



# THE CARMELITE

Parish of Port Melbourne and Middle Park  
in the care of the Carmelites since 1882

*We acknowledge the Yaluk-ut Weelam Clan, the traditional owners and custodians of this land. We pay our respects to them. May we walk gently here.*

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**4th Sunday of Lent 19th March 2023**

Dear sisters and brothers,

On this Fourth Sunday of Lent we “take a break”, so to speak, from the sombre, penitential, tone that characterizes Lent. This Sunday is known as Laetare Sunday, “Laetare” meaning “Rejoice”. To symbolize this, we wear “rose” (pink) coloured vestments (if we’ve got them). Rather than the more sombre purple.

This focus on rejoicing in the middle of Lent reminds us that our “fasting and penance” isn’t something we undertake for its own sake but because they help prepare us to be more ready to receive Christ the Light more fully into our lives. This gift, which we celebrate especially at Easter, is indeed cause for rejoicing. So, even in the midst of our Lenten journey of repentance and conversion, we must not lose sight of the rejoicing that is fundamental to our acceptance of Christ the Light.

This theme of rejoicing at Christ being the Light of our lives is underlined by today’s Gospel story of the man born blind. Not only does Jesus cure him of his physical blindness and his inability to perceive physical light, but he also leads him to embrace the gift of faith, by which he attains spiritual light. He comes to believe in Christ as the Light of his life. This contrasts with the “Pharisees” who, whilst retaining physical sight, are blind spiritually, failing to recognize and believe in Christ the Light.

As we give thanks for the gift of Christ as the Light of our lives, we pray that we might be strengthened to faithfully follow his Way.

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As foreshadowed last week, we celebrate the Feast of St Joseph, co-patron of our parish, this weekend. Whilst the liturgical celebration of this feast has been “bumped” this year from its normal date of 19 March (Sunday) to Monday 20 March, we will still do our best to rejoice and celebrate this Feast with coffee and cake after the 9am Mass at St Joseph’s. Please join us if you can – and also for Mass at 9am the following morning, Monday 20 March, for the liturgical celebration of St Joseph.

As Pope Francis reminded us in his Apostolic Letter on St Joseph last year, *Each of us can discover in Joseph – the man who goes unnoticed - a daily, discreet and hidden presence . . . an intercessor, a support and a guide in times of trouble. Saint Joseph reminds us that*

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**Both our Churches are fitted with a hearing induction loop. Please use the ‘T’ or other appropriate switch on your hearing aid. Please tell us if you experience any difficulty.**

## OUR PARISH

### Churches

St Joseph's  
cnr Rouse & Stokes Streets  
Port Melbourne

Our Lady of Mount Carmel  
cnr Richardson & Wright Streets  
Middle Park

### Sunday Masses

5.00pm (Sat) Mount Carmel  
9.00am Saint Joseph's  
10.30am Mount Carmel

### Reconciliation

after 9.00am Mass Saturday

### Carmelite Parish Office

274 Rouse Street  
Port Melbourne Vic 3207

Telephone 03 9681 9600  
Facsimile 03 9681 9608

After Hours Phone Number  
0419 136 030

Email [parish@sj-mc.org.au](mailto:parish@sj-mc.org.au)

Parish Website [www.sj-mc.org.au](http://www.sj-mc.org.au)

Carmelite Website  
[www.carmelites.org.au](http://www.carmelites.org.au)

### Office Hours:

Tuesday - 9am - 4pm

Wednesday - 9am-4pm

Friday - 9am-12pm

**(CLOSED MONDAYS & THURSDAYS)**

### Parish Priest

Fr Paul Cahill, OCarm

### Parish Secretary

Cathy Garbellini

### Pastoral Assistant

Kelly McEnhill

### Finance Manager

Mark Zanon

### Sacramental Co-Ordinator

Elise Rimington

### Safeguarding Officer

Frances Correa

### Facilities Manager

Dave Fletcher

### Galilee Regional Catholic Primary School

Bank Street, South Melbourne 3205  
Telephone 03 9699 2928

## THIS WEEK

### Monday 20 March

9.00am Mass, St Joseph's

### Tuesday 21 March

9.00am Mass, Mt Carmel  
12:30pm Funeral Prayers for Angelica Gannon, Mt Carmel

### Wednesday 22 March

9.00am Mass, St Joseph's

### Thursday 23 March

9.00am Mass, Mt Carmel

### Friday 24 March

9.00am Mass, St Joseph's - Stations of the Cross

### Saturday 25 March

9.00am Mass, Mt Carmel  
5.00pm Mass, Mt Carmel

### Sunday 26 March - 5th Sunday of Lent

9.00am Mass, St Joseph's  
10.30am Mass, Mt Carmel

## WE REMEMBER

**Those who are sick or ill and in need of prayer:** Lawrence Bassett, Grace Callaghan, Daphnie Cramer, Michael DeNittis, Maureen Dickason, Gus Gleason, Amelia Grace, Michael Gurry, Portia Hendrick, Marija Jelinic, Joan Laragy, Robert Masquirien, Marta Menjivar, Baby Alba Middleton, Sian Middleton, John Pringle, Rafal Rafakski, Jill Ridge, Keith Ryder, Chris Silkok, Ailbe Sheehy, Sash Somerset-Beauverie, & Tami Yap.

### Those whose have died recently:

Maria Hong Bach, Andzelika Gannon, Anita Heyma, Baby Hudson Joseph Nguyen, casualties of the Ukrainian/Russian conflict and those affected by COVID-19.

### Those whose anniversaries of death occur about this time.

Telcases Asha, Josie Hall and Carmelite David De Loughrey.

## IN OUR PARISH

### Welcome to our Family



Today at St Joseph's we welcome Max Fosterling and Harper & Oliver Hale as they receive the Sacrament of Baptism.

Please keep the children, their parents and godparents in your prayers.

### March 2023 Parish Men's Dinner

Wednesday 22 March 2023,  
6:45 pm, O'Connor-Pilkington Rooms, OLMC.

Speaker: **Guy Gilbert SC, lawyer**  
"South Sudan, the country and its community here".

RSVP: John Molloy - 9699 2031  
Cost: \$40

### Thanksgiving Offerings

#### Envelopes

The next series of Thanksgiving Envelopes are available for collection in the foyer of the churches. If you are able to deliver envelopes to people you know, that will help defray the cost of posting out those that are not collected.

#### Electronic Funds Transfer

If you would like to contribute via a regular *Electronic Funds Transfer* (our preferred method), the account details are:

**BSB: 083-347**

**Account Number : 58 216 8515**

**Account Name : Port Melbourne / Middle Park Parish**  
**Reference (for your offering): Surname & Envelope Number (e.g. Smith 123)**

#### New to Thanksgiving

If you are new to the parish and would like to join our Thanksgiving Program, please call Cathy at the Parish Office on 9681 9600 or email on [parish@sj-mc.org.au](mailto:parish@sj-mc.org.au).

**25/26 March 2023**  
**5th Sunday of Lent**

### 5.00pm Mount Carmel (Vigil)

Commentator: Mary Chow

Reader: Tris Tanumihardjo

Communion: Joe Chow

Music: Kelly McEnhill

### 9.00am St Joseph's

Commentator: Ron Cassano

Reader: Vicky Howell

Communion: Jack Glenda

Counters: Brian Rochford & Jim Power

Music: Kelly McEnhill

Hospitality: TBD

### 10.30am Mount Carmel

Commentator: Sally Diserio

Reader: Nina Batsakis

Communion: Ann Crump

Music: Br Anacleto

Hospitality: Margaret Blades

### Communion to the Sick:

Frances Correa

## THANK YOU

**for your generosity last Sunday**

### St Joseph's

Carmelite and  
Parish Offering \$ 590.30

### Our Lady of Mt Carmel

Carmelite and  
Parish Offering \$ 1,352.65

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those who appear hidden or in the shadows can play an incomparable role in the history of salvation. A word of recognition and of gratitude is due to them all. We ask St Joseph to pray for us and for all those who quietly support us in life.

Throughout Lent, the **Stations of the Cross** continue to be prayed each Friday at St Joseph's Church immediately after the 9am Mass. With **Palm Sunday** approaching in two weeks' time, please consider bringing some greenery to Mass on this day. It will be blessed as we recall Jesus' entry into Jerusalem.

**Enrolment Forms, containing details of the Preparation Process and relevant dates for the Sacraments of 1st Reconciliation, 1st Eucharist and Confirmation,** are available at the bottom of the Home Page of the parish website: <https://sj-mc.org.au/>

Blessings for the week ahead.

Paul Cahill, O.Carm.,  
Parish Priest

## PROJECT COMPASSION



**Caritas AUSTRALIA**

**Fourth Sunday of Lent  
18 & 19 March**

**PROJECT COMPASSION**

Thu lives in Vietnam. When Thu was 12 years old, he stepped on an unexploded land mine and lost his leg.

Living with a disability in rural Vietnam presented many challenges for Thu, who worked mainly as a rice farmer. Thu also took on the role of caring for his wife, Linh, after she suffered a stroke.

Determined to turn their lives around, Thu and Linh joined the Empowerment of People with Disabilities program, run by Caritas Australia's local partner in Vietnam, the Centre for Sustainable Rural Development (SRD).

For Thu, the greatest impact the program has had is enabling the change in Linh's physical and mental wellbeing. With the support of a physiotherapist, Linh can now walk short distances with the aid of a walking stick.

**Please donate to Project Compassion 2023.**

Together, we can help vulnerable communities face their challenges today and build a better tomorrow **For All Future Generations**.

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting [caritas.org.au/project-compassion](https://caritas.org.au/project-compassion), or by calling 1800 024 413.

Photo: Phan Tan Lam/Caritas Australia

## REFLECTION

### 4TH SUNDAY OF LENT - YEAR A

This week we hear the second of the three Great Gospels of Lent. Jesus gives the light of sight to the man born blind. Like the woman at the well in last Sunday's Gospel, the man born blind receives the gift of faith along with his sight. Like the woman at the well, he, too, becomes a witness for Christ, this time before the Pharisees.

The first reading reflects another theme in the Gospel. Faith brings new sight – the ability to see as God sees, to enter into God's vision for life. God, the reading says, looks beyond the physical and into the heart. True sight looks beyond what is seen at first glance and discovers the truth. In the reading the most unlikely person, the youngest son, who is still a boy, is chosen by God to be king.

The second reading also takes up the theme of light and darkness. St Paul tells the Ephesians, "You were darkness once, but now you are light in Christ!" They must be like children of the light, taking no part in the works of darkness, but living always in the light of goodness and truth.

In this Sunday's Gospel we accompany the man who was born blind on his journey into the light. The first thing we read in the full version of this Gospel is that Jesus announces that the man is sinless – he has been born blind so that God's glory can be seen at work in him. Then Jesus gives the blind man sight. Notice that the man didn't ask to be healed – this is Jesus' initiative, taking the first step and reaching out in love. That's how Jesus approaches us, too.

When the man returns home there is no rejoicing or welcome from his neighbours and friends. Instead, he is greeted with many questions and much suspicion. They seem blind to what has happened to the man. These same neighbours and friends march the man off to the religious authorities to see what they make of the situation. But they, too, greet the man with many questions and great suspicion and finally drive him away. They, too, are blind to the work of God both in the man and in Jesus who cured him.

Jesus seeks the man out and asks if he believes. The man asks in whom he should believe. Jesus answers, 'in me'. The man, who now sees clearly who Jesus is, believes and worships.

The man's whole world has been totally transformed from total darkness into light through the loving action of Jesus. Bit by bit throughout the reading the man has gradually come to realise who Jesus is. At first Jesus is simply 'a man', then 'a prophet', then 'Son of Man' and finally, 'Lord'.

We, too, can be blind to the many ways God is present in our lives and in those around us. It can take some time on our journey of faith to realise just who Jesus is and to allow our lives to be filled with Light.

The candles we use in our churches remind us of the vitality and life of Christ which has been entrusted to us. With our minds lit and our hearts warmed by the Spirit of Christ we, too, develop true insight and as God's heart begins to beat within our own, we become light and warmth for each other.

May the light of Christ burn strongly within us!

