



THE CARMELITE

Parish of Port Melbourne and Middle Park
in the care of the Carmelites since 1882

*We acknowledge the Yaluk-ut Weelam Clan, the traditional owners and custodians of this land. We pay our respects to them.
May we walk gently here.*

16th Sunday in Ordinary Time

18 July 2021

Celebrating the Feast of Our Lady of Mount Carmel

OUR LADY OF MOUNT CARMEL

Mount Carmel is a fertile range of rather small elevations compared to other mountain ranges; however, it was always associated with fertility or abundance and hence the name, Har Ha-kamel, which translated could mean either "God's garden" or "God's vineyard".

It also acquired great biblical significance when it was associated with the rather legendary or epic story of a battle between Elijah and the prophets of Ba'al sometime in the 8th century (BCE). This was a contest between the worship of YHWH ("I am who I am") or the more lascivious Canaanite god. Needless to say, Elijah won the day and YHWH, with some frequent indiscretions by the Israelite tribes, became the God of both Judaism and Christianity.

It was on the most north-eastern slope of the Carmel range that a group of laymen emerged as a community of hermits living a solitary, but strangely, communal life of prayer and hospitality. This was rather fortuitous because where they established their community was on the great land bridge that joined Europe, Asia and Africa and hence a great place to show hospitality to the thousands of people who both traded and wandered this prime real estate.

It was there that they dedicated themselves to the Mother of Jesus, under the title of Our Lady of Mount Carmel and she, along with that other fiery character, Elijah, became the principal inspirations for the Carmelites, or more correctly, the Brothers of the Blessed Virgin Mary of Mount Carmel.

Now as to whether Mary ever visited that part of Mount Carmel will never be known to us, unless we ask her in the next life. But the fact that this motley group of hermits called themselves her brothers speaks volumes. Mary was considered our sister and our mother!

Isn't that appropriate on a mountainside called "God's garden"? Mary is the one who reminds us of both the beauty and the fertility of a garden, the garden of life perhaps.

Both our Churches are fitted with a hearing induction loop. Please use the 'T' or other appropriate switch on your hearing aid. Please tell us if you experience any difficulty.

OUR PARISH

Churches

St Joseph's
cnr Rouse & Stokes Streets
Port Melbourne

Our Lady of Mount Carmel
cnr Richardson & Wright Streets
Middle Park

Sunday Masses

6.00pm (Sat) Mount Carmel
9.00am Saint Joseph's
10.30am Mount Carmel

Reconciliation

after 9.00am Mass Saturday

Carmelite Parish Office

274 Rouse Street
Port Melbourne Vic 3207

Telephone 03 9681 9600

Facsimile 03 9681 9608

After Hours Emergency
0408 754 283

Email parish@sj-mc.org.au

Parish Website www.sj-mc.org.au

Carmelite Website
www.carmelites.org.au

Office Hours 9am-4pm (non COVID times)

Monday, Wednesday, Friday (CLOSED TUESDAYS & THURSDAYS)

Parish Priest

Fr Hugh Brown OCarM

Parish Secretary

Anne Ierardo

Pastoral Life Co-ordinator

Michael Murray

Finance Officer

Shane Harrison

Facilities Manager

Ken Chaffer

Safeguarding Officer

Frances Correa

Galilee Regional Catholic Primary School

Bank Street
South Melbourne Vic 3205
Telephone 03 9699 2928

THIS WEEK

Monday 19 July

9.00am Mass, St Joseph's

Tuesday 20 July

9.00am Mass, Mt Carmel

Wednesday 21 July

9.00am Mass, St Joseph's **followed by**
Exposition of the Blessed Sacrament

Thursday 22 July

9.00am Mass, Mt Carmel

Friday 23 July

9.00am Mass, St Joseph's

Saturday 24 July

9.00am Mass, Mt Carmel
6.00pm Vigil Mass, Mt Carmel

Sunday 25 July

9.00am Mass, St Joseph's
10.30am Mass, Mt Carmel

WE REMEMBER

Those who are sick or ill and in need of prayer:

Tommy Bednar, Paul Caghi - Cao, Nawal Cox, Maria De Nittis, Kate Downey, Kelly Edwards, Judy Fairhall, Gigi Fakkah, Frances Farrugia, Lyn Faul, Rose Fennell, Gary Finn, Maurice Fitzpatrick, Gerard Friary, Ivy Hermence, Marino Mihocic, Felicity Morgan, Marie O'Connor, Sylvia Poliakova, Rafal Rafalski, Michael Ristevski, Lucie Carmen Rodriguez, Dennis Rohan, Lorraine Rohan, Keith Ryder, Sarah Abdel-Said, Teresa Sheehan, Jane Spiteri, Helen Stanley, Jim Sullivan, Maureen Toohey, Troy Vincent, Julie Wain, Sr Barbara Walsh RSG, Jonathon Wil, Vivienne Williams, Tami Yap.

Those whose have died recently: Rosa Murdaca, Maureen Mary Sykes, Geraldine Tyrrell, all those affected by COVID_19 throughout the world.

Those whose anniversaries of death occur about this time: Pietro Romeo, and Carmelite, Patrick (Leo) Harney and Salvinus Nijenhuis.

IN OUR PARISH

We all live in a garden. It may not be quite as perfect as Eden, but it is the garden of our lives – full of beautiful flowers, ripe fruit and, of course briars and weeds and all types of “nasties”. And that’s the point – Mary is a symbol of someone who saw great beauty in a Son who would be called “God’s Son” but she also experienced the pain and trauma of seeing that Son rejected and humiliated beyond measure. Only to be vindicated by God in his resurrection!

A garden is also a wonderful place to contemplate, to reflect upon the people and the community we are. It reminds us that everything that God created is good; but often, that goodness becomes tarnished by our need to eat forbidden fruit through selfishness, the need to control, the desire to become like God.

Interestingly, we often speak of faith in God, but rarely do we speak of God’s faith in us. God created us, in the image of God were we created, male and female, and God saw that indeed this creation was very good indeed. So, when we’re tempted to reflect on the garden of our lives, let’s remind that Mary also did this and she can be a wonderful guide as we rediscover God’s faith in us.

Blessings on this wonderful feast day.

PS. A true anecdote! Two friends (a husband and wife) and I were recently in a pub for dinner. My friend, Brendan, went up to the bar and set up a tab for the night as well as getting us our drinks. His wife was with him. Anyway, when he had collected our drinks from a rather youthful bartender, he said simply: “Thanks, mate, if I don’t see you later, I’ll see you in heaven!”

I hope you can use his magnificent wisdom when next you order your café latte or prosecco or whatever is your poison.

MINISTERS

24/25 July

17th Sunday in Ordinary Time

6.00pm Mount Carmel (Vigil)

Commentator: Mary Chow

Readers: Angela Cox

Eucharistic Ministers: Joe Chow

Communion to the Sick: N/A

9.00am St Joseph’s

Commentator: William Kininmonth

Reader: Gerhard Correa

Eucharistic Ministers: Kelly McEnhill

Counters: Cathy Garbellini & Nova Hack

Childrens’ Liturgy: N/A

10.30am Mount Carmel

Commentator: Marlene Halim

Readers: Peter Thomas

Eucharistic Ministers: Ann Crump

Childrens’ Liturgy: N/A

Hospitality: Michael Murray

THANK YOU

for your generosity last Sunday

St Joseph’s

*Carmelite and
Parish Offering* \$518.00

Our Lady of Mt Carmel

*Carmelite and
Parish Offering* \$959.00

IN OUR PARISH

We're hosting a Biggest Mornin
Please help us support people impacted by cancer



Cancer Council Biggest Morning Tea

Many thanks to all those who attended our Morning Tea. Though small in number we managed to raise \$638.00 which will be sent through to the Cancer Council. Many thanks to those who attended, bought raffle tickets and donated prizes.



St Vincent de Paul Society

good works

Vinnies would like to thank all our parishioners who gave so generously to this years Winter Appeal. Our total

collection so far is \$4,585 which is around a thousand dollars higher than last year. In addition, we have had donations of Manchester from parishioners and beautifully hand knitted rugs and beanies from the Craft Group. Considering the challenging times that all of us are facing, we are truly grateful for your support and help. **Gerhard Correa, President - Port Melbourne/Middle Park Conference**

July 2021 Parish Men's Dinner

6:45 pm, Wednesday 28 July 2021,
O'Connor-Pilkington Rooms, OLMC.

Speaker: Richard Harding -
"Some Thoughts on an
Australian Republic"

RSVP: John Molloy - 9699 2031

Cost: \$35

Thanksgiving Envelopes

The next series of Thanksgiving Envelopes is available for collection in the foyer of the church. If you are able to deliver envelopes to people you know, that will help defray the cost of posting out those that are not collected. If you are new to the parish and would like to join our thanksgiving Program, please call Anne



at the Parish office on 9681 9600 or email on parish@sj-mc.org.au.

THE CARMELITE CENTRE

Women's Art Circle, with Michele Harris,

10.30am -12.00pm Midday Wednesday 28 July

At Michele Harris' home in South Melbourne

- Meditation
- Mandala Making
- Morning Tea and Musing

Contact Michele for further details: micheleharris962@gmail.com.

Please book through the Carmelite Centre as numbers are limited.

T: 9690 5430 (leave message if unattended) or registration@thecarmelitecentremelbourne.org

via website: www.thecarmelitecentremelbourne.org

Mary and Elijah

As we attempt to follow Christ more closely, we Carmelites find inspiration in the Old Testament Prophet, Elijah, and in the Blessed Virgin Mary.



The Prophet Elijah

Elijah's memory was kept alive especially on Mount Carmel where he challenged the people to stop hobbling first on one foot and then on the other but to choose who is God in Israel - the Lord or Baal. According to the story, which can be found in the *First Book of Kings*, chapter 18, Elijah's sacrifice was consumed by fire from heaven which proved to the people that the Lord was the true God.

Elijah in the presence of the Lord on Mount Horeb

Elijah made himself available for God's work and was sent into various situations to proclaim God's word. Elijah undertook a long journey through the desert where he began to despair. He sat down under a bush and wished he were dead but God would not allow him to die and prodded him to continue his journey to Mount Horeb. When he arrived there, God became present to Elijah. God came not with the signs usual in the Old Testament of fire, earthquake and mighty wind but in the sound of a gentle breeze. Elijah was sent back to his people to carry out God's will.

From Elijah, Carmelites learn to listen for the voice of God in the unexpected and in silence. We seek to allow the Word of God to shape our minds and our hearts so that the way we live and the things we do may be prophetic and therefore faithful to the memory of our father Elijah.

The Blessed Virgin Mary

The first hermits on Mount Carmel in the 12th century built a church in the middle of their cells. This was the centre of their lives where they converged each day to celebrate Mass and to pray together. This little church they named in honour of Our Lady. By doing so this first group of Carmelites took her as their patroness, promising her their faithful service and expecting her protection and favour. They were proud to bear the title of "Brothers of the Blessed Virgin Mary of Mount Carmel" and they defended this title with vigour when their right to it was challenged.

Mary ever ready to accomplish the wish of God

Mary consented to God's will when she was asked to be the mother of the Saviour. She pondered on the events of her life and was able to see in them the hand of God at work. Mary did not become proud about her unique vocation but instead praised God for looking on her lowliness and doing great things in her. She was with Jesus at the beginning of his public ministry when, at the marriage feast at Cana, she made known to him the simple need, "They have no wine". She was with him as he died and there she became the mother of all believers.

OUR CARMELITE TRADITION (CONTINUED)

At the beginning of the *Acts of the Apostles* we find Mary in the upper room praying with the other disciples waiting for the outpouring of the Holy Spirit. For us Carmelites, Mary is a constant presence in our lives, guiding us and protecting us as we seek to follow Christ.

The brown scapular has for many centuries summed up the Carmelite's relationship with Our Lady. The scapular is a piece of cloth based on the traditional Carmelite friar's garb. Wearing the scapular is a sign of consecration to Mary, the Mother of God, and is a symbol showing that the person is putting on the virtues of Mary and is being protected by her.

Mary symbolises everything that we hope for - to enter into an intimate relationship with Christ, being totally open to God's will and having our lives transformed by the Word of God. Carmelites have always thought of Mary as the Patroness of the Order. We seek to live in spiritual intimacy with her so that we can learn from her how to live as God's children.

Elijah and Mary are inspirational figures for all Carmelites. They play a very important part in the life and spirituality of the Order which sees itself as belonging to Mary and looks to Elijah as its spiritual father.

History of the Carmelite Order

The Order of Carmelites has its origins on Mount Carmel, in Palestine. In the 12th century some penitents - pilgrims from Europe - came together near the "spring of Elijah", in one of the narrow valleys of Mount Carmel, to live out their Christianity as hermits after the example of the prophet Elijah. In the middle of the cells they built a chapel which they dedicated to Mary, Mother of Jesus, and they became known by her name as "Brothers of Saint Mary of Mount Carmel".

Between 1206-1214, Albert, the Patriarch of Jerusalem, wrote for them a formula of life. However, about 1235, the Carmelites were forced to abandon Mt Carmel due to the incursions of the Saracens who were reconquering the Holy Land. Most of them went back to their country of origin in Europe and continued to live their Carmelite life there.

Soon they increased and flourished. Later some women attached themselves to the monasteries of the friars and in 1452 became cloistered nuns living in their own communities.

Later again, lay people began to associate themselves with the friars and became part of the Carmelite Family. A group of these Lay Carmelites meet each month in Mt Carmel Church.

Since the time of the Second Vatican Council (1962 - 1965), Carmelites have reflected at length on their identity, on their charism, namely "to live a life of allegiance to Jesus Christ and serve him faithfully with a pure heart and a good conscience" (Carmelite Rule). They found their allegiance to Christ in their commitment to seek the face of the living God (contemplative dimension), in living in fraternity and service (diakonia) in the midst of the people. Carmelites, conscious of being part of the Church and of history, live



in a fraternity that is open to God and to people, according to their own charism, and they commit themselves to build the Kingdom of God wherever they are.

PROCESSIONAL HYMN:

MY SOUL REJOICES

cf. Luke 1:46—55

Owen Alstott

REFRAIN:



My soul re-joic - es_____ in God, my_ Sav - ior.



My spir-it finds its joy in God, the liv - ing God._____

VERSES



1. My soul pro - claims his might - y deeds. My
2. His mer - cy flows through-out the land and
3. He casts the might - y from their thrones and
4. He fills the hun - gry with good things. With
5. Just as he prom - ised A - bra - ham, he



1. spir - it sings the great - ness of his name.
2. ev - 'ry gen - er - a - tion knows his love.
3. rais - es up the low - ly to new life.
4. emp - ty hands he sends the rich a - way.
5. comes to free his peo - ple, Is - ra - el.

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PENITENTIAL RITE



Ky - ri - e, Ky - ri - e, e - le - i - son._____

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GLORIA

James Chepponis:
Jubilation Mass

Glo-ri - a! — Glo_ ri - a! Glo-ry to God in the high-est, and on
earth peace to peo____ ple, to peo - ple of good - will._____

First Reading 1 Kings 18:42-45

Elijah went up to the top of Mount Carmel;
there he bowed down upon the earth and put his face between his knees.
He said to his servant, "Go up now and look out to the sea."
The servant went up and looked, and said,
"There is nothing."
Then Elijah said, "Go back and look seven times."
The seventh time the servant said,
"Look, a little cloud no bigger than a person's hand is rising out of the sea."
Then Elijah said, "Go and say to Ahab, 'Harness your chariot
and go down before the rain stops you.'"
In a little while the heavens grew black with cloud and storm and rain fell in torrents.

RESPONSORIAL PSALM

AMONG ALL

Words and Music: Chris de Silva

REFRAIN

A-mong all, you are blessed, — and
full of grace_ and ho - li-ness. A-mong all, you said yes_
to do God's will_ with o - pen-ness... O
la - dy, full of grace, Mar-y, moth-er of God, — be
with us, pray for us._____

You teach us to obey the living word of God.
You show us how to listen to his voice
that calls us each by name.

You teach us how to serve
God's kingdom here on earth.
You bring to birth a willingness to share
our lives with joy and love.

You teach us how to pray with humbleness of heart.
You guide us to be instruments of peace
and hope for all the world.



Second Reading Galatians 4:4-7

When the fullness of time had come,
God sent his Son, born of a woman,
born under the law, in order to redeem those who were under the law,
so that we might be adopted as God's children.
And because you are God's sons and daughters,
God has sent the Spirit of his Son into our hearts:
the Spirit that cries, "Abba! Father!"

So you are no longer slaves but sons and daughters,
and if God has made you sons and daughters, he has made you heirs as well.

GOSPEL ACCLAMATION

Fintan O'Carroll and Christopher Walker

REFRAIN:

Al - le - lu - ia, al - le - lu - ia.

Al - le - lu - ia, al - le - lu - ia.

Gospel John 19:25-27

Standing near the cross of Jesus were his mother, and his mother's sister, Mary, the wife of Clopas, and Mary Magdalene. When Jesus saw his mother and the disciple whom he loved standing beside her, he said to his mother, "Woman, here is your

son." Then he said to the disciple, "Here is your mother." And from that hour the disciple took her into his own home.

APOSTLES CREED

I believe in God, the Father almighty,
 Creator of heaven and earth,
 and in Jesus Christ, his only Son, our Lord,
 who was conceived by the Holy Spirit,
 born of the Virgin Mary,
 suffered under Pontius Pilate,
 was crucified, died and was buried; he descended into hell;
 on the third day he rose again from the dead;
 he ascended into heaven,
 and is seated at the right hand of God the Father almighty;
 from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church,
 the communion of saints, the forgiveness of sins,
 the resurrection of the body, and life everlasting. Amen.

Cel: The Lord be with you. **All: And with your Spirit.**

Cel: Lift up your hearts. **All: We lift them up to the Lord.**

Cel: Let us give thanks to the Lord, our God. **All: It is right and just.**

The Celebrant prays the preface at the end of which all sing:

HOLY, HOLY

Holy

Mass for the City:
 Setting by Richard Proulx

Ho-ly, ho-ly, ho-ly Lord God of hosts. Heav-en and earth are
 full of your glo-ry. Ho-san-na, ho-san-na, ho-san-na in the high-est.
 Bless-ed is he who comes in the name of the Lord. Ho-san-na, ho-san-na, ho-
 san-na in the high-est. Ho-san-na, ho-san-na, ho-san-na in the high-est.

TEXT: From the English translation of the Roman Missal © 2010, ICEL. All rights reserved. Setting Copyright © 1988, 2010 by GIA Pub. Inc. All rights reserved.

MYSTERY OF FAITH

Randall DeBruyn
Mass of the Resurrection

We pro-claim your death, O Lord, and pro-fess your res-ur-rec-tion un-til you come a-gain, un-til you come a-gain.

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The image shows two staves of musical notation in 4/4 time. The first staff begins with a treble clef and a key signature of one flat (B-flat). The melody consists of quarter and eighth notes. The lyrics are written below the notes, with hyphens indicating syllables that span across multiple notes.

GREAT AMEN

Mass of Creation
Marty Haugen, 1984

A - men, A - men a - men

A - men, A - men a - men

The image shows two staves of musical notation in 4/4 time. The key signature has two flats (B-flat and E-flat). The melody is simple, using quarter and half notes. The lyrics 'A - men, A - men a - men' are written below the notes, with hyphens indicating syllables across notes.

LAMB OF GOD

Refrain: All Jesus Lamb of God Bernadette Farrell

Hear our prayer, Hear our prayer, through this bread and wine we share may we be your sign of peace ev'ry where.

The image shows a single staff of musical notation in 4/4 time. The key signature has two flats (B-flat and E-flat). The melody is a simple, repetitive sequence of quarter notes. The lyrics are written below the notes, with hyphens indicating syllables across notes.

Cel: Behold the Lamb of God.
Behold him who takes away the sins of the World.
Blessed are those called to the supper of the Lamb.

All: **Lord I am not worthy that you should enter under my roof,
but only say the word and my soul shall be healed.**

COMMUNION HYMN

TASTE AND SEE

10 Taste and see, taste and see the good - ness of the Lord. O taste and see, taste and see the good - ness of the Lord, of the Lord.

Music and Text: James E. Moore Jr.
para. of Psalm 34.
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RECESSIONAL HYMN

FLOWER OF CARMEL

Flow - er of Car - mel, tall vine blos - som laden:
Moth - er so ten - der, whom no man didst know:
O gen - tle moth - er who in Car - mel reigns,
Splendour of heaven, child bear - ing yet maiden.
On Car - mel's children thy fav - ours be - stow.
share with your ser - vants that glad - ness you gained
None equ - als thee.
Star of the sea.
and now en - joy.
None equ - als thee.
Star of the sea.
and now en - joy.

**THE PARISH OF PORT MELBOURNE AND MIDDLE PARK
IS COMMITTED TO THE SAFETY,
WELLBEING AND DIGNITY OF ALL CHILDREN,
YOUNG PEOPLE AND VULNERABLE ADULTS.**