



THE CARMELITE

Parish of Port Melbourne and Middle Park
in the care of the Carmelites since 1882

We acknowledge the Yaluk-ut Weelam Clan, the traditional owners and custodians of this land. We pay our respects to them. May we walk gently here.

TWENTIETH SUNDAY OF ORDINARY TIME - 18 August 2024

Dear sisters and brothers,

Today's Gospel from John 6 is the second last in the series of Readings we have been hearing concerning the *Bread of Life*. We've heard about the miracle of the loaves and fishes. We've heard Jesus explain to the crowds that this miracle, like the *manna* (bread) which fed the Israelites in the desert is a sign that points to himself as the real and lasting *bread of life - the bread of God ... which comes down from heaven and gives life to the world*. This bread is accessible to them through faith in Jesus and it draws them into his own eternal life.

Today's Gospel reading explicitly focuses on the Christian Eucharist. It comes after his Jewish audience's objection that, since they know his mother and father, he cannot claim to be the one who has *come down from heaven*. In today's Reading, John tells his audience that, in order to share more fully in his life, they need to **eat his flesh and drink his blood** by sharing in the bread and wine of the Eucharistic celebration. Through this very physical action, undertaken in faith, they will be drawn into Jesus' eternal life with the Father.

It is good to keep in mind that John is writing for a mostly Jewish Christian community at the end of the 1st century A.D., long after the first disciples, who had a personal experience of Jesus, have died. John's audience are 2nd or 3rd generation Christians. They, as we, are invited to experience the living presence of Jesus in the celebration of Eucharist. In the Eucharist we are offered a *sacramental* rather than a physical experience of Jesus through the symbols of bread and wine, as well as through the Word of God proclaimed to us in the Scriptures and in the gathering in faith of the community to celebrate the Lord's Supper.

As we celebrate Eucharist today, we give thanks for the gift offered to us of the living, risen, eternal life of Jesus by eating his flesh and drinking his blood in the form of bread and wine, by hearing his Word in the Scriptures and by discerning his Spirit alive in the worshipping community. We pray that by accepting this gift we will be even more transformed by it and grow in our witness to the risen life of Jesus in which we share by offering our lives in love and service to others.

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Both our Churches are fitted with a hearing induction loop. Please use the 'T' or other appropriate switch on your hearing aid. Please tell us if you experience any difficulty.

OUR PARISH

Churches

St Joseph's
cnr Rouse & Stokes Streets
Port Melbourne

Our Lady of Mount Carmel
cnr Richardson & Wright Streets
Middle Park

Sunday Masses

5.00pm (Sat) Mount Carmel
9.00am Saint Joseph's
10.30am Mount Carmel

Reconciliation

after 9.00am Mass Saturday

Carmelite Parish Office

274 Rouse Street
Port Melbourne Vic 3207

Telephone 03 9681 9600

After Hours Phone Number
0419 136 030

Email parish@sj-mc.org.au

Parish Website www.sj-mc.org.au

Carmelite Website

www.carmelites.org.au

Office Hours:

Tuesday - 9am - 4pm

Wednesday - 9am-4pm

Friday - 9am-12pm

(CLOSED MONDAYS & THURSDAYS)

Parish Priest

Fr Paul Cahill, OCarm

Parish Secretary

Cathy Garbellini

Pastoral Associate

Kelly McEnhill

Business Finance Manager

Mark Zanon

Sacramental Co-Ordinators

Baptism - Vacant

First Reconciliation - Sally Diserio

First Eucharist - Aimee Nguyen

Confirmation - Sally Diserio

Safeguarding Officer

Frances Correa

Maintenance Manager

Dave Fletcher

Galilee Regional Catholic

Primary School

Bank Street, South Melbourne 3205

Telephone 03 9699 2928

THIS WEEK

Monday 19 August

9.00am Mass, St Joseph's

Tuesday 20 August

9.00am Mass, Mt Carmel

12:30pm Funeral Mass, Mt Carmel - *Kevin Barry*

Wednesday 21 August

9.00am Mass, St Joseph's

Thursday 22 August

9.00am Mass, Mt Carmel

7.00pm Mass, St Joseph's

Friday 23 August

9.00am Mass, St Joseph's

Saturday 24 August

9.00am Mass, Mt Carmel

5.00pm Vigil Mass, Mt Carmel

Sunday 25 August

9.00am Mass, St Joseph's

10.30am Mass, Mt Carmel

WE REMEMBER

Those who are sick or ill and in need of prayer: Patrick Achiam, Deepa Ariff, Lawrence Bassett, Maurizio Bonizzoni, Dorina Butera, Grace Callaghan, Shirley Callaghan, Rita Colli, Mary Hong Cao, Mary Tam Cao, Shawn Ceasar, Robert Chaminda, Mrs Chan, Josephine Clayton, Daphnie Cramer, Grace Cumming, Mary Dalli, Michael De Nittis, Anthony Dickason, Maureen Dickason, Leonie Dimes, Bernadette Falckh, Gigi Falk, Lyn Falk, Maria Fatima, Rebecca Fernando, Tony Fernandez, Father Des Fitzgerald CSSR, Jill Foster, John Fuller, Gus Gleason, John Goral, Amelia Grace, Evelen Greach, George Grzyb, Nova Hack, Bernardine Hagan, Christine Hall, Shawn Handricks, Lincoln Hanland, Darren Harland, Chin Hsia, Portia Hendrick, Carol Higginson, Jason Ho, Steph Hudson, Marija Jelinic, Sr Martin Jones, Teresa Kwol, Paul Chan Yin Leung, Margaret Lopes, Austin Lorraine, Les Lugowski, Christine Lyell, Coco McMaster, Maria Teresa Marques, Robert Masquiren, Ian MacLachlan, Maggie McKern, Marta Menjivar, Alba Middleton, Maria Loc Nguyen, Paul Nghi Cao Thanh, Caterina Orfanidis, Barry Paff, Dan Quickley, Helen Quickley, Rafal Rafalski, Daphnie Rasika, Shawn Raymond, Jill Ridge, Michael Ristevski, Dennis Rohan, Clara Romeo, Keith Ryder, Chris Silkok, Ailbe Sheehy, Frances Sheehy, Sash Carti Somerset-Beauverie, Dorothea Spencer, Jim Sullivan, Danielle Szeto, Diane Thakur, Angela Trigar, Ria Van Lith, Julieanne Wharton & Tami Yap.

Those who have died recently: Kevin Barry, Marion McCallum, & Stephen O'Shannessy.

Those whose anniversaries occur about this time: Stephen Baker, Michelle Bassett, Marie Julie Fernandez, Kate Ferrier, Jonathan Wilks & Carmelites Brocard Leybourne, Charley Haughey, Tarcisius Licari.

IN OUR PARISH



Welcome to our Family

This Sunday, we welcome:

Baxter James Beckhaus
Mila Alexandra Beckhaus

as they receive the
Sacrament of Baptism
at St Joseph's.

Please keep Baxter & Mila, their parents,
godparents & family in your prayers.

Parish Men's Dinner

Date: Wednesday, 21 August 2024

Time: 6.45pm

Venue: O'Connor-Pilkington Room, OLMC, Middle Park

Cost: \$40.00 pp

Speaker: James Mackenzie who will discuss "*The challenges with working with / in the Victorian Government*".

To RSVP, please contact **Brian Rochford**:

Mobile: 0403 056 542

Email: bfrochford@bigpond.com

Parish Ladies Dinner

Our next dinner is **Wednesday, 21 August 2024, 6.00pm**

at **Clare Castle Hotel, Port Melbourne.**

Meal and drinks at each lady's expense.

To RSVP, please contact Joan Cusack via:

SMS to: 0478 224 691

Email: joanbarwonheads@gmail.com

Numbers are capped at 20; book early to avoid disappointment.

All welcome !

THANK YOU

for your generosity last weekend

Parish Stewardship Offerings

Envelopes \$ 535.00

Credit Card \$ 835.00

Direct Credit \$ 922.35

Loose Plate \$ 1,015.90

Tap & Go \$ 405.00

Total \$3,713.25



MINISTRIES

24/25 August 2024

21ST SUNDAY OF ORDINARY TIME

5.00pm Mount Carmel (Vigil)

Commentator: Abramo Ierardo

Reader: Pat Mount

Offertory: Kathy Mount

Communion: Kathy Mount

Sacristan: Tris Tanumihardjo

Music: Janine Brodie

9.00am St Joseph's

Commentator: Brian Harrison

Reader: Ron Cassano

Offertory: Aoife Ling

Communion: Pablo Craievich

Counters: Brian Rochford & Jane Dee

Music: Will Kininmonth

Hospitality: Elaine Chaffer

Sacristan: Rob Winduss

10.30am Mount Carmel

Commentator: Mary Brady

Reader: Nina Batsakis

Offertory: Sally Diserio

Communion: Sr. Reba Woodwiss

Music: Choir

Hospitality: Kathleen Kiernan

Sacristan: Tris Tanumihardjo

Communion to the Sick:

Marlene Carlin : 26 Aug – 1 Sep 2024

DONATIONS

Parish QR code

Enter the amount, your name, email address & optionally any comment.

Electronic Funds Transfer

BSB: 083-347

Account No: 58 216 8515

Name: Port Melb / Middle Park Parish

Parish Website: www.sj-mc.org.au
using **DONATE** button on Homepage.

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Congratulations to **Baxter and Mila Beckhaus** on their **Baptism during 9am Mass at St Joseph's** this Sunday. Our prayerful good wishes are with the Beckhaus family who celebrate this milestone in Baxter and Mila's faith development. We pray that that, with the support of their parents and godparents and our community, Baxter and Mila will grow in the faith and life in the Church in which they are now initiated.

A reminder that **Giulia and Maurizio Canavero** will celebrate the **20th anniversary of their marriage at 5pm Mass at Our Lady of Mount Carmel Church next Saturday 24th August**. They are also generously offering hospitality after Mass in the back of the Church. Please join them for this joyous occasion if you can.

Vale Kevin Barry: Long-time OLMC parishioner, Kevin Barry, died peacefully at Napier Street Aged Care on 8 August 2024. His Requiem Mass will be celebrated at Our Lady of Mount Carmel Church this Tuesday 20th August at 12:30pm.

As foreshadowed last week, I offer the following summary of the discussion that occurred at the recent **Parish Leadership & Exploration Group (PLEG)** meeting, following the preceding Parish Meeting.

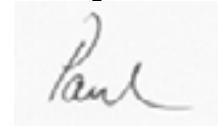
The following suggestions and comments were made:

- Issue of whether future Parish Meetings should be held during the day or night and the time of year for such a meeting will be canvassed among parishioners early next year.
- Suggestion of providing a Zoom option for such meetings to be further considered.
- Continue to offer transport to an in-person meeting.
- The presentations were good and affirming.
- Hard to formulate practical ideas for the future.
- Build on what we already do re involvement and outreach.
- How do we engage with those who aren't in the Church on Sundays – the "nones"?
- Provide liturgies more focused on young people.
- Provide "Family Mass" for Galilee families.
- Leave Churches open during the day.
- We aren't just about getting people into the Churches on Sunday; look for further outreach projects – e.g. blessing of animals.
- Tell people what we're doing – communicate to the wider community.
- Extend invitation to come to weekday Mass and have coffee afterwards.
- Access other models of evangelization – e.g. St Benedict's, Burwood
- Offer more Adult Education opportunities.
- Be people of kindness and welcome.
- Rediscover the treasure of the Gospels.
- Revive outreach to families who present children for Baptism.

- Consider creating a Playgroup for mothers and young children.
- Send birthday cards to children recently baptized.
- Send get well cards to sick parishioners.
- Improve the website
- Add family of newly baptized children and those recently married in the parish to the Newsletter email mailing list.
- Have more contact /collaboration with Sts Peter & Paul's parish.

PLEG will consider these ideas further at future meetings. Meanwhile, we would welcome any reactions/comments/suggestions in regard to these or any other matters concerning the ongoing development of our parish. Send any such ideas to parish@sj-mc.org.au

Blessings.



CONGRATULATIONS - 50 YEARS A PRIEST



Congratulations to **Fr Paul Cahill** (16 August 2024) and **Fr Laurie Timms** (10 August 2024) on 50 years of Priestly Ordination and for the faithful service to Carmelite Parishes in Australia and Timor-Leste.

You are both wonderful examples of what it means to be a dedicated servant to the Lord and we congratulate you both!

*God Bless You,
Parishioners, Port Melbourne - Middle Park Parish*

REFLECTION

Communion with Jesus and one another

In the Gospel, the dialogue between Jesus and the people continues. This time they are arguing about how Jesus could possibly give them his flesh to eat. Jesus insists that if they don't eat it they will not have life in them and they will not have eternal life.

Underlining the message by talking about his flesh being real food and his blood being real drink immediately connects this teaching of Jesus to the Eucharistic celebration. Some of these verses may well have been used by the Christians in John's time during their liturgy. But this reading is not only about the Eucharistic celebration, but also about what that celebration symbolises – the very life of God made present and visible in the person of Jesus and received in the sacramental signs of Bread and Wine. It is a celebration of being in communion with Jesus and the Father. Following the teaching of Jesus, it is also a celebration of being in communion with one another.

Intimate relationship (being in communion) with Jesus the 'bread of life', is the way in which Jesus feeds his people with his very self - his own flesh and blood – everything that he is. Food sustains and supports life and growth. To eat Jesus is to be caught up in the communion of life he shares with the Father and to feed on the very life of God. It is how we are sustained in and grow in our relationship with God. Eternal life is part of sharing the life of God.

David Hofman, O.Carm. Celebrating at Home, Carmelite Communications, Melbourne



OUR LITURGY

10:30am Live Music Mass: MUSIC WILL BE ON A SEPARATE PEW SHEET.

PROCESSIONAL HYMN - LIFT UP YOUR HEARTS

Rob O'Connot, SJ

Refrain

Lift up your hearts to the Lord, praise God's gra-cious mer-cy!

Sing out your joy to the Lord, whose love is en-dur-ing.

Verses

1. Shout with joy to the Lord, all the earth!
2. Let the earth wor-ship, sing-ing your praise.
3. God's right hand made a path through the night,
4. Lis-ten now, all you ser-vants of God,

1. Praise the name a-bove all names! Say to God, "How
2. Praise the glo-ry of your name! Come and see the
3. split the wa-ters of the sea. All cre-a-tion,
4. as I tell of these great works. Bless-ed be the

to Refrain

1. won-drous your works, how glo-rious your name!"
2. deeds of the Lord; bless God's ho-ly name!
3. lift up your voice: "Our God set us free!"
4. Lord of my life, whose love shall en-dure!

Text: Based on Psalm 66. Text and music © 1981, 1993, Robert F. O'Connot, SJ and OCP. All rights reserved.

GLORIA

MARTY HAUGEN

Refrain: Glory to God in the highest and peace to his people on earth.

Lord God, heavenly King,
Almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory. **Refrain**

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
You are seated at the right hand of the Father: receive our prayer. **Refrain**

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen. Amen!

Refrain

FIRST READING

Proverbs 9:1-6

Wisdom has built herself a house,
she has erected her seven pillars,
she has slaughtered her beasts, prepared her wine,
she has laid her table.
She has despatched her maidservants
and proclaimed from the city's heights:
'Who is ignorant? Let him step this way.'
To the fool she says,
'Come and eat my bread,
drink the wine I have prepared!
Leave your folly and you will live,
walk in the ways of perception.'

RESPONSORIAL PSALM

PSALM 34 - TASTE AND SEE THE GOODNESS OF THE LORD

Response: Taste and see, taste and see, taste and see the goodness of the Lord.

I will bless the LORD at all times;
his praise shall be ever in my mouth.
Let my soul glory in the LORD;
the lowly will hear me and be glad. **Response**

Glorify the LORD with me,
Let us together extol his name.
I sought the LORD, and he answered me
and delivered me from all my fears. **Response**

Look to him that you may be radiant with joy.
and your faces may not blush with shame.
When the poor one called out, the LORD heard,
and from all his distress he saved him. **Response**

The angel of the LORD encamps
around those who fear him and delivers them.
Taste and see how good the LORD is;
blessed the man who takes refuge in him. **Response**

SECOND READING

Ephesians 5:15-20

Be very careful about the sort of lives you lead, like intelligent and not like senseless people. This may be a wicked age, but your lives should redeem it. And do not be thoughtless but recognise what is the will of the Lord. Do not drug yourselves with wine, this is simply dissipation; be filled with the Spirit. Sing the words and tunes of the psalms and hymns when you are together, and go on singing and chanting to the Lord in your hearts, so that always and everywhere you are giving thanks to God who is our Father in the name of our Lord Jesus Christ.

GOSPEL ACCLAMATION

GOSPEL

John 6:51-58

Jesus said to the crowd:

'I am the living bread which has come down from heaven.
Anyone who eats this bread will live for ever;
and the bread that I shall give
is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied:

'I tell you most solemnly,
if you do not eat the flesh of the Son of Man
and drink his blood,
you will not have life in you.
Anyone who does eat my flesh and drink my blood
has eternal life,
and I shall raise him up on the last day.
For my flesh is real food
and my blood is real drink.
He who eats my flesh and drinks my blood
lives in me
and I live in him.
As I, who am sent by the living Father,
myself draw life from the Father,
so whoever eats me will draw life from me.
This is the bread come down from heaven;
not like the bread our ancestors ate:
they are dead,
but anyone who eats this bread will live for ever.'

APOSTLES CREED

I believe in God, the Father almighty,
creator of heaven and earth, and in Jesus Christ,
his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and life everlasting. Amen.



Refrain



We re - mem - ber how you loved us to your death,



and still we cel - e - brate, for you are with us here;



and we be - lieve that we will see you when you come



in your glo - ry, Lord. We re - mem - ber, we



cel - e - brate, we be - lieve.

Verses



1. Here, a mil - lion wound - ed souls are
2. Now we re - cre - ate your love, we
3. Christ, the Fa - ther's great "A - men" to
4. See the face of Christ re - vealed in



yearn - ing just to touch you and be healed,
bring the bread and wine to share a meal,
all the hopes and dreams of ev - 'ry heart,
ev - 'ry per - son stand - ing by your side,



Gath - er all your peo - ple, and hold them to your heart.
Sign of grace and mer - cy, the pres - ence of the Lord.
Peace be - yond all tell - ing, and free - dom from all fear.
Gift to one an - oth - er, and tem - ples of your love.

**All: May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good
and the good of all his holy Church. Amen.**

Cel: The Lord be with you. **All: And with your Spirit.**

Cel: Lift up your hearts. **All: We lift them up to the Lord.**

Cel: Let us give thanks to the Lord, our God. **All: It is right and just.**

HOLY, HOLY

Holy, holy, holy Lord God of Hosts.

Heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

MEMORIAL ACCLAMATION

When we eat this Bread and drink this Cup,

we proclaim your Death, O Lord, until you come again.

LAMB OF GOD

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

Cel: Behold the Lamb of God.

Behold him who takes away the sins of the World.

Blessed are those called to the supper of the Lamb.

**All: Lord I am not worthy that you should enter under my roof,
but only say the word and my soul shall be healed.**

John Foley

REFRAIN *Tranquil and slow*

One bread, one bod-y, one Lord of all,
 one cup of bless-ing which we bless. And we, though
 man-y, through-out the earth, we are one bod - y in this

Fine VERSES *Slightly faster with excitement*

one Lord. 1.Gen - tile or Jew, ser - vant or
 2.Man - y the gifts, man - y the
 3.Grain for the fields, scat-tered and

1.free, wo - man or man, no more.
 2.works, one in the Lord of all.
 3.grown, gath-ered to one, for all.

mp to Refrain

Awake from your slumber, arise from your sleep
 A new day is dawning for all those who weep
 The people in darkness have seen a great light
 The Lord of our longing has conquered the night

Refrain

**Refrain: Let us build the city of God
 May our tears be turned into dancing
 For the Lord, our light and our love
 Has turned the night into day**

We are sons of the morning; we are daughters of day
 The one who has loved us has brightened our way

Refrain

God is light, in him there is no darkness
 Let us walk in his light, his children one and all
 Oh comfort my people, make gentle your words
 Proclaim to my city, the day of her birth

Refrain

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ARCHBISHOP'S CAMPAIGN - TODAY AT ALL MASSES

Who will the monies be going to ?

The focus of the 2024 campaign is support for the formation of new priests and for the care of retired priests - those who have served the community of faith in the past and those who will do so in the future. **(Note that these are Diocesan Seminarians and Priests - NOT CARMELITES; the Order has to train and look after its candidates and priests, for which it requires the support of the people we serve).** However, tax-deductible donations for this Archbishop's Campaign go to the Archbishop's Charitable Fund, which supports Corpus Christi College Building Fund, Priests Retirement Foundation, John Pierce Centre, Melbourne Overseas Mission, University of Divinity Building Fund and other deductible gift recipient entities such as Catholic community agencies and service organisations.

Non deductible donations go to Catholic Archdiocese of Melbourne Religious Projects Fund, which supports seminarian formation and evangelisation initiatives such as World Youth Day.

Any unallocated and loose collections will go to Catholic Archdiocese of Melbourne Religious Projects Fund.

17 & 18 August Giving Weekend

You can make a contribution to this campaign by **placing cash in the envelopes inserted into the newsletter or via credit card using the QR code provided.**

Your completed envelope can then be placed in the baskets provided at the entrances to the churches.



**THE PARISH OF PORT MELBOURNE AND MIDDLE PARK
IS COMMITTED TO THE SAFETY,
WELLBEING AND DIGNITY OF ALL CHILDREN,
YOUNG PEOPLE AND VULNERABLE ADULTS.**