's

*Commentator:* William Kininmonth

*Reader:* Rob Lever

*Communion:* Jacek Glenda

*Counters:* Cathy Garbellini & Nova Hack

*Music:* Margaret Smith

*Hospitality:* TBD

### 10.30am Mount Carmel

*Commentator:* Peter Thomas

*Reader:* Bro Anacleto

*Communion:* Sally Diserio

*Music:* Kelly McEnhill

*Hospitality:* Jackie & John Tidey

### Communion to the Sick:

Marlene Carlin

## THANK YOU

**for your generosity last Sunday**

### St Joseph's

Carmelite and  
Parish Offering \$ 808.95

### Our Lady of Mt Carmel

Carmelite and  
Parish Offering \$ 964.55



## First Sunday of Lent 25 & 26 February



Laxmi, 16, lives in in Jajarkot, a remote district in Nepal where almost half of the population live below the poverty line. Tragedy struck when Laxmi was 10 years old and her father passed away. Her father worked hard to pay for his children's education and after losing him Laxmi was at risk of falling further into extreme poverty.

With the support of our partner Caritas Nepal, Laxmi joined a child's club at her school where she was encouraged to resume her education.



Through the child's club, Laxmi developed the skills and confidence to become a leader, advocating for clean water taps at her school.

Laxmi is now excelling in her studies and working towards her dream of becoming a civil engineer. She continues to be involved in the child's club, serving as an advisor and mentoring the next generation of young leaders at her old school.

**Please donate to Project Compassion 2023.** Together, we can help vulnerable communities face their challenges today and build a better tomorrow **For All Future Generations.**

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting [caritas.org.au/project-compassion](http://caritas.org.au/project-compassion), or by calling 1800 024 413.

*Photo: Richard Wainwright/Caritas Australia*

### WORLD DAY OF PRAYER-

Taiwan

The World Day of Prayer Liturgy will be held on  
**Friday 3 March at 10.00am**  
Uniting Church at 325 Dorcas Street, South Melbourne.  
You are warmly invited to attend.



The Carmelites  
Australia and Timor-Leste



community • prayer • action  
[www.carmelites.org.au](http://www.carmelites.org.au)

### Position Vacant

Are you, or someone you know interested in working in Fundraising and Digital Marketing? Do you enjoy working for yourself but also value the backing of a small team to bounce ideas off?

Carmel Impact is looking for a talented individual with digital marketing skills, who has experience (or a keen interest) in the fundraising sector. They will have excellent organisational and project management skills, be a great writer, and able to think outside the box.

Carmel Impact is a charity working towards building a future in which Timorese people have pathways to quality education and more opportunities. This role will focus on Carmel Impact's social media, email and content marketing, using these digital channels to increase awareness, engagement and fundraising revenue.

This role is initially a 12-month contract, based in Melbourne with flexible working arrangements. Interested? View job information here <https://www.ethicaljobs.com.au/members/CarmelImpact/freelance-digital-marketing-and-fundraising-contractor> OR email Nancy at [director@carmelimpact.org.au](mailto:director@carmelimpact.org.au) for a Position Description or to discuss further.

### Religious Education Institutions and Anti-Discrimination Laws Inquiry

The Australian Law Reform Commission (ALRC) current Inquiry into the Framework of Religious Exemptions in Anti-Discrimination Legislation has produced a Consultation Paper which proposes severe limits on the ability for religious schools to appoint staff who support their mission other than roles in which 'the teaching, observance or practice of the religion is a genuine requirement of the role.' For every other role it would become unlawful for the school to give preference to teachers who share, or who are willing, to support the religious beliefs of the institution.

You may wish to contribute to the Consultation regarding this Inquiry by completing the following survey:

<https://www.alrc.gov.au/inquiry/anti-discrimination-laws/submission/survey/>

## **Mission: Change their lives ... and yours.**

**Communities in Africa, Asia or the Pacific are seeking Australians from a variety of professions and trades to share their skills with those who have less opportunity to develop their talents.**



- **You will re-ignite your professional passion** as you share skills with colleagues abroad;
- **You will strengthen individuals and organisational** processes and procedures so that generations of people will have opportunities for growth long after you return home.
- **You will Learn.** It is a life changing opportunity to work with and live amongst some of the most appreciative and resilient people you will ever meet.
- **You will be Supported.** Since 1961, Palms Australia has supported qualified and experienced Catholics motivated to undertake this Mission.

Explore 35 positions by scanning the QR code below. On our website you can also see news including stories from those currently supported in Timor-Leste, Samoa, American Samoa and Thailand.

Please enquire further about potential assignments for you or someone you know:

**RING: 02 9560 5333 or 0422 472 567.**

[www.palms.org.au](http://www.palms.org.au)



Please join Catholic Theological College to celebrate 50 years of theological education at the **Sung Celebration of Evening Prayer.**

Guest Speaker Dr Graeme Blackman AO, *Chancellor of University of Divinity*

Date: Sunday **5th March 2023** at **3.30pm**  
 Location: **St Patrick's Cathedral, East Melbourne**  
 Enq: [sarah.styring@ctc.edu.au](mailto:sarah.styring@ctc.edu.au) or Ph 9412 3333

### *It is Written*

*Jesus was offered three shortcuts for his ministry. Firstly, exceptional powers to satisfy his own needs (bread out of stones). Secondly, when he needed to take risks, angels to keep him safe. Thirdly, when he wanted to change the world, absolute political power.*

*These were the Temptations of Christ, but also for us. If you or I are tempted to sin, we will find the marks of this threefold pattern. We want the whole world to change to satisfy us, or we want to take stupid risks and come out unscathed, or we want to exercise total power over others.*

*How can we try to follow Jesus without the shortcuts of the fantasy world which the Devil may offer? Note that Jesus resisted each temptation with: 'It is written'. The forty days of Lent are a perfect opportunity to read what 'is written' in the Gospels about the episodes and pattern of the life of Jesus Christ.*

*We could pause for a moment to find what is written and to imitate what we find. That is how the Devil is defeated.*

© *Fr Michael Tate*

# OUR LITURGY

PROCESSIONAL HYMN - TREE OF LIFE

VERSE 2 AND 3

Refrain



Turn our hearts, turn our minds, make us branch - es hold - ing  
fast to the vine. Pa - tient Keep - er, draw us  
to your ten - der mer - cy, Tree of Life.

## Verses

1. We remember we are mortal, breath of God but of the earth.  
Through the desert we must travel, tasting hunger, knowing thirst.
2. We are sinful, we are prideful. We have all gone astray.  
Deep within us we are needful of a clean heart day by day.
3. As we travel on our journey take our hearts and make them new.  
Jesus walked this road before us as our God, but human, too.  
Jesus walked this road before us as our God, but human, too.

Tune: Aaron Thompson  
Text: Aaron Thompson; arr. by Ed Bokke, b.1969  
© 1999, 2006, Aaron Thompson. Published by World Library Publications, a division of GIA Publications, Inc.

## FIRST READING

*Genesis 2:7-9; 3:1-7*

The Lord God fashioned man of dust from the soil. Then he breathed into his nostrils a breath of life, and thus man became a living being.

The Lord God planted a garden in Eden which is in the east, and there he put the man he had fashioned. The Lord God caused to spring up from the soil every kind of tree, enticing to look at and good to eat, with the tree of life and the tree of the knowledge of good and evil in the middle of the garden.

The serpent was the most subtle of all the wild beasts that the Lord God had made. It asked the woman, 'Did God really say you were not to eat from any of the trees in the garden?' The woman answered the serpent, 'We may eat the fruit of the trees in the garden. But of the fruit of the tree in the middle of the garden God said, "You must not eat it, nor touch it, under pain of death!" Then the serpent said to the woman, 'No! You will not die! God knows in fact that on the day you eat it your eyes will be opened and you will be like gods, knowing good and evil! The woman saw that the tree was good to eat and pleasing to the eye, and that it was desirable for the knowledge that it could give. So she took some of its fruit and ate it. She gave some also to her husband who was with her, and he ate it. Then the eyes of both of them were opened and they realised that they were naked. So they sewed fig-leaves together to make themselves loin-cloths.



## RESPONSORIAL PSALM

PSALM 51: BE MERCIFUL, O LORD

**Response: Be merciful, O Lord, for we have sinned.**

Have mercy on me, O God, in your goodness;  
in the greatness of your compassion wipe out my offense.  
Thoroughly wash me from my guilt  
and of my sin cleanse me.

**Response**

For I acknowledge my offense,  
and my sin is before me always:  
"Against you only have I sinned,  
and done what is evil in your sight."

**Response**

A clean heart create for me, O God,  
and a steadfast spirit renew within me.  
Cast me not out from your presence,  
and your Holy Spirit take not from me.

**Response**

Give me back the joy of your salvation,  
and a willing spirit sustain in me.  
O Lord, open my lips  
and my mouth shall proclaim your praise.

**Response**

## SECOND READING

*Romans 5:12, 17-19*

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. If it is certain that death reigned over everyone as the consequence of one man's fall, it is even more certain that one man, Jesus Christ, will cause everyone to reign in life who receives the free gift that he does not deserve, of being made righteous. Again, as one man's fall brought condemnation on everyone, so the good act of one man brings everyone life and makes them justified. As by one man's disobedience many were made sinners, so by one man's obedience many will be made righteous.

## GOSPEL ACCLAMATION

Mass of Renewal  
Curtis Stephan

Glo-ry to you, O Word of God, Lord Je - sus Christ!  
Glo-ry to you, Lord Je - sus Christ, Son of the liv - ing God!

Glo-ry to you, O Word of God, Lord Je - sus Christ!  
Glo-ry to you, Lord Je - sus Christ, Son of the liv - ing God!

Note: Voices available in accompaniment books. Text © 1963, 1981, 1997, ICEL. All rights reserved. Used with permission.  
Music © 2009, Curtis Stephan, Published by OCP. All rights reserved.

*Matthew 4:1-11*

Jesus was led by the Spirit out into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, after which he was very hungry, and the tempter came and said to him, 'If you are the Son of God, tell these stones to turn into loaves.' But he replied, 'Scripture says:

Man does not live on bread alone  
but on every word that comes from the mouth of God.'

The devil then took him to the holy city and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said, 'throw yourself down; for scripture says:

He will put you in his angels' charge,  
and they will support you on their hands  
in case you hurt your foot against a stone.'

Jesus said to him, 'Scripture also says:

You must not put the Lord your God to the test.'

Next, taking him to a very high mountain, the devil showed him all the kingdoms of the world and their splendour. 'I will give you all these,' he said, 'if you fall at my feet and worship me.' Then Jesus replied, 'Be off, Satan! For scripture says:

You must worship the Lord your God,  
and serve him alone.'

Then the devil left him, and angels appeared and looked after him.

## APOSTLES CREED

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ,  
his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

## OFFERTORY - BE STILL FOR THE PRESENCE OF THE LORD

Be still for the presence of the Lord  
The Holy one is here  
Come bow before him now  
In reverence and fear  
In Him no sin is found  
We stand on Holy ground  
Be still for the presence of the Lord  
The Holy one is here.

Be still for the glory of the Lord  
Is shining all around  
He burns with Holy fire  
With splendour He is crowned  
How awesome is the sight  
Our radiant King of light  
Be still for the glory of the Lord  
Is shining all around.

Be still for the power of the Lord  
Is moving in this place  
He comes to cleanse and heal  
To minister His grace  
No work too hard for Him  
In faith receive from Him  
Be still for the power of the Lord  
Is moving in this place.

In Him no sin is found  
We stand on Holy ground  
Be still for the presence of the Lord  
The Holy one is here.  
The Holy one is here.

Cel: The Lord be with you. **All: And with your Spirit.**

Cel: Lift up your hearts. **All: We lift them up to the Lord.**

Cel: Let us give thanks to the Lord, our God. **All: It is right and just.**

*The Celebrant prays the preface at the end of which all say:*

*Mass of Christ the Savior*  
Dan Schutte

Ho - ly, Ho - ly, Ho - ly Lord God of hosts. Heav-en and  
earth are full, are full of your glo - ry. Ho - san - na! Ho -  
san - na! Ho - san - na in the high - est. Bless - ed is  
he who comes, who comes in the name of the Lord. Ho -

Text © 2010, ICEL. All rights reserved. Used with permission.  
Music © 2007, 2009, Daniel L. Schutte. Published by OCP. All rights reserved.

LAMB OF GOD

*Mass of the Resurrection*  
Randall DeBruyn

Lamb of God, you take a - way the sins of the  
world, have mer - cy on us. world, grant us peace.

Music © 2002, 2009, Randall DeBruyn. Published by OCP. All rights reserved.

**Cel:** Behold the Lamb of God.  
Behold him who takes away the sins of the World.  
Blessed are those called to the supper of the Lamb.

**All:** **Lord I am not worthy that you should enter under my roof,  
but only say the word and my soul shall be healed.**

Michael Joncas

REFRAIN

I have loved you with an ev - er - last - ing love, I have called you...  
and you are mine; I have loved you with an ev - er - last - ing love,  
I have called you... and you are mine. 1.-3. Seek the face of the Lord and  
1. long for him: he will bring you his light and his peace.  
1. long for him: he will bring you his joy and his hope.  
1. long for him: he will bring you his care and his love.

Dan Schutte

ANTIPHON

Glo - ry and praise to our God, who a - lone gives light to our days.

Man - y are the bless-ings he bears to those who trust in his

*fz* VERSES 1-3

ways.

1. We the daugh-ters and sons of him who  
 2. In his wis - dom he strength-ens us, like  
 3. Ev - 'ry mo - ment of ev - 'ry day our

1. built the val - leys and plains, praise the won - ders our  
 2. gold that's test - ed in fire, Though the pow - er of  
 3. God is wait - ing to save, al - ways, read - y to

to Antiphon

1. God has done in ev - 'ry heart that sings  
 2. sin pre - vails our God is there to save.  
 3. seek the lost, to an - swer those who pray.

VERSE 4

4. God has wa-tered our bar - ren land and spent his mer-ci - ful rain.

to Antiphon

4. Now the riv - ers of life run full for an - y - one to drink.

## NOTICEBOARD

### Spirituality in the Pub

## THE St ANDREW'S HOTEL

7.30pm Wed. 1st March 2023

124 NICHOLSON STREET FITZROY

Formerly the Pumphouse Hotel (opp. Carlton Gardens)  
 Street parking available



### The Plenary Council – was all that effort worth it??

Many groups, parish – centred and otherwise, poured enormous effort in the run-up to the recently completed Plenary Council sessions, and there was an unprecedented number of submissions from both groups and individuals across Australia urging our bishops to consider various matters seen as necessary for reform of the Church. Subsequent comment in various media, both during the Council and after, has mostly contained a focus on what appears not to have been achieved, or reform measures not likely to be implemented. Is there a broader picture?

Our presenter, John Warhurst AO, was a lay member of the Council, from the Archdiocese of Canberra and Goulburn. He is Emeritus Professor in Political Science at ANU, Canberra, where he was Professor from 1998 to 2008. He has been a long-time campaigner and commentator for Church reform, and author of the recent book *Wrestling with the Hierarchy –Engaging with the Plenary Council & Beyond*.

The St ANDREW'S HOTEL provides a spacious and comfortable atmosphere. Meals available from 6.00pm –7.00pm. Remember: Support the Pub that supports SIP – Dine at the St Andrew's!

Please share this with anyone you think may be interested.

Circulated by ACCCR on behalf of *Spirituality in the Pub*.



# BISHOP ROBERT RABBAT'S

# SYRIAN EARTHQUAKE APPEAL



### PLEASE DONATE NOW

The recent Syrian earthquake has hit people who were already displaced in a region that has been devastated by more than a decade of civil war. Yet again, we are seeing people fleeing and desperate for shelter in freezing winter conditions. We want to help provide that light in the deepest darkness, to get through this devastating disaster.

### MCF DGR ACCOUNT

Ref: Syrian Appeal  
BSB: 062784  
Account: 100011493

All donations are Tax Deductible.  
For a receipt please email  
mcf@melkite.org.au  
or contact on (02) 9750 5514

Melkite  
iCare



## Port Melbourne/ Middle Park Parish

### Lent and Easter Timetable 2023

#### Holy Thursday 6 April

7.00pm: The Lord's Supper at St Joseph's

#### Good Friday 7 April

9.00am: Stations of the Cross at St Joseph's  
3.00pm: The Lord's Passion at both Churches

#### Holy Saturday 8 April

7.00pm: Easter Vigil at Mount Carmel

#### Easter Sunday 9 April

9.00am: Easter Mass at St Joseph's  
10.30am: Easter Mass at Mount Carmel

**THE PARISH OF PORT MELBOURNE AND MIDDLE PARK  
IS COMMITTED TO THE SAFETY,  
WELLBEING AND DIGNITY OF ALL CHILDREN,  
YOUNG PEOPLE AND VULNERABLE ADULTS.**