



# THE CARMELITE

Parish of Port Melbourne and Middle Park  
in the care of the Carmelites since 1882

*We acknowledge the Yaluk-ut Weelam Clan, the traditional owners and custodians of this land. We pay our respects to them.  
May we walk gently here.*

**18th Sunday in Ordinary Time**

**1 August 2021**

My dear Parishioners,

Greetings with the hope that this newfound "freedom" can last!

## **1st EUCHARIST CELEBRATIONS**

After a very confused year for everyone, our 1st Eucharist candidates and their families (with limited numbers) will celebrate the reception of the Sacrament on Saturday, 7 August at 4:00pm. It should be a joyous occasion for everyone and again, I would ask that you pray for these young men and women.

## **CONFIRMATION CANDIDATES**

Our Confirmation candidates will be joining us for the Saturday evening Mass over the next three weeks. Please make them welcome and remember them in your prayers.

## **FR. MATTHEW'S 90TH BIRTHDAY**

On Sunday, 8th August, Matthew will turn 90! It is a great milestone and one to give thanks for. On that Sunday he will celebrate the 10:30am Mass at Mount Carmel along with his fellow Carmelites. Sadly, because of COVID-19 restrictions, we cannot have a party to mark the occasion, however, we will do so when things become clearer on the number of people who can gather. You might like to wish him well or write to him at 95 Stokes Street, Port Melbourne. Vic 3207 or even send him an email at [mtthwmcph@gmail.com](mailto:mtthwmcph@gmail.com) – yes, at the ripe age of 89 he has mastered the art of emails and web browsing! Ad multos annos!

## **A REMINDER**

Don't forget that masks are still required to be worn both indoors and outdoors and it's imperative that everyone checks in with the QR code as required by law. For this reason only the side doors at Mount Carmel will be opened for the foreseeable future. It is still a requirement by the Archdiocese that we have COVID marshals at the doors for all our liturgies. If you are able to help could you please contact the parish office or see either Rob or James at church.

Stay warm, healthy and at a required distance from each other.

Blessings,

**Both our Churches are fitted with a hearing induction loop. Please use the 'T' or other appropriate switch on your hearing aid. Please tell us if you experience any difficulty.**

# OUR PARISH

## **Churches**

St Joseph's  
cnr Rouse & Stokes Streets  
Port Melbourne

Our Lady of Mount Carmel  
cnr Richardson & Wright Streets  
Middle Park

## **Sunday Masses**

6.00pm (Sat) Mount Carmel  
9.00am Saint Joseph's  
10.30am Mount Carmel

## **Reconciliation**

after 9.00am Mass Saturday

## **Carmelite Parish Office**

274 Rouse Street  
Port Melbourne Vic 3207

Telephone 03 9681 9600  
Facsimile 03 9681 9608

After Hours Emergency  
0408 754 283

Email [parish@sj-mc.org.au](mailto:parish@sj-mc.org.au)

Parish Website [www.sj-mc.org.au](http://www.sj-mc.org.au)

Carmelite Website  
[www.carmelites.org.au](http://www.carmelites.org.au)

## **Office Hours 9am-4pm (non COVID times)**

## **Monday, Wednesday, Friday (CLOSED TUESDAYS & THURSDAYS)**

### **Parish Priest**

Fr Hugh Brown OCarm

### **Parish Secretary**

Anne Ierardo

### **Pastoral Life Co-ordinator**

Michael Murray

### **Finance Officer**

Shane Harrison

### **Facilities Manager**

Ken Chaffer

### **Safeguarding Officer**

Frances Correa

## **Galilee Regional Catholic Primary School**

Bank Street  
South Melbourne Vic 3205  
Telephone 03 9699 2928

# THIS WEEK

## **Monday 2 August**

9.00am Mass, St Joseph's

## **Tuesday 3 August**

9.00am Mass, Mt Carmel

## **Wednesday 4 August**

9.00am Mass, St Joseph's **followed by**  
Exposition of the Blessed Sacrament

## **Thursday 5 August**

9.00am Mass, Mt Carmel

## **Friday 6 August**

9.00am Mass, St Joseph's, **followed by**  
Exposition of the Blessed Sacrament

## **Saturday 7 August**

9.00am Mass, Mt Carmel  
6.00pm Vigil Mass, Mt Carmel

## **Sunday 8 August**

9.00am Mass, St Joseph's  
10.30am Mass, Mt Carmel (Fr Matthew's 90th Birthday)  
11.30am Baptisms after Mass, Mt Carmel

