



# THE CARMELITE

Parish of Port Melbourne and Middle Park  
in the care of the Carmelites since 1882

*We acknowledge the Yaluk-ut Weelam Clan, the traditional owners and custodians of this land. We pay our respects to them. May we walk gently here.*

**7th Sunday in Ordinary Time    19th February 2023**

Dear sisters and brothers,

As Jesus continues his 'Sermon on the Mount' in this week's Gospel reading, he continues to emphasise that it is the values, attitudes, convictions and motivations that underpin our behaviour that is most important; much more so than any strict observance of "the Law and the Prophets" which might make us look good to others but which isn't motivated primarily by love for the other.

In following Jesus' "Way" of "fulfilling" the Law and the Prophets, we are challenged to go beyond observing their legal prescriptions and to really reach out to the other from our hearts in love and compassion and forgiveness, no matter who they are or what they have done. This is not easy! We can all think of instances where a loving, compassionate and forgiving response seems not only inappropriate, but stupid. This is the "wisdom of this world" which St Paul refers to in today's 2nd Reading. However, the "folly of the Cross", central to our Christian calling, suggests otherwise. God's love and compassion for us and forgiveness of us is total and unconditional, if we accept it ... no matter who we are or what we have done. Extraordinary! We are privileged to be called to follow the "Way" of Jesus. Hence, "turn the other cheek", be lavishly generous, "go the extra mile", "love your enemy". Ultimately, "be perfect just as your heavenly Father is perfect"!

What an extraordinary and challenging calling, to which we are all making faltering responses as "pilgrims" on a journey. But God, through the life of his Spirit in us, is with us on the journey ... loving, forgiving and encouraging us. May we continue our journey in faith and hope, ever reliant on and grateful for this boundless love, compassion, mercy and forgiveness for us ... and for all!

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This coming Wednesday, 22 February is **Ash Wednesday**, marking the beginning of Lent. **Mass, including the blessing and distribution of ashes, will be celebrated at 9am at St Joseph's Church and at 7pm at Our Lady of Mount Carmel Church.** Please join us if you can as a way of entering into the season of Lent in preparation for the great feast of Easter.

One of the most important outcomes of our recent Staff Planning Day, was the determination of preparation and celebration dates for the children being presented for

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**Both our Churches are fitted with a hearing induction loop. Please use the 'T' or other appropriate switch on your hearing aid. Please tell us if you experience any difficulty.**

# OUR PARISH

## **Churches**

St Joseph's  
cnr Rouse & Stokes Streets  
Port Melbourne

Our Lady of Mount Carmel  
cnr Richardson & Wright Streets  
Middle Park

## **Sunday Masses**

5.00pm (Sat) Mount Carmel  
9.00am Saint Joseph's  
10.30am Mount Carmel

## **Reconciliation**

after 9.00am Mass Saturday

## **Carmelite Parish Office**

274 Rouse Street  
Port Melbourne Vic 3207

Telephone 03 9681 9600  
Facsimile 03 9681 9608

After Hours Phone Number  
0419 136 030  
Email parish@sj-mc.org.au

Parish Website www.sj-mc.org.au

Carmelite Website  
www.carmelites.org.au

## **Office Hours:**

Tuesday - 9am - 4pm  
Wednesday - 9am-4pm  
Friday - 9am-12pm  
**(CLOSED MONDAYS & THURSDAYS)**

## **Parish Priest**

Fr Paul Cahill, OCarm

## **Parish Secretary**

Cathy Garbellini

## **Pastoral Assistant**

Kelly McEnhill

## **Finance Manager**

Melissa Perkins

## **Sacramental Co-Ordinator**

Elise Rimington

## **Safeguarding Officer**

Frances Correa

## **Facilities Manager**

Dave Fletcher

## **Galilee Regional Catholic Primary School**

Bank Street, South Melbourne 3205  
Telephone 03 9699 2928

# THIS WEEK

## **Monday 20 February**

9.00am Mass, St Joseph's

## **Tuesday 21 February**

9.00am Mass, Mt Carmel

## **Wednesday 22 February - Ash Wednesday**

9.00am Mass, St Joseph's

7.00pm Mass, Mt Carmel

## **Thursday 23 February**

9.00am Mass, Mt Carmel

## **Friday 24 February**

9.00am Mass, St Joseph's

## **Saturday 25 February**

9.00am Mass, Mt Carmel

5.00pm Mass, Mt Carmel

## **Sunday 26 February - 1st Sunday of Lent**

9.00am Mass, St Joseph's

10.30am Mass, Mt Carmel

# WE REMEMBER

*As we start a new year the names of those needing our prayers have been refreshed.*

**Those who are sick or ill and in need of prayer:** Marie Callahan, Michael DeNittis, Gus Gleason, Grace Gordon, Marta Menjivar, Baby Alba Middleton, Sian Middleton, Michael Rudov, Jill Ridge, Chris Silkok, Ailbe Sheehy & Sash Somerset-Beauverie.

### **Those whose have died recently:**

Carmen Mifsud, Richard Orr, Mary Theuma, Sr Julie Thomas, Elizabeth Van Keuleh, casualties of the Ukrainian/Russian conflict, casualties of the earthquake in Turkey & Syria and those affected by COVID.

### **Those whose anniversaries of death occur about this time.**

Matthew Garbellini, Marie Mulrooney, Sarah Tidey and Carmelite Thomas Butler.

**Sacraments of Initiation** this year. Such preparation and celebration necessarily involves the parents of children being presented for **Baptism, Confirmation, 1st Eucharist and 1st Reconciliation**. Fortunately, one of our very skilled and experienced Catholic Primary School Teachers, parishioner Elise Rimington, has very generously offered to coordinate both the preparation for and celebration of these various sacraments. Once electronic booking forms are finalized, details will be announced and parents will be able to enrol their children in the respective processes involved. I am extremely grateful to Elise for stepping up voluntarily to this very important "Sacramental Coordinator" role, one from which I believe our whole community will gain rich benefits.

We also discussed the celebration of the **Sacrament of Anointing of the Sick** for parishioners who would like it. Beginning in March, we will offer the Sacrament of Anointing within the **9am Mass at St Joseph's on the 1st Wednesday of each month and at Our Lady of Mt Carmel on the 1st Thursday of each month**. Of course, we are always happy to celebrate this sacrament with parishioners who are sick and housebound in their homes or in a hospital or care facility. If you would like this for yourself or your loved one, please contact the Parish Office or, in an emergency, ring 0419 136 030.

The initial meeting for the year of the **Parish Finance Council** occurred last Tuesday and we identified that there is much for us to address. We would hope to do this as the year unfolds and communicate with you as various issues are discussed. I am very grateful to those who have generously offered to be part of this Council.

Blessings on your coming week.

*Paul Cahill, O.Carm.,  
Parish Priest*

# ARCHDIOCESE

## **25/26 February 1st Sunday of Lent**

### **5.00pm Mount Carmel (Vigil)**

*Commentator: Pat Mount*

*Reader: Abramo Ierardo*

*Communion: Kathy Mount*

*Music: Kelly McEnhill*

### **9.00am St Joseph's**

*Commentator: Brian Harrison*

*Reader: Vicky Howell*

*Communion: Cathy Garbellini*

*Counters: Jane Dee & Jim Power*

*Music: Joan Cusack*

*Hospitality: TBD*

### **10.30am Mount Carmel**

*Commentator: Kathleen Kiernan*

*Reader: Nina Batsakis*

*Communion: Margaret Fagan*

*Music: Peter Russo*

*Hospitality: Margaret Blades*

### **Communion to the Sick:**

*Frances Correa*

# THANK YOU

*for your generosity last Sunday*

### **St Joseph's**

*Carmelite and  
Parish Offering \$ 649.50*

### **Our Lady of Mt Carmel**

*Carmelite and  
Parish Offering \$ 1,404.15*

# PARISH NEWS

## PORT MELBOURNE-MIDDLE PARK PARISH OFFICE HOURS

The new Parish Office Hours for 2023 are:

Monday	Closed
Tuesday	9:00am - 4:00pm
Wednesday	9:00am - 4:00pm
Thursday	Closed
Friday	9:00am - 12:00pm
Public Holidays:	Closed

You can contact us by:

Telephone : 9681-9600

Email: [parish@sj-mc.org.au](mailto:parish@sj-mc.org.au)

If you need a priest **URGENTLY**, please call **0419 136 030**.

### February 2023 Parish Men's Dinner

Wednesday 22 February 2023,  
6:45 pm, O'Connor-Pilkington Rooms, OLMC.

Speaker: Daniel O'Connor,  
former Deputy Chief Psychiatrist,  
Dept of Health Vic,  
and Professor of Old Age Psychiatry,  
Monash University -

"Reforming Victoria's public mental health services".

RSVP: John Molloy - 9699 2031

Cost: \$40\*

\*increase due to increasing cost of living.



### Welcome to our Family

Today at Our Lady of Mount Carmel we welcome Rían Eduardo Manning as he receives the Sacrament of Baptism.

Please keep the Rían, his parents and godparents in your prayers.



### Project Compassion Sunday 18 & 19 February



Please take home a Project Compassion box or set of donation envelopes to support Caritas Australia this Lenten season and help support vulnerable people around the world, now and **For All Future Generations**.



With your support, Caritas Australia has been able to support communities around the world to tackle poverty, food security, education, water and sanitation and disaster risk reduction. Project Compassion 2023 reminds us that the good that we do today will extend and impact the lives of generations to come.

As St Pope John Paul II said, "**The future starts today, not tomorrow**".

Together, we can help vulnerable communities face their challenges today and build a better tomorrow **For All Future Generations**.

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting [caritas.org.au/project-compassion](http://caritas.org.au/project-compassion), or by calling 1800 024 413.



### Pastoral Care Appeal

**Thank you!** Last weekend, we conducted the annual Pastoral Care Appeal in our parish. The presence of Catholic Chaplains is a crucial witness to our faith, a crucial dimension of our service of love, and a vital testimony to the value of life in all its stages. Thankyou to those who supported this appeal.

If you still wish to donate or if you would like to have more information about the Chaplaincy Services, please visit [www.catholiccarevic.org.au](http://www.catholiccarevic.org.au) or call (03) 9287 5513. You can also donate using the envelopes available at the back of the church.

Please join Catholic Theological College to celebrate 50 years of theological education at the **Sung Celebration of Evening Prayer**

Guest Speaker Dr Graeme Blackman AO  
*Chancellor of University of Divinity*

Date: Sunday 5th March 2023 at 3.30pm  
Location: St Patrick's Cathedral,

East Melbourne

Enq: [sarah.styring@ctc.edu.au](mailto:sarah.styring@ctc.edu.au) or Ph 9412 3333



## PASCHAL CANDLES

For the last 23 years I have had the privilege and pleasure of designing and painting the Paschal Candles that grace both our churches but now the time has come to hand on this role. When I created my first candle in 2000 I knew nothing about the process and back then there was no Instagram inspiration to be had, so it was very much learning by doing.

Over the years it became a ritual for me to seek out an idea, plan a design and paint each candle as part of my own Easter preparations. It has been a prayerful and meditative experience. For anyone who has a creative spark it is a wonderful opportunity. The design does not need to be elaborate and only a few elements need to be incorporated. So, if there is anyone who would like to give it a try, I would be very happy to teach the practicalities of painting on wax. Contact Cathy in the Parish Office (9681-9600) if you think this might be for you.

Sally Diserio

## REFLECTION ON THIS WEEK'S READINGS

### Warfare and the Church

'Be perfect as your Heavenly Father is perfect.' Is Jesus advocating rather static faultlessness? Not very appealing! No, the Greek word is closer to the idea of a perfect wine – one that has matured and has reached its full potential. So, Our Lord is saying, 'Be a person who is everything you are capable of being.'

Our Lord gives a striking example of the challenge. God does not withhold life-giving sun and rain from people because they are bad or dishonest, nor extinguish the life of human beings because they are evil, because they are enemies.

What are the implications for Church teaching on capital punishment or warfare? Note that Jesus' command: 'You must be ...' is directed to You in the plural. It is communal, social. The Church community must listen. Is the Holy Spirit moving us in a direction not experienced since its first three centuries?

We could pause for a moment to pray on behalf of those who want to do us harm, the better to hear: 'Blessed are the peacemakers.'

© Fr Michael Tate

## OUR LITURGY

### PROCESSIONAL HYMN - SING TO THE MOUNTAINS

Bob Dufford

**ANTIPHON**

Sing to the moun-tains, sing to the sea. Raise your voi-c es, lift your hearts.

This is the day the Lord has made. Let all the earth re- joice.

**VERSE 1**

I will give thanks to you, my Lord. You have an-swered my plea.

to Antiphon

1. You have saved my soul from death. You are my strength and my song.

**VERSE 2**

2. Ho ly, Ho ly, Ho ly Lord.

to Antiphon

2. Heav en and earth are full of your glo ry.

**VERSE 3**

3. This is the day that the Lord has made. Let us be glad and re joice.

3. He has turned all death to life. Sing of the glo ry of God.

to Antiphon

Text based on Ps 118. Text and music © 1973, Robert J. Dufford, SJ and New Dawn Music.  
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## GLORIA

Refrain  
Glo-ry to God in the high-est,  
peace to his peo - ple on earth.

### Verses

1. Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.
2. Lord Jesus Christ, only Son of the Father.  
Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father.  
receive our prayer.
3. For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God, the Father. Amen! Amen!

Music: Mass of Creation, Marty Haugen, © 1984, GIA Publications, Inc.

## FIRST READING

### *Leviticus 19:1-2, 17-18*

The Lord spoke to Moses; he said: 'Speak to the whole community of the sons of Israel and say to them: "Be holy, for I, the Lord your God, am holy.

"You must not bear hatred for your brother in your heart. You must openly tell him, your neighbour, of his offence; this way you will not take a sin upon yourself. You must not exact vengeance, nor must you bear a grudge against the children of your people. You must love your neighbour as yourself. I am the Lord."

## RESPONSORIAL PSALM

### PSALM 103 - THE LORD IS KIND AND MERCIFUL

**Response:** *The Lord is kind and merciful, slow to anger and rich in compassion.*

Bless the Lord, O my soul;  
and all my being, bless his holy name.  
Bless the Lord, O my soul,  
and forget not all his benefits.

**Response**

He pardons all your iniquities,  
heals all your ills.  
He redeems your life from destruction,  
crows you with kindness and compassion.

**Response**

He will not, he will not always chide,  
Nor does he keep his wrath forever.  
Not according to our sins does he deal with us,  
nor does he requite us according to our crimes.

**Response**

For as the heavens are high above the earth,  
so surpassing is his kindness towards those who fear him.  
As far as the east is from the west,  
so far has he put our transgressions from us.

**Response**

## SECOND READING

### *1 Corinthians 3:16-23*

Didn't you realise that you were God's temple and that the Spirit of God was living among you? If anybody should destroy the temple of God, God will destroy him, because the temple of God is sacred; and you are that temple.

Make no mistake about it: if any one of you thinks of himself as wise, in the ordinary sense of the word, then he must learn to be a fool before he really can be wise. Why? Because the wisdom of this world is foolishness to God. As scripture says: The Lord knows wise men's thoughts: he knows how useless they are, or again: God is not convinced by the arguments of the wise. So there is nothing to boast about in anything human: Paul, Apollos, Cephas, the world, life and death, the present and the future, are all your servants; but you belong to Christ and Christ belongs to God.

## GOSPEL ACCLAMATION

### ALLELUIA

*Mass of Christ the Savior*  
Dan Schutte



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## GOSPEL

### *Matthew 5:38-48*

Jesus said to his disciples: 'You have learnt how it was said: Eye for eye and tooth for tooth. But I say this to you: offer the wicked man no resistance. On the contrary, if anyone hits you on the right cheek, offer him the other as well; if a man takes you to law and would have your tunic, let him have your cloak as well. And if anyone orders you to go one mile, go two miles with him. Give to anyone who asks, and if anyone wants to borrow, do not turn away.'

'You have learnt how it was said: You must love your neighbour and hate your enemy. But I say this to you: love your enemies and pray for those who persecute you; in this way you will be sons of your Father in heaven, for he causes his sun to rise on bad men as well as good, and his rain to fall on honest and dishonest men alike. For if you love those who love you, what right have you to claim any credit? Even the tax collectors do as much, do they not? And if you save your greetings for your brothers, are you doing anything exceptional? Even the pagans do as much, do they not? You must therefore be perfect just as your heavenly Father is perfect.'



## APOSTLES CREED

I believe in God, the Father almighty,  
 Creator of heaven and earth,  
 and in Jesus Christ,  
 his only Son, our Lord,  
 who was conceived by the Holy Spirit,  
 born of the Virgin Mary,  
 suffered under Pontius Pilate,  
 was crucified, died and was buried;  
 he descended into hell;  
 on the third day he rose again from the dead;  
 he ascended into heaven,  
 and is seated at the right hand of God the Father almighty;  
 from there he will come to judge the living and the dead.  
 I believe in the Holy Spirit,  
 the holy catholic Church,  
 the communion of saints,  
 the forgiveness of sins,  
 the resurrection of the body,  
 and life everlasting. Amen.

## OFFERTORY - SEEK YE FIRST

VERSE 1, 2 AND 4.

1.

1. Seek ye first the kingdom of God  
 2. Ask, and it shall be given unto you  
 3. You do not live by bread alone  
 4. Where two or three are gathered in my name

and his right - eous - ness,  
 seek his kingdom, but by his word,  
 there am I in their midst;

and all these things shall be added unto you;  
 knock, and the door shall be opened unto you;  
 that comes forth from the mouth of God;  
 and what - so - ev - er you ask I will do;

Al - le - lu, al - le - lu - ia.

2. *Optional Refrain, Descant, or Canon:*

Al - le - lu - ia, al - le - lu - ia,

al - le - lu - ia, al - le - lu, al - le - lu - ia.

*\*May be sung as a two-voice canon.*

Text: Matthew 6:31, 33; Music: Karen Lafferty, b. 1948  
 Tune: SEEK YE FIRST, Original: Karen Lafferty, b. 1948  
 © 1972, CCCM Music/Our Savior's Music/Holywood Benson Publishing (admin. CapitolCMG Publishing)

## COMMUNION HYMN

## I AM THE BREAD OF LIFE

## VERSES 1-3

Cel: The Lord be with you. **All: And with your Spirit.**

Cel: Lift up your hearts. **All: We lift them up to the Lord.**

Cel: Let us give thanks to the Lord, our God. **All: It is right and just.**

*The Celebrant prays the preface at the end of which all say:*

HOLY HOLY

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord

Hosanna in the highest.

LAMB OF GOD

Mass of the Resurrection  
Randall DeBruyn

Lamb of God, you take a way the sins of the world, have mercy on us. world, grant us peace.

Music © 2002, 2009, Randall DeBruyn. Published by OCP. All rights reserved.

Cel: Behold the Lamb of God.

Behold him who takes away the sins of the World.

Blessed are those called to the supper of the Lamb.

**All: Lord I am not worthy that you should enter under my roof,  
but only say the word and my soul shall be healed.**

## VERSES

Suzanne Toolan

1. I am the bread of life You who come to me shall not\_\_\_  
2. The bread that I will give is my flesh for the life of the\_\_\_  
3. Un - less you eat of the flesh of the Son of \_\_\_  
4. If I am the Res - ur - rec - tion I am the \_\_\_  
5. Yes, Lord, I be - lieve that you are the \_\_\_

1. hun - ger; you who be - lieve shall not thirst. No - one can  
2. world, and you who eat of this bread, you shall\_\_\_  
3. Man ? and drink of his blood, and drink\_\_\_  
4. life. You who be - lieve in me, ev - en\_\_\_  
5. Christ, ? the Son of God, Who

1. come to me un - less the Fa - ther beck-ons.  
2. live for ev - er. You shall live for - ev - er.  
3. of his blood, you shall not have life with - in you.  
4. if you die, You shall live for - ev - er.  
5. has come in - to the world.

## REFRAIN

And I will raise you up. and I will raise you

up. and I will raise you up on the last day.

## RECESSATIONAL HYMN - CITY OF GOD

Awake from your slumber, arise from your sleep  
A new day is dawning for all those who weep  
The people in darkness have seen a great light  
The Lord of our longing has conquered the night

**Refrain**

**Refrain:**      **Let us build the city of God**  
**May our tears be turned into dancing**  
**For the Lord, our light and our love**  
**Has turned the night into day**

We are sons of the morning; we are daughters of day  
The one who has loved us has brightened our way

**Refrain**

God is light, in him there is no darkness  
Let us walk in his light, his children one and all  
Oh comfort my people, make gentle your words  
Proclaim to my city, the day of her birth

**Refrain**

## NOTICEBOARD



### Position Vacant

The Brigidine Sisters have a position for two people to assist with hospitality for Community events in St Joseph's Parish Hall on Saturday 25th February and Saturday 25th March from 9.00 am - 3.00pm.

The role would include serving tea and coffee as sisters arrive, setting out and serving lunch and washing up afterwards.

For further information contact Cathy Flegg on 9509 0361 between 9.00 am and 3.00 pm.

**THE PARISH OF PORT MELBOURNE AND MIDDLE PARK  
IS COMMITTED TO THE SAFETY,  
WELLBEING AND DIGNITY OF ALL CHILDREN,  
YOUNG PEOPLE AND VULNERABLE ADULTS.**