*David Hofman, O.Carm. Celebrating at Home  
Carmelite Communications, Melbourne*



**Port Melbourne/  
Middle Park Parish**

**Lent and Easter Timetable 2023**

**Reconciliation Service 30 March**  
7.00pm: St Joseph's

**Reconciliation Service 31 March**  
9.00am: Our Lady of Mount Carmel

**Holy Thursday 6 April**  
7.00pm: The Lord's Supper at St Joseph's

**Good Friday 7 April**  
9.00am: Stations of the Cross at St Joseph's  
3.00pm: The Lord's Passion at both Churches

**Holy Saturday 8 April**  
7.00pm: Easter Vigil at Mount Carmel

**Easter Sunday 9 April**  
9.00am: Easter Mass at St Joseph's  
10.30am: Easter Mass at Mount Carmel

## OUR LITURGY

### PROCESSIONAL HYMN - LET THERE BE PEACE ON EARTH

By Miller and Jill Jackson



Let there be peace on earth and let it be - gin with me

Let there be peace on earth, the peace that was meant to  
be With God as our Fa - ther, broth - ers  
(Optional: We are  
all are we, Let me walk with my broth - er in  
fam - i - ly, Let us walk with each oth - er)

per - fect har - mo - ny, Let peace be - gin with me, let  
this be the mo - ment now, With ev - 'ry step I take, let  
this be my sol - emn vow, To take each mo - ment and live each  
mo - ment in peace e - ter - nal - ly, Let there be peace on earth and  
let it be - gin with me. Final  
let it be - gin with me.

## PENITENTIAL RITE

Cel: My brothers and sisters  
we gather here in the name of our God  
Father, Son and Holy Spirit.

**All: Amen.**

Cel: We have been called by God to be the Church  
the Body of Christ in this world.  
We are not a building,  
but a people,  
gathered and grounded in the Word of God.  
We were darkness once,  
but now we are light in Christ.

Like the man born blind  
we long for the healing touch of God.  
We are often blind to each others' needs.  
We exploit the weak and the different.  
We live in ways which exclude, oppress,  
and deny life to those who don't fit in.  
Open our eyes, O God,  
heal us and help us see.

Cel: Lord Jesus Christ, you shatter the darkness of our blindness,  
and light a new path for us in mercy and compassion.

**All: You are the Light of the World.**

Cel: Out of darkness, dust and ash,

**All: You raise a people of clear vision and new sight.**

Cel: Holy Spirit come!

**All: Surrounded us with your love,  
so that we may come home to You with all our hearts**

## FIRST READING

### *1 Samuel 16:1. 6-7. 10-13*

The Lord said to Samuel, 'Fill your horn with oil and go. I am sending you to Jesse of Bethlehem, for I have chosen myself a king among his sons.' When Samuel arrived, he caught sight of Eliab and thought, 'Surely the Lord's anointed one stands there before him,' but the Lord said to Samuel, 'Take no notice of his appearance or his height for I have rejected him; God does not see as man sees; man looks at appearances but the Lord looks at the heart.' Jesse presented his seven sons to Samuel, but Samuel said to Jesse, 'The Lord has not chosen these.' He then asked Jesse, 'Are these all the sons you have?' He answered, 'There is still one left, the youngest; he is out looking after the sheep.' Then Samuel said to Jesse, 'Send for him; we will not sit down to eat until he comes.' Jesse had him sent for, a boy of fresh complexion, with fine eyes and pleasant bearing. The Lord said, 'Come, anoint him, for this is the one.' At this, Samuel took the horn of oil and anointed him where he stood with his brothers; and the spirit of the Lord seized on David and stayed with him from that day on.

## RESPONSORIAL PSALM      PSALM 23 - THE LORD IS MY SHEPHERD

**Response: The Lord is my shepherd; there is nothing I shall want.**

The LORD is my shepherd; I shall not want.  
in verdant pastures he gives me repose;  
Beside restful waters he leads me;  
he refreshes, refreshes my soul.

**Response**

He guides me in right paths  
for his name sake.  
Even though I walk in the dark valley  
I fear no evil; for you are at my side  
With your rod and your staff  
that give me courage.

**Response**

You spread the table before me  
in the sight, the sight of my foes;  
You anoint my head with oil;  
my cup, my cup overflows.

**Response**

Only goodness and kindness follow me  
all the days, the days of my life;  
And I shall dwell in the house of the Lord  
for years, for years to come.

**Response**

## SECOND READING

### *Ephesians 5:8-14*

You were darkness once, but now you are light in the Lord; be like children of light, for the effects of the light are seen in complete goodness and right living and truth. Try to discover what the Lord wants of you, having nothing to do with the futile works of darkness but exposing them by contrast. The things which are done in secret are things that people are ashamed even to speak of; but anything exposed by the light will be illuminated and anything illuminated turns into light. That is why it is said:

Wake up from your sleep,  
rise from the dead,  
and Christ will shine on you.

## GOSPEL ACCLAMATION

*Mass of Christ the Savior*  
Dan Schutte

Glo-ry to you, Word of God, Lord Je-sus Christ!

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## GOSPEL

### *John 9:1. 6-9. 13-17. 34-38*

As Jesus went along, he saw a man who had been blind from birth. He spat on the ground, made a paste with the spittle, put this over the eyes of the blind man and said to him, 'Go and wash in the Pool of Siloam' (a name that means 'sent'). So the blind man went off and washed himself, and came away with his sight restored.

His neighbours and people who earlier had seen him begging said, 'Isn't this the man who used to sit and beg?' Some said, 'Yes, it is the same one.' Others said, 'No, he only looks like him.' The man himself said, 'I am the man.'

They brought the man who had been blind to the Pharisees. It had been a sabbath day when Jesus made the paste and opened the man's eyes, so when the Pharisees asked him how he had come to see, he said, 'He put a paste on my eyes, and I washed, and I can see.' Then some of the Pharisees said, 'This man cannot be from God: he

does not keep the sabbath.' Others said, 'How could a sinner produce signs like this?' And there was disagreement among them. So they spoke to the blind man again, 'What have you to say about him yourself, now that he has opened your eyes?' 'He is a prophet' replied the man.

'Are you trying to teach us,' they replied 'and you a sinner through and through, since you were born!' And they drove him away.

Jesus heard they had driven him away, and when he found him he said to him, 'Do you believe in the Son of Man?' 'Sir,' the man replied 'tell me who he is so that I may believe in him.' Jesus said, 'You are looking at him; he is speaking to you.' The man said, 'Lord, I believe,' and worshipped him.



## APOSTLES CREED

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ,  
his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

Cel: The Lord be with you. **All: And with your Spirit.**

Cel: Lift up your hearts. **All: We lift them up to the Lord.**

Cel: Let us give thanks to the Lord, our God. **All: It is right and just.**

HOLY HOLY

Refrain

You sat - is - fy the hun - gry heart With  
 gift of fin - est wheat; Come give to us, O  
 sav - ing Lord, The bread of life to eat.

Verses

1. As when the shep - herd calls his sheep, They  
 2. With joy - ful lips we sing to you Our  
 3. Is not the cup we bless and share The  
 4. The mys - t'ry of your pres - ence, Lord, No  
 5. You give your - self to us, O Lord; Then

know and heed his voice; So when you call your  
 praise and grat - i - tude, That you should count us  
 blood of Christ out - poured? Do not one cup, one  
 mor - tal tongue can tell: Whom all the world can -  
 self - less let us be, To serve each oth - er

D.C.

fam - 'ly, Lord, We fol - low and re - joice,  
 wor - thy, Lord, To share this heav'n - ly food.  
 loaf, de - clare Our one - ness in the Lord!  
 not con - tain Comes in our hearts to dwell,  
 in your name In truth and char - i - ty.

Text: Omar Wimmshart, 1916; 1998  
 Tune: BICENTENNIAL, CM with refrain, Robert E. Kretz, 1922-1996  
 © 1993, Archdiocese of Philadelphia

Mass of Christ the Savi  
 Dan Schut

Ho - ly, Ho - ly, Ho - ly Lord God of hosts. Heav - en and  
 earth are full, are full of your glo - ry. Ho - san - na! Ho  
 san - na! Ho - san - na in the high - est. Bless - ed is  
 he who comes, who comes in the name of the Lord. Ho -

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 Music © 2007, 2009, Daniel L. Schutte. Published by OCP. All rights reserved.

LAMB OF GOD

Mass of Renewal  
 Curtis Stephan

Lamb of God, you take a - way the sins of the world, have mer - cy,  
 have mer - cy on us. world, grant us, grant us peace.

Music © 2009, Curtis Stephan. Published by OCP. All rights reserved.

Cel: Behold the Lamb of God.  
Behold him who takes away the sins of the World.  
Blessed are those called to the supper of the Lamb.

**All: Lord I am not worthy that you should enter under my roof,  
but only say the word and my soul shall be healed.**

COMMUNION HYMN

SHELTER ME, O GOD

**Refrain: Shepherd me, O God, beyond my wants,  
beyond my fears, from death into life. (Repeat first time & last verse)**

God is my shepherd, so nothing shall I want,  
I rest in the meadows of faithfulness and love,  
I walk by the quiet waters of peace.

**Refrain**

Gently you raise me and heal my weary soul,  
you lead me by pathways of righteousness and truth,  
my spirit shall sing the music of your name.

**Refrain**

Though I should wander the valley of death,  
I fear no evil, for you are at my side,  
your rod and your staff, my comfort and my hope.

**Refrain**

RECESSIONAL HYMN - BRING FORTH THE KINGDOM

Verses

1. You are salt for the earth, O peo - ple;  
2. You are a light on the hill, O peo - ple;  
3. You are a seed of the Word, O peo - ple;  
4. We are a blest and a pil - grim peo - ple;

Salt for the King-dom of God! Share the fla - vor of  
Light for the Cit - y of God! Shine so ho - ly and  
Bring forth the King-dom of God! Seeds of mer - cy and  
Bound for the King-dom of God! Love our jour - ney and

life, O peo - ple: Life in the King-dom of God!  
bright, O peo - ple: Shine for the King-dom of God!  
seeds of jus - tice, Grow in the King-dom of God!  
love our home-land: Love is the King-dom of God!

Refrain

Bring forth the King-dom of mer - cy, Bring forth the

King-dom of peace; Bring forth the King-dom of jus - tice,

Bring forth the Cit - y of God!

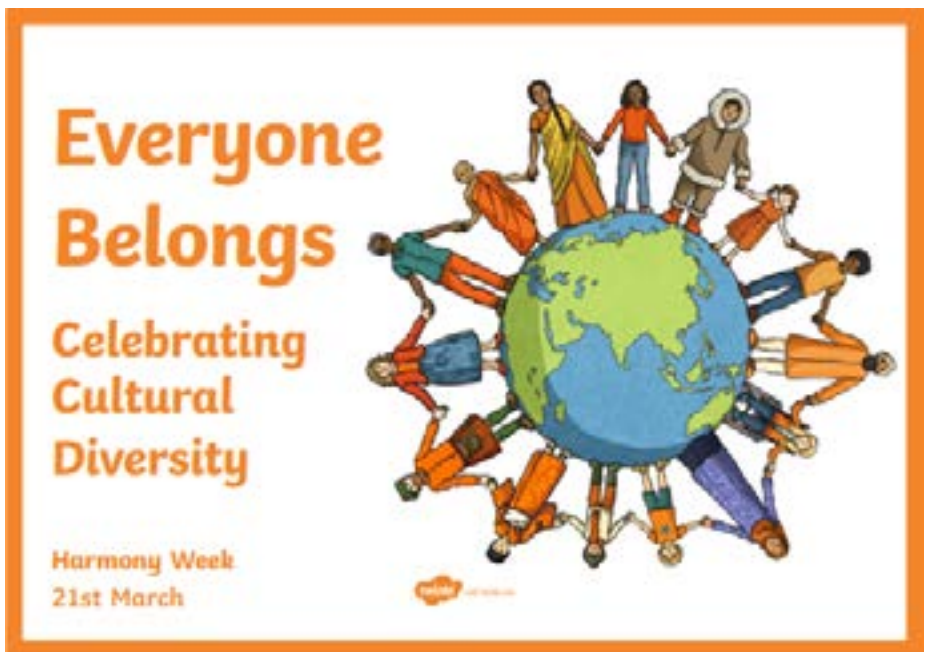


# NOTICEBOARD

**Harmony Week (19 -26 March)** is a time to celebrate Australian multiculturalism where inclusiveness, respect and belonging are key ingredients. Migrants to our shores have brought with them some of their own cultural and religious traditions which have added to and enriched our nation.

**Orange** is the colour chosen to represent **Harmony week** as it signifies social communication, meaningful conversations and encouragement of mutual respect.

The Safeguarding Committee encourages you to **wear something orange to mass next weekend** to show your support for cultural diversity and an inclusive Australia.



**THE PARISH OF PORT MELBOURNE AND MIDDLE PARK  
IS COMMITTED TO THE SAFETY,  
WELLBEING AND DIGNITY OF ALL CHILDREN,  
YOUNG PEOPLE AND VULNERABLE ADULTS.**