# WE REMEMBER

## ***Those who are sick or ill and in need of prayer:***

Tommy Bednar, Paul Caghi - Cao, Nawal Cox, Maria De Nittis, Kate Downey, Kelly Edwards, Judy Fairhall, Gigi Fakkah, Frances Farrugia, Lyn Faul, Rose Fennell, Gary Finn, Maurice Fitzpatrick, Gerard Friary, Ivy Hermence, Marino Mihocic, Felicity Morgan, Marie O'Connor, Sylvia Poliakova, Rafal Rafalski, Michael Ristevski, Lucie Carmen Rodriguez, Dennis Rohan, Lorraine Rohan, Keith Ryder, Sarah Abdel-Said, Teresa Sheehan, Jane Spiteri, Helen Stanley, Jim Sullivan, Maureen Toohey, Troy Vincent, Julie Wain, Sr Barbara Walsh RSG, Jonathon Wil, Vivienne Williams, Tami Yap.

***Those whose have died recently:*** all those affected by COVID\_19 throughout the world.

***Those whose anniversaries of death occur about this time:*** Kathleen Underwood, Carmelites, Pat Harney, Salvinus Nijenhuis and Frank Shortis.

# IN OUR PARISH

**Exposition of the Blessed Sacrament and Novena to the Sacred Heart of Jesus** will follow the 9.00am Mass at St Joseph's Port Melbourne on Friday 6 August

## August 2021 Parish Men's Dinner

Wednesday 25 August 2021, 6:45 pm, O'Connor-Pilkington Rooms, OLMC.

Speaker: Ron Curtain, former family law barrister and Federal Circuit Judge  
"Family law experiences"

RSVP: John Molloy - 9699 2031 Cost: \$35

## Social Justice Sunday August 29, 2021

**We cannot merely pray to you, O God, to end war,**  
For we know that you have the world in a way that people must find their own path to peace within themselves and with their neighbours.

**We cannot merely pray to you, O God, to end starvation,**

For You have already given us the resources with which to feed the entire world,  
If we would only use them wisely.

**We cannot merely pray to You, O God, to root out prejudice,**

For you have already given us eyes with which to see the good in all people,  
If we would only use them rightly.

**We cannot merely pray to You, O God, to end despair,**

For you have already given us the power to clear away slums and to give hope,  
If we would only use our power justly.

**We cannot merely pray to You, O God, to end disease,**

For you have already given us great minds with which to search out cures and healing,  
If we would only use them constructively.

Therefore, **we pray to You instead, O God, for strength, determination and will power, To do,** instead of just pray,  
**To become,** instead of merely to wish.

Social Justice Resource Centre, Jack Riemer

# MINISTERS

## 7/8 August Mary of the Cross

### 6.00pm Mount Carmel (Vigil)

*Commentator:* Norman Maguire

*Readers:* Mary Chow

*Eucharistic Ministers:* Joe Chow

*Communion to the Sick:* N/A

### 9.00am St Joseph's

*Commentator:* Elisabeth Northam

*Reader:* Marlene Jorgensen

*Eucharistic Ministers:* Elaine Chaffer

*Counters:* Brian Harrison & Toni Stuart

*Childrens' Liturgy:* N/A

### 10.30am Mount Carmel

*Commentator:* Sally Diserio

*Readers:* Clive Wansbrough

*Eucharistic Ministers:* Pam Newman

*Childrens' Liturgy:* N/A

*Hospitality:* N/A

# THANK YOU

## for your generosity last Sunday

### St Joseph's

*Carmelite and Parish Offering* \$ N/A

### Our Lady of Mt Carmel

*Carmelite and Parish Offering* \$ N/A

# THE CARMELITE CENTRE

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## **Carmelite Conversation: Music as Prayer with Paul Sireh OCarm, via zoom: Wednesday 4 August, 10.30am - 12.00pm**

This reflection connects the secular with the sacred and helps us to recognise that God communicates in the everyday moments of life. We will experience Christian music as prayer that is both transcendental and incarnational. Music enhances our lives as well as our worship and prayer. All types of music, secular and sacred, form part of our everyday experiences and life. Christian music, however, has another dimension. As Pope Emeritus Benedict reflected, ***“Great music arouses profound emotions and almost naturally invites us to raise our minds and our hearts to God. Music can become Prayer.”***

### **About Paul**



I come from the beautiful Manus Island, north of Papua New Guinea. I left home when I was 17 years old. I am the eighth born of nine siblings. Since 2012 three of my older brothers have died leaving five of us, four boys and one girl.

I joined the Carmelites in 2000 and was solemnly professed in 2005 and ordained at the end of that year. I was appointed in two parish communities after ordination in 2006-2016. I then took 2 years on sabbatical and then am appointed as a full time chaplain to Whitefriars college till now.

I love liturgy and am passionate about music in my 15 years as an ordained Carmelite. As a chaplain to Whitefriars College it is a joy to experience a new ministry, coming into a big community of students and teachers who share the same ethos and living the Carmelite charism. I enjoy being involved in the various liturgies and college events. It is a peaceful environment. Now as the full-time chaplain with the Religious Education team, I feel I am putting my gift of liturgy into practice and gaining new experiences. Music is a vital part of the liturgy that makes my priestly ministry vibrant and prayerful.

All are welcome to join. Please book below so you can be sent the zoom link and any pre-reading material, and pay through bank transfer. Thank you

**BSB No: 083 347 Account No: 542352991**

**Account Name: The Carmelite Centre**

**Price \$10.00 Please make sure your name is the reference so we can easily identify on statement.**

*The Carmelite Centre is a joint venture of the Carmelites of Australia and East Timor and our Parish of Port Melbourne/Middle Park.*

**Address: 214 Richardson Street, Middle Park Vic 3206 (Mel Ref 2K C10)**

**T: (03) 9690 5430 Website: [www.thecarmelitecentremelbourne.org](http://www.thecarmelitecentremelbourne.org)**

### **Carmelite Centre Program Bookings**

T: 9690 5430 (leave message if unattended) or [reregistration@thecarmelitecentremelbourne.org](mailto:reregistration@thecarmelitecentremelbourne.org)  
via website: [www.thecarmelitecentremelbourne.org](http://www.thecarmelitecentremelbourne.org)

# REFLECTION ON THIS WEEK'S READINGS

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The crowds and the disciples in John's Gospel are always getting their wires crossed when they listen to Jesus. They rarely understand his deeper message.

They're like the couple who had been snowbound in Seattle for two weeks. Affectionately they used to call each other 'husband' and 'wife'. They planned to go down to Florida to get some sun. The husband got away from his work one day early and departed for Miami Beach, where he was to meet his wife the next day. They were looking forward to quality time together in the bright sunshine. Unfortunately, there was some sort of mix up at the boarding gate, and the husband was told he would have to wait for the overnight redeye special. He tried to appeal to a supervisor, but to no avail.

Upon arrival at the hotel the next day, he discovered that Miami Beach was having a heat wave, and its weather was almost as uncomfortably hot as Seattle's was cold. The desk clerk gave him a message that his wife would arrive as planned. He could hardly wait to get to the pool area to cool off, and quickly sent his wife an email, but in his haste he made an error in the email address.

His message arrived at the home of an elderly preacher's wife whose even older husband had died only the day before. When the grieving widow opened her email, she took one look at the monitor, let out an anguished scream, and died on the spot. Her family rushed to her room where they saw this message on the screen:

'Dearest wife, departed yesterday as you know, but just now got checked in. Some confusion at the gate. Appeal was denied. Received confirmation of your arrival tomorrow. Your loving husband. P.S. Things are not as we thought. You're going to be surprised at how hot it is down here.'

Following the feeding of the five thousand, the crowd thinks that when Jesus says he is the Bread of Life he is simply referring to the source of their next meal. If this were true it could put a new spin on what some might mean when they use the term 'cafeteria Catholicism'.

Jesus, however, is referring to himself as the fulfilment of all appetites, where we will never be hungry or thirsty again. Appetites are important things. They demand regular attention. Physical appetites tell us that we need nourishment, hydration, exercise or sleep. We have learnt to read our body's signs and if we ignore them we die. We also have emotional appetites, where we need affection, acceptance and a listening ear. If we ignore these signs our mental health deteriorates and our quality of life is compromised. Jesus, however, also alerts us to our spiritual appetites. These are the needs we have for Him, for meaning and purpose, for faith, hope and love. If we ignore these appetites we can lose sight of where we came from, why we are here, and where we are going.

As the sixth chapter of John's Gospel goes on, Jesus becomes clearer about the hunger and thirst he has come to fill. And as he does the crowd's wires get uncrossed

**continued on page 12**

# OUR LITURGY

## PROCESSIONAL HYMN

## YOU ARE THE VOICE

REFRAIN

You are the voice of the liv - ing  
God, call - ing us now to live in your  
love, to be chil - dren of God once a - gain!

1.-3. to Verses Final ending VERSES: Cantor

1. Praise for the
2. Praise for the
3. Praise for the

light that shines through the night, from dark-ness to  
wa - ter that springs from the sea, the seed that gives  
sing - ing and praise for the dance, with new heart and  
light, from death to new life, and praise to the  
life to all who be - lieve, God's love o - ver -  
voice, all raise the song of praise to cre -  
morn - ing that brings forth the sun, to o - pen our  
flow - ing, our hearts know the joy to be daugh - ters and  
a - tion: all hea - ven and earth, come sing of the  
All  
eyes to the Lord! To o - pen our  
sons of the Lord! To be daugh - ters and  
glo - ry of God! Come sing of the

D.C.

eyes to the Lord! For  
sons of the Lord! For  
glo - ry of God! For

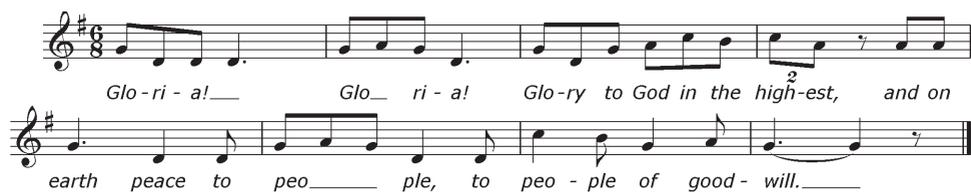
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## PENITENTIAL RITE



Lord, have mer-cy, have mer-cy on us. Christ, have mer-cy, have  
mer-cy on us. Lord, have mer-cy, have mer-cy on us.

## GLORIA



Glo-ri - a! — Glo - ri - a! Glo-ry to God in the high<sup>2</sup>-est, and on  
earth peace to peo - ple, to peo - ple of good - will. —

## FIRST READING

### *Exodus 16:2-4. 12-15*

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our hearts content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them this way to see whether they will follow my law or not.'

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your hearts content. Then you will learn that I, the Lord, am your God." And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

RESPONSORIAL PSALM      PSALM 77 (78)      THE LORD GAVE THEM BREAD

Responsorial Psalm

Ps 77:3-4, 23-25, 54. R v.24

John Schiavone



The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might.

Yet he commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven.

Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won.

SECOND READING

*Ephesians 4:17, 20-24*

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

GOSPEL ACCLAMATION



## GOSPEL

### *John 6:24-35*

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:

'I tell you most solemnly,  
you are not looking for me because you have seen the signs  
but because you had all the bread you wanted to eat.  
Do not work for food that cannot last,  
but work for food that endures to eternal life,  
the kind of food the Son of Man is offering you,  
for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.'

Jesus answered:

'I tell you most solemnly,  
it was not Moses who gave you bread from heaven,  
it is my Father who gives you the bread from heaven, the true bread;  
for the bread of God is that which comes down from heaven  
and gives life to the world.'

'Sir,' they said 'give us that bread always.' Jesus answered:

'I am the bread of life.  
He who comes to me will never be hungry;  
he who believes in me will never thirst.'

## APOSTLES CREED

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried; he descended into hell;  
on the third day he rose again from the dead;

he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body, and life everlasting. Amen.

Cel: The Lord be with you. **All: And with your Spirit.**

Cel: Lift up your hearts. **All: We lift them up to the Lord.**

Cel: Let us give thanks to the Lord, our God. **All: It is right and just.**

*The Celebrant prays the preface at the end of which all sing:*

## HOLY, HOLY

Ho-ly, ho-ly, ho-ly Lord God of hosts. Heav-en and earth are  
full of your glo-ry. Ho-san-na, ho-san-na, ho-san-na in the high-est.  
Bless-ed is he who comes in the name of the Lord. Ho-san-na, ho-san-na, ho-  
san-na in the high-est. Ho-san-na, ho-san-na, ho-san-na in the high-est.

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## THE MYSTERY OF FAITH

We pro-claim your Death, O Lord, and pro-fess your res-ur - rection un-  
til you come a - gain. Un - til you come a - gain.

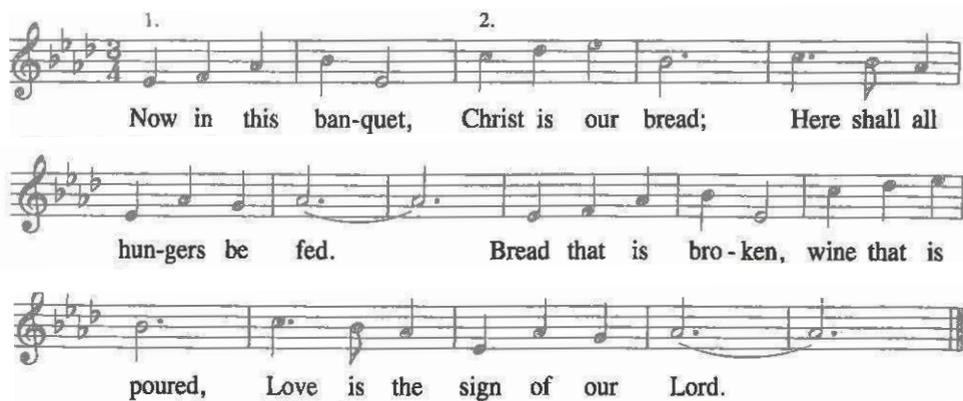
## LAMB OF GOD

Lamb of God, you take a-way the sins of the world. Have  
mer-cy on us. world. Grant us peace.

Cel: Behold the Lamb of God.  
Behold him who takes away the sins of the World.  
Blessed are those called to the supper of the Lamb.

**All: Lord I am not worthy that you should enter under my roof,  
but only say the word and my soul shall be healed.**

COMMUNION HYMN: NOW IN THIS BANQUET



1. Now in this banquet, Christ is our bread; Here shall all  
hun-gers be fed. Bread that is bro-ken, wine that is  
poured, Love is the sign of our Lord.

Verses



1. You who have touched us and graced us with love,  
2. Let our hearts burn with the fire of your love;



make us your peo - ple of good-ness and light.  
o - pen our eyes to the glo - ry of God.



3. God who makes the blind to see, God who makes the lame to walk,

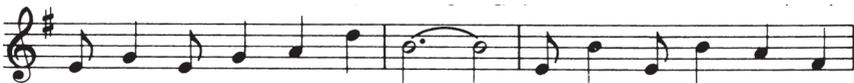


bring us danc - ing in - to day, lead your peo - ple in your way.

Ernest Sands



1. Sing of the Lord's good-ness, Fa-ther of all wis-dom,  
 2. Pow-er he has wield-ed, hon-or is his gar-ment,



1. come to him and bless his name.— Mer-cy he has shown us,  
 2. ris-en from the snares of death.— His word he has spo-ken,



1. his love is for-ev-er, faith-ful to the end of days.—  
 2. one bread he has bro-ken, new life he now gives to all.—



Come, then, all you na-tions, sing of your Lord's good-ness, mel-o-dies



of praise and thanks to God. Ring out the Lord's glo-ry, praise him with



your mu-sic, wor-ship him and bless his name.—

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### From Page 5

and they're shocked. Jesus, the Bread of Life, is interested in us fulfilling our physical, emotional and spiritual appetites in this world as a way of glimpsing the life to come in Him, where all our hungers and thirsts will be fulfilled.

May this Eucharist prepare us for the day when our confirmed departure from this world comes. May there be no confusion at the gate, no need for any appeals and may we be reunited with those we love as we bask in the warmth of the Son's love, as he shows us to our place at the Eternal Banquet.

**THE PARISH OF PORT MELBOURNE AND MIDDLE PARK  
 IS COMMITTED TO THE SAFETY,  
 WELLBEING AND DIGNITY OF ALL CHILDREN,  
 YOUNG PEOPLE AND VULNERABLE ADULTS.**