



# THE CARMELITE

Parish of Port Melbourne and Middle Park  
in the care of the Carmelites since 1882

*We acknowledge the Yaluk-ut Weelam Clan, the traditional owners and custodians of this land. We pay our respects to them. May we walk gently here.*

**6th Sunday in Ordinary Time      12th February 2023**

Dear sisters and brothers,

Again in our Gospel reading this week, Jesus continues his ‘Sermon on the Mount’ to “the crowd” and particularly his disciples. Matthew, writing predominantly for a Jewish audience, reassures his readers that Jesus has not come to abolish the Law of Moses or the teaching of the Prophets, which were fundamental to their relationship with God, but to fulfil them. Jesus is the new Moses. Through him we are invited into an even richer relationship with God than was possible through observance of the Law and by following the teaching of the Prophets. This intimate relationship with God, made possible through the life, death and resurrection of Jesus is on a level which both fulfils and transcends that which was possible through the Law of Moses and the teaching of the Prophets.

We give thanks for this life ‘in God’ which Jesus calls us to by gifting us his Spirit. It is the life of this Spirit in us which should direct our actions and our relationship with God, with people and with all creation. Letting this Spirit form and direct our hearts, which in turn direct our actions, is most pleasing to God – rather than the mechanical and ritualistic observance of laws and conventions, which is the level of the “virtue” of the scribes and Pharisees which Jesus criticises.

We pray that we might grow in our capacity as people who take to heart the life of the Spirit in us and let it be the driving force of our actions.

.....

Many thanks to all who contributed so generously to the Christmas Giving Tree, which supports the work of the Carmelites among the poor and needy in Timor-Leste. This week, we transferred the \$4,623.95 which was collected to Carmel Contact, which oversees the funding of the Carmelites’ humanitarian work in Timor-Leste.

By the time this weekend comes around, the Parish Office staff and volunteers will have had a Planning Day on Friday. The new Parish Priest will be oriented to what happens in the parish, when and with whom! I’m looking forward to this “enlightenment” and

**Both our Churches are fitted with a hearing induction loop. Please use the ‘T’ or other appropriate switch on your hearing aid. Please tell us if you experience any difficulty.**

## OUR PARISH

### Churches

St Joseph's  
cnr Rouse & Stokes Streets  
Port Melbourne

Our Lady of Mount Carmel  
cnr Richardson & Wright Streets  
Middle Park

### Sunday Masses

5.00pm (Sat) Mount Carmel  
9.00am Saint Joseph's  
10.30am Mount Carmel

### Reconciliation

after 9.00am Mass Saturday

### Carmelite Parish Office

274 Rouse Street  
Port Melbourne Vic 3207

Telephone 03 9681 9600  
Facsimile 03 9681 9608

After Hours Phone Number  
0419 136 030

Email [parish@sj-mc.org.au](mailto:parish@sj-mc.org.au)

Parish Website [www.sj-mc.org.au](http://www.sj-mc.org.au)

Carmelite Website  
[www.carmelites.org.au](http://www.carmelites.org.au)

### Office Hours:

Monday - 9am - 4pm  
Wednesday - 9am-4pm  
Friday - 9am-12pm

**(CLOSED TUESDAYS & THURSDAYS)**

### Parish Priest

Fr Paul Cahill, OCarm

### Parish Secretary

Cathy Garbellini

### Pastoral Assistant

Kelly McEnhill

### Finance Manager

Melissa Perkins

### Facilities Manager

Dave Fletcher

### Safeguarding Officer

Frances Correa

### Galilee Regional Catholic Primary School

Bank Street, South Melbourne 3205  
Telephone 03 9699 2928

## THIS WEEK

### Monday 13 February

9.00am Mass, St Joseph's

### Tuesday 14 February

9.00am Mass, Mt Carmel

### Wednesday 15 February

9.00am Mass, St Joseph's

### Thursday 16 February

9.00am Mass, Mt Carmel

### Friday 17 February

9.00am Mass, St Joseph's,

### Saturday 18 February

5.00pm Mass, Mt Carmel

### Sunday 19 February - 7th Sunday in Ordinary Time

9.00am Mass, St Joseph's

10.30am Mass, Mt Carmel

## WE REMEMBER

**As we start a new year the names of those needing our prayers have been refreshed.**

**Those who are sick or ill and in need of prayer:** Marie Callahan, Michael DeNittis, Gus Gleason, Grace Gordon, Marta Menjivar, Baby Alba Middleton, Sian Middleton, Jill Ridge, Chris Silkok, Ailbe Sheehy & Sash Somerset-Beauverie.

### Those whose have died recently:

João Altalmo Ferreira, casualties of the Ukrainian/Russian conflict, & those affected by COVID.

### Those whose anniversaries of death occur about this time.

Max Fijalkowski & Charlotte Winduss.

to getting the ball rolling for the year ahead.

On Tuesday of this coming week, the **Parish Finance Council** will have an initial meeting for the year to take stock of our current financial situation and to start of process of addressing it for the future. I'm sure there will be more news to come on this front ... so stay tuned!

I'm already very aware of all the work that has gone on – and continues – in the important area of **Safeguarding**. I'm very grateful to Frances Correa and the Committee who support her in this regard. When the Carmelites were audited last year on their compliance with the National Catholic Safeguarding Standards, the Auditor needed to ensure that this parish, as part of the Carmelites' responsibility, was meeting its obligations in this area. I was delighted to hear from the Auditor that he was very impressed with how well this parish was doing in meeting its Safeguarding obligations.

Blessings on your coming week.

**Paul Cahill, O.Carm., PP**

### Welcome to our Family

Today at St Joseph's we welcome Noah Forte as he receives the Sacrament of Baptism and at Our Lady of Mount Carmel we welcome Gia Matarazzo, Lachlan Shields & Miela Tattersall-Smith.

Please keep the children, their parents and godparents in your prayers.



## ARCHDIOCESE

18/19 February

**6th Sunday in Ordinary Time**

**5.00pm Mount Carmel (Vigil)**

*Commentator:* Mary Chow

*Reader:* Des Collins

*Eucharistic Minister:* Joe Chow

*Music:* Kelly McEnhill

**9.00am St Joseph's**

*Commentator:* Ron Cassano

*Reader:* Lis Northam

*Eucharistic Minister:* Kelly McEnhill

*Counters:* Jim Power & Brian Rochford

*Music:* Frances Correa

*Hospitality:* TBD

**10.30am Mount Carmel**

*Commentator:* Michael Rudov

*Reader:* Teresa Paradowski

*Eucharistic Minister:* Ann Crump

*Music:* Peter Russo

*Hospitality:* Peter Thomas

**Communion to the Sick:**

Frances Correa

## THANK YOU

**for your generosity last Sunday**

**St Joseph's**

*Carmelite and  
Parish Offering* \$ 435.70

**Our Lady of Mt Carmel**

*Carmelite and  
Parish Offering* \$ 844.80



## PASCHAL CANDLES

For the last 23 years I have had the privilege and pleasure of designing and painting the Paschal Candles that grace both our churches but now the time has come to hand on this role. When I created my first candle in 2000 I knew nothing about the process and back then there was no Instagram inspiration to be had, so it was very much learning by doing. Over the years it became a ritual for me to seek out an idea, plan a design and paint each candle as part of my own Easter preparations. It has been a prayerful and meditative experience. For anyone who has a creative spark it is a wonderful opportunity. The design does not need to be elaborate and only a few elements need to be incorporated. So, if there is anyone who would like to give it a try, I would be very happy to teach the practicalities of painting on wax. Contact Cathy in the Parish Office (9681-9600) if you think this might be for you.

*Sally Diserio*

### February 2023 Parish Men's Dinner

Wednesday 22 February 2023,  
6:45 pm, O'Connor-Pilkington Rooms, OLMC.

Speaker: Daniel O'Connor,  
former Deputy Chief Psychiatrist,  
Dept of Health Vic,  
and Professor of Old Age Psychiatry,  
Monash University -

"Reforming Victoria's public mental health services".

RSVP: John Molloy - 9699 2031

Cost: \$35



This weekend is the Pastoral Care Appeal. Donations from our parish will help the Chaplaincy programs to support the most vulnerable people in our community.

Your support and generosity will ensure that Catholic Chaplains can continue to be messengers of God's mercy, love and compassion. Parishioners are encouraged to offer prayers and financial support to help provide continued spiritual and emotional comfort to individuals and families in Victoria facing, illness, pain, loneliness, grief and death. You can donate using the envelopes available at the back of the church or online via [www.catholiccarevic.org.au](http://www.catholiccarevic.org.au) or call (03) 9287 5513. **Please give generously.**



Please join Catholic Theological College to celebrate 50 years of theological education at the

### Sung Celebration of Evening Prayer

Guest Speaker Dr Graeme Blackman AO  
*Chancellor of University of Divinity*

Date: Sunday 5th March 2023 at 3.30pm  
Location: St Patrick's Cathedral, East Melbourne  
Enq: [sarah.styring@ctc.edu.au](mailto:sarah.styring@ctc.edu.au) or Ph 9412 3333

## REFLECTION ON THIS WEEK'S READINGS

### REFLECTION

*Jesus continues to instruct the disciples in the mysteries of the kingdom of heaven. The readings for today focus our attention on the nature of true wisdom. It is this true wisdom which prompts us to choose the right course of action. It is true wisdom that directs us in our interpretation of the law.*

*The longer we live, the more we realise that life experiences open up for us a series of choices. With these choices we chart the path that we will take. Circumstances might be thrust on us, but we can still make choices about how we will deal with them. Obedient people do what they are told; wise people choose what good they will do. True wisdom calls us to choose life and whatever enhances life. If we are truly wise, we will come to realise that what was acceptable and life-enhancing in one situation may not be appropriate in another. Life is fluid, and our thinking and acting must be flexible enough to adapt when necessary.*

*True wisdom, which comes to us through the Spirit, will enrich us with insight into life in ways we never thought possible. We will realise where and how we fit into the vast and interrelated ecosystems of the universe, and we will be overawed with the majesty and intricacy of its workings. We will understand once and for all that the value of anything is determined by its capacity to enrich life, and we will commit ourselves to and cherish every manifestation of that life.*

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## OUR LITURGY

PROCESSIONAL HYMN - SING A NEW SONG

**Refrain:**            **Sing a new song unto the Lord  
let your song be sung from mountains high.  
Sing a new song unto the Lord,  
singing alleluia.**

Yahweh's people dance for joy.  
O come before the Lord.  
And play for him on glad tambourines,  
and let your trumpet sound.

**Refrain**

Rise, O children, from your sleep  
your Savior now has come.  
He has turned your sorrow to joy,  
and filled your soul with song.

**Refrain**

Glad my soul for I have seen  
the glory of the Lord.  
The trumpet sounds the dead shall be raised.  
I know my Savior lives.

**Refrain**

## GLORIA

Refrain

Glo-ry to God in the high-est,  
peace to his peo - ple on earth.

### Verses

1. Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.
2. Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world; have mercy on us;  
you are seated at the right hand of the Father;  
receive our prayer.
3. For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God, the Father. Amen! Amen!

Music: Mass of Christmas, Marty Haugen, © 1984, GIA Publications, Inc.

## FIRST READING

### *Ecