



THE CARMELITE

Parish of Port Melbourne and Middle Park
in the care of the Carmelites since 1882

We acknowledge the Yaluk-ut Weelam Clan, the traditional owners and custodians of this land. We pay our respects to them. May we walk gently here.

TWENTY-FIRST SUNDAY OF ORDINARY TIME - 25 August 2024

Dear sisters and brothers,

With today's Gospel, we come to the end of our 5-week encounter with the *Bread of life* discourse in St John's Gospel, which began with the 'miracle' /sign of Jesus feeding the 5,000 with 5 barley loaves and 2 fish – and having 12 basketfuls left over. It ends this week with many of the followers of Jesus turning away from him because they find 'intolerable' what he has subsequently said about being the "Bread of life" and telling them, as we heard last week, that *if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you.*

In the face of so many now deserting Jesus, he turns to the 12 apostles and asks them 'What about you, do you want to go away too?' In doing so, Jesus is presenting his disciples with a choice as to where they will find their "life". Will it be (as we hear in today's 1st Reading) in "false gods" that Joshua had challenged the Israelites about once they had entered the "promised land"? Joshua's people had responded NO – 'We will serve the Lord, for he is our God.' Simon Peter, responding on behalf of the other apostles, says 'Lord, who shall we go to? You have the message of eternal life, and we believe; we know that you are the Holy One of God.'

In hearing these passages from God's Word, we are challenged with the same questions as were the Israelites of old and the disciples of Jesus in his day. Will we find our "life" in Jesus, the one in whom God became one of us – or will it be in a false god/s of wealth, ambition, materialism, social status etc?

In the circumstances of our own lives, we are invited to make our own the response of Peter to Jesus: "You have the message of eternal life, and we believe".

As we eat his flesh and drink his blood in our celebration of the Eucharist today, we give thanks for the gift of Jesus and for the life in him into which we are incorporated eternally. We pray for forgiveness for straying from him as 'The way, the truth and the life', but we also pray for the strength/grace to persevere in our efforts and grow in our faith, which we express by our actions, that the fullness of real life is to be found in him and in the way of life he proposed and modelled.

P.S Today's 2nd Reading from the letter to the Ephesians speaks about 'husbands

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Both our Churches are fitted with a hearing induction loop. Please use the 'T' or other appropriate switch on your hearing aid. Please tell us if you experience any difficulty.

OUR PARISH

Churches

St Joseph's
cnr Rouse & Stokes Streets
Port Melbourne

Our Lady of Mount Carmel
cnr Richardson & Wright Streets
Middle Park

Sunday Masses

5.00pm (Sat) Mount Carmel
9.00am Saint Joseph's
10.30am Mount Carmel

Reconciliation

after 9.00am Mass Saturday

Carmelite Parish Office

274 Rouse Street
Port Melbourne Vic 3207

Telephone 03 9681 9600

After Hours Phone Number
0419 136 030

Email parish@sj-mc.org.au

Parish Website www.sj-mc.org.au

Carmelite Website
www.carmelites.org.au

Office Hours:

Tuesday - 9am - 4pm
Wednesday - 9am-4pm
Friday - 9am-12pm
(CLOSED MONDAYS & THURSDAYS)

Parish Priest

Fr Paul Cahill, OCarm

Parish Secretary

Cathy Garbellini

Pastoral Associate

Kelly McEnhill

Business Finance Manager

Mark Zanon

Sacramental Co-Ordinators

Baptism - Vacant
First Reconciliation - Sally Diserio
First Eucharist - Aimee Nguyen
Confirmation - Sally Diserio

Safeguarding Officer

Frances Correa

Maintenance Manager

Dave Fletcher

Galilee Regional Catholic

Primary School

Bank Street, South Melbourne 3205
Telephone 03 9699 2928

THIS WEEK

Monday 26 August

9.00am Mass, St Joseph's

Tuesday 27 August

9.00am Mass, Mt Carmel

Wednesday 28 August

9.00am Mass, St Joseph's

Thursday 29 August

9.00am Mass, Mt Carmel

Friday 30 August

9.00am Mass, St Joseph's

Saturday 31 August

9.00am Mass, Mt Carmel

5.00pm Vigil Mass, Mt Carmel

Sunday 1 September

9.00am Mass, St Joseph's

10.30am Mass, Mt Carmel

WE REMEMBER

Those who are sick or ill and in need of prayer: Patrick Achiam, Deepa Ariff, Lawrence Bassett, Maurizio Bonizzoni, Dorina Butera, Grace Callaghan, Shirley Callaghan, Rita Colli, Mary Hong Cao, Mary Tam Cao, Shawn Ceasar, Robert Chaminda, Mrs Chan, Josephine Clayton, Daphnie Cramer, Grace Cumming, Mary Dalli, Michael De Nittis, Anthony Dickason, Maureen Dickason, Leonie Dimes, Bernadette Falckh, Gigi Falk, Lyn Falk, Maria Fatima, Rebecca Fernando, Tony Fernandez, Father Des Fitzgerald CSSR, Jill Foster, John Fuller, Gus Gleason, John Goral, Amelia Grace, Evelen Greach, George Grzyb, Nova Hack, Bernardine Hagan, Christine Hall, Shawn Handricks, Lincoln Hanland, Darren Harland, Chin Hsia, Portia Hendrick, Carol Higginson, Jason Ho, Steph Hudson, Marija Jelinic, Sr Martin Jones, Teresa Kwol, Paul Chan Yin Leung, Margaret Lopes, Austin Lorraine, Les Lugowski, Christine Lyell, Coco McMaster, Maria Teresa Marques, Robert Masquiren, Ian MacLachlan, Maggie McKern, Marta Menjivar, Alba Middleton, Maria Loc Nguyen, Paul Nghi Cao Thanh, Caterina Orfanidis, Barry Paff, Dan Quickley, Helen Quickley, Rafal Rafalski, Daphnie Rasika, Shawn Raymond, Jill Ridge, Michael Risteviski, Dennis Rohan, Clara Romeo, Keith Ryder, Chris Silkok, Ailbe Sheehy, Frances Sheehy, Sash Carti Somerset-Beauverie, Dorothea Spencer, Jim Sullivan, Danielle Szeto, Diane Thakur, Angela Trigar, Ria Van Lith, Julieanne Wharton & Tami Yap.

Those who have died recently: Kevin Barry, Marion McCallum, & Stephen O'Shannessy.

Those whose anniversaries occur about this time: Carmelite Elias Magennis.

IN OUR PARISH



Welcome to our Family

This Sunday, we welcome:

An Phuc Bao

as she receives the
Sacrament of Baptism
at Our Lady of Mt Carmel.

Please keep An, her parents, godparents
& family in your prayers.

Food Cupboard Thanks ...

Thank-you for the sweet treats for our needy in the community ... they have been greatly appreciated !!

They also appreciate donations of :

- Tinned Hot Dogs
- Dry Biscuits including Salada and Savoy
- Camp Pie
- Honey
- Coffee
- Sugar (small packets)
- Full Cream Long Life Milk

Thankyou for your generosity.

Carmelite Library Hours - Tuesdays, 10am - 3pm

The Carmelite Library has received many donations in 2024 that do not align with the library's primary collection areas.

The best of these items will be offered for purchase at a **Library Book Sale** which will be held in the library each Tuesday commencing on **Tuesday 13th August**.

THANK YOU

for your generosity last weekend

Parish Stewardship Offerings

Envelopes	\$ 585.00
Credit Card	\$ 395.00
Direct Credit	\$ 757.35
Loose Plate	\$ 1,168.25
Tap & Go	\$ 242.00
Total	\$3,147.60



MINISTRIES

31 August / 1 September 2024

22ND SUNDAY OF ORDINARY TIME

5.00pm Mount Carmel (Vigil)

Commentator: Mary Chow
Reader: Des Collins
Offertory: Kevin Wilks
Communion: Joe Chow
Sacristan: Tris Tanumihardjo
Music: Tris Tanumihardjo

9.00am St Joseph's

Commentator: Will Kininmonth
Reader: Brian Harrison
Offertory: Toni Stuart
Communion: Cathy Garbellini
Counters: Cathy Garbellini & Nova Hack
Music: Margaret Smith
Hospitality: Ann Rochford
Sacristan: Rob Winduss

10.30am Mount Carmel

Commentator: John Molnar
Reader: Sr. Reba Woodwiss
Offertory: Sr. Reba Woodwiss
Communion: Peter Thomas
Music: Organist / Cantor
Hospitality: Denis Churkovich
Sacristan: Nina Batsakis

Communion to the Sick:

Kathy Mount : 2 – 8 Sep 2024

DONATIONS

Parish QR code

Enter the amount, your name, email address & optionally any comment.

Electronic Funds Transfer

BSB: 083-347
Account No: 58 216 8515
Name: Port Melb / Middle Park Parish
Parish Website: www.sj-mc.org.au
using **DONATE** button on Homepage.

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loving their wives as Christ loved the Church'. Whilst the language sounds exclusive, reflecting the social/cultural conventions of its time, it is be understood equally as 'wives loving their husbands as Christ loves the Church'. The point is that the loving union of husbands and wives is an expression of Christ's love for the Church. May all committed couples grow in the beauty of that love.

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Congratulations to **Giulia and Maurizio Canavero** in their **20th anniversary of marriage**, which is being honoured with a special Blessing for them at 5pm Mass at Our Lady of Mount Carmel Church this weekend - and afterwards with hospitality they are generously providing at the back of the Church ... thank you!

Thank you to everyone who joined with Fr Laurie and/or me over the last two weekends to celebrate our 50th anniversaries of ordinations as priests. Your prayers, good wishes and gifts are much appreciated.

In addition to the summary I gave last weekend of the discussion that occurred at the recent **Parish Leadership & Exploration Group (PLEG)** meeting, following the preceding Parish Meeting, I add the following suggestions (which I inadvertently overlooked previously):

- Continue to celebrate the Parish Feast of OLMC as a "Mothers Mass" at Middle Park.
- Continue celebration of OLMC Parish Feast Day with lunch as per this year.
- Continue to support and promote both parish Men's and Parish Women's Dinners.
- Continue and expand the Christmas Card distribution initiative.
- Invite people to move around the Churches and meet new people.
- Invite and encourage people to stop for coffee after 9:am and 10:30am Masses.

As I said last week, PLEG will consider all the ideas that came from our reflection further at future meetings. Meanwhile, we would welcome any reactions/comments/suggestions in regard to these or any other matters concerning the ongoing development of our parish. Please send any such ideas to parish@sj-mc.org.au

Blessings.

TEMPORARY ACCOMMODATION

A 20 year-old man is seeking temporary accommodation in the area.

He is from Ireland, where he completed his secondary education.

He has been living in Port Melbourne for the past 21 months and participating in an American football kicking program called Prokick Australia since arriving here. This program is aimed at helping young people get placed into College in the United States on a full athletic scholarship as kickers/punters (people who kick the ball).

As his current visa and house lease expire in early September, he will be renewing his visa but needs to find alternative temporary accommodation until he is able to move in with a family in another area of Melbourne sometime in October before leaving for the US in January on a scholarship to a US College. He is a very family oriented young man and is looking for somewhere to stay, with company, for a few weeks in September. Despite searching for this over the past few week/months he has not found anything suitable and has turned to me for assistance.

He describes himself as "easy going, clean and willing to help out around the house if needs be". He is also happy to pay rent for the short amount of time for which he is looking for accommodation. I have found him to be polite, friendly, chatty and I believe honest and trustworthy. His name is Donal Dempsey. If you think you can possibly help, please contact Cathy or me at the parish office on **9681 9600** or parish@sj-mc.org.au and we can supply his mobile number so that you can talk to him directly.

Many thanks for your consideration of this request.

CONGRATULATIONS - 50 YEARS A PRIEST



Our Prior Provincial, **Fr Bruce Clarke** congratulates **Fr Paul Cahill** on 50 years of Priestly Ordination at the gathering after the 5pm Vigil Mass last Saturday night.

REFLECTION

Lord, who shall we go to

The affirmation of faith in God by the people in the first reading from the Old Testament book of Joshua is echoed by Peter's affirmation of faith in Jesus in the Gospel. Joshua says: It's decision time. Who will be your God? The people answer: We remember what God has done for us. We have no intention of deserting the Lord our God - unlike some of the followers of Jesus in the Gospel.

Our excursion into the 'Bread of Life' passages of Chapter 6 of Saint John's Gospel comes to an end today.

Over the last four Sundays, St John has taken us on a journey of discovering Jesus as the living Word of God who nourishes and strengthens us on our journey; as the living bread who gives his very self (flesh and blood) for the life of the world; and, today, as the bread of faith. Those who share the bread of faith are those who have chosen to believe in Jesus and follow him.

Only by drawing life from Jesus can one be drawn into the life of God. We feed on Jesus so that he becomes part of us and his life continues to grow in us and our life becomes caught up in his. That life draws us into communion with the life of God. We become sharers in that life, our awareness of which is nourished and strengthened as we eat and drink.

This meditation from John is about how Jesus is still present and a source of faith and nourishment in the life of the post-resurrection Christian community. The 'real presence' of Jesus lives on in the community. That presence is perceived by faith and received as living Word, food and drink, nourishing disciples in their journey to be the 'real presence' of Jesus in the world, the everlasting sign of God's love for all.

At Eucharist we gather in communion with each other, with Jesus the Word, with Jesus the Bread and Wine. We are doing in a sacramental way what Jesus is doing in a real way within us. The Eucharist is teaching us how to live our lives as Christian disciples: how to be in communion with God and each other through our communion with Jesus.

What we physically eat and drink become us. Food changes and transforms cells,

blood, muscle, tissue and organs. The purpose of Christian life is for us to become Christ. Having faith, being nourished by him changes and transforms us into his body and blood for the life of the world. We become the real presence of Jesus in the world today.

Connections to the Eucharist

The words of the Gospels of these five Sundays parallel our experience of celebrating the Eucharist. There are three 'holy communions' at mass, not one. There is the communion of believers, as the people of Christ gather to celebrate the Eucharist; the communion of the Word when we listen together to the Scriptures; and the communion of the Bread and Wine when we eat and drink together. These communions are holy because, through Christ, God and human beings are in communion with one another and God is at work nourishing, healing, redeeming and forming the face of his Son within us – so that we may be the living presence of Christ in the world today. Feasting on Christ in Word and Sacrament, we too, are called to nourish and strengthen each other on our journey to God.

David Hofman, O.Carm. Celebrating at Home, Carmelite Communications, Melbourne



Bernadette Farrell



- 1. Long-ing for light, — we wait in dark-ness. Long-ing for
- 2. Long-ing for peace, — our world is trou-bled. Long-ing for
- 3. Long-ing for food, — man-y are hun-gry. Long-ing for
- 4. Long-ing for shel-ter, man-y are home-less. Long-ing for
- 5. Man-y the gifts, — man-y the peo-ple, man-y the



- 1. truth, — we turn to you. Make us your own, —
- 2. hope, — man-y de-spair. Your word a-lone —
- 3. wa-ter, man-y still thirst. Make us your bread, —
- 4. warmth, — man-y are cold. Make us your build-ing,
- 5. hearts that yearn to be-long. Let us be ser-vants



- 1. your ho-ly peo-ple, light for the world to see.
- 2. has pow'r to save us. Make us your liv-ing voice.
- 3. bro-ken for oth-ers, shared un-til all are fed.
- 4. shel-ter-ing oth-ers, walls made of liv-ing stone.
- 5. to one an-oth-er, mak-ing your king-dom come.



Christ, be our light! Shine in our hearts. Shine through the dark-ness.



Christ, be our light! Shine in your church gath-ered to-day.

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Refrain: Glory to God in the highest and peace to his people on earth.

Lord God, heavenly King,
Almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory. **Refrain**

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
You are seated at the right hand of the Father: receive our prayer. **Refrain**

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen. Amen! **Refrain**

FIRST READING

Joshua 24:1-2. 15-18

Joshua gathered all the tribes of Israel together at Shechem; then he called the elders, leaders, judges and scribes of Israel, and they presented themselves before God. Then Joshua said to all the people: 'If you will not serve the Lord, choose today whom you wish to serve, whether the gods that your ancestors served beyond the River, or the gods of the Amorites in whose land you are now living. As for me and my House, we will serve the Lord.'

The people answered, 'We have no intention of deserting the Lord and serving other gods! Was it not the Lord our God who brought us and our ancestors out of the land of Egypt, the house of slavery, who worked those great wonders before our eyes and preserved us all along the way we travelled and among all the peoples through whom we journeyed. We too will serve the Lord, for he is our God.'

RESPONSORIAL PSALM

PSALM 34 - TASTE AND SEE THE GOODNESS OF THE LORD

Response: Taste and see, taste and see, taste and see the goodness of the Lord.

I will bless the LORD at all times; his praise shall be ever in my mouth.
Let my soul glory in the LORD; the lowly will hear me and be glad. **Response**

The LORD has eyes for the just, and ears for their cry.
The LORD confronts the evildoers, to destroy remembrance of them from the earth.
Response

When the just cry out, the LORD hears them, and from all their distress he rescues them.
The Lord is close to the brokenhearted; and those who are crushed in spirit he saves.
Response

Many are the troubles of the just one, but out of them all the LORD delivers him;
he watches over all his bones; not one of them shall be broken. **Response**

SECOND READING

Ephesians 5:2. 25-32

Follow Christ by loving as he loved you, giving himself up in our place. Husbands should love their wives just as Christ loved the Church and sacrificed himself for her to make her holy. He made her clean by washing her in water with a form of words, so that when he took her to himself she would be glorious with no speck or wrinkle or anything like that, but holy and faultless. In the same way, husbands must love their wives as they love their own bodies; for a man to love his wife is for him to love himself. A man never hates his own body, but he feeds it and looks after it; and that is the way Christ treats the Church, because it is his body – and we are its living parts. For this reason, a man must leave his father and mother and be joined to his wife, and the two will become one body. This mystery has many implications; but I am saying it applies to Christ and the Church.

GOSPEL ACCLAMATION

GOSPEL

John 6:51-58

Jesus said to the crowd:

'I am the living bread which has come down from heaven.
Anyone who eats this bread will live for ever;
and the bread that I shall give
is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied:

'I tell you most solemnly,
if you do not eat the flesh of the Son of Man
and drink his blood,
you will not have life in you.
Anyone who does eat my flesh and drink my blood
has eternal life,
and I shall raise him up on the last day.
For my flesh is real food
and my blood is real drink.
He who eats my flesh and drinks my blood
lives in me
and I live in him.
As I, who am sent by the living Father,
myself draw life from the Father,
so whoever eats me will draw life from me.
This is the bread come down from heaven;
not like the bread our ancestors ate:
they are dead,
but anyone who eats this bread will live for ever.'

APOSTLES CREED

I believe in God, the Father almighty,
creator of heaven and earth, and in Jesus Christ,
his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,

suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and life everlasting. Amen.

OFFERTORY: BE STILL FOR THE PRESENCE OF THE LORD

Be still, for the presence of the Lord,
The holy One, is here;
Come bow before him now
With reverence and fear
In him no sin is found
We stand on holy ground.
Be still, for the presence of the Lord,
The holy One, is here.

Be still, for the glory of the Lord
Is shining all around;
He burns with holy fire,
With splendour he is crowned:
How awesome is the sight
Our radiant king of light!
Be still, for the glory of the Lord
Is shining all around.

Be still, for the power of the Lord
Is moving in this place:
He comes to cleanse and heal,
To minister his grace -
No work too hard for him.
In faith receive from him.
Be still, for the power of the Lord
Is moving in this place.

**All: May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good
and the good of all his holy Church. Amen.**

Cel: The Lord be with you. **All: And with your Spirit.**

Cel: Lift up your hearts. **All: We lift them up to the Lord.**

Cel: Let us give thanks to the Lord, our God. **All: It is right and just.**

HOLY, HOLY

Holy, holy, holy Lord God of Hosts.

Heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

MEMORIAL ACCLAMATION

When we eat this Bread and drink this Cup,
we proclaim your Death, O Lord, until you come again.

LAMB OF GOD

Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, grant us peace.

Cel: Behold the Lamb of God.
Behold him who takes away the sins of the World.
Blessed are those called to the supper of the Lamb.

**All: Lord I am not worthy that you should enter under my roof,
but only say the word and my soul shall be healed.**

VERSES Majestically Dan Schutte

1. I, the Lord of sea and sky, I have heard my peo-ple cry.
 2. I, the Lord of snow and rain, I have borne my peo-ple's pain.
 3. I, the Lord of wind and flame, I will tend the poor and lame.

1. All who dwell in dark and sin my hand will save. I who
 2. I have wept for love of them. They turn a-way. I will
 3. I will set a feast for them. My hand will save. Fin-est

1. make the stars of night, I will make their dark-ness bright.
 2. break their hearts of stone, give them hearts for love a-lone.
 3. bread I will pro-vide till their hearts be sat-is-fied.

1. Who will bear my light to them? Whom shall I send?____
 2. I will speak my word to them. Whom shall I send?____
 3. I will give my life to them. Whom shall I send?____

Here I am, Lord. Is it I, Lord? I have heard you

call-ing in the night. I will go, Lord. if you

lead me. I will hold your peo-ple in my heart.

ANTIPHON Bob Dufford

Sing to the moun-tains, sing to the sea. Raise your voic-es, lift your hearts.

This is the day the Lord has made. Let all the earth re-joice.

1. I will give thanks to you, my Lord. You have an-swered my plea.

1. You have saved my soul from death. You are my strength and my song.

2. Ho-ly, Ho-ly, Ho-ly Lord.

2. Heav-en and earth are full of your glo-ry.

3. This is the day that the Lord has made. Let us be glad and re-joice.

3. He has turned all death to life. Sing of the glo-ry of God.

ARCHBISHOP'S CAMPAIGN - TODAY AT ALL MASSES

Who will the monies be going to ?

The focus of the 2024 campaign is support for the formation of new priests and for the care of retired priests - those who have served the community of faith in the past and those who will do so in the future. **(Note that these are Diocesan Seminarians and Priests - NOT CARMELITES; the Order has to train and look after its candidates and priests, for which it requires the support of the people we serve).** However, tax-deductible donations for this Archbishop's Campaign go to the Archbishop's Charitable Fund, which supports Corpus Christi College Building Fund, Priests Retirement Foundation, John Pierce Centre, Melbourne Overseas Mission, University of Divinity Building Fund and other deductible gift recipient entities such as Catholic community agencies and service organisations.

Non deductible donations go to Catholic Archdiocese of Melbourne Religious Projects Fund, which supports seminarian formation and evangelisation initiatives such as World Youth Day.

Any unallocated and loose collections will go to Catholic Archdiocese of Melbourne Religious Projects Fund.

24 & 25 August Giving Weekend

You can make a contribution to this campaign by **placing cash in the envelopes inserted into the newsletter or via credit card using the QR code provided.**

Your completed envelope can then be placed in the baskets provided at the entrances to the churches.



**THE PARISH OF PORT MELBOURNE AND MIDDLE PARK
IS COMMITTED TO THE SAFETY,
WELLBEING AND DIGNITY OF ALL CHILDREN,
YOUNG PEOPLE AND VULNERABLE ADULTS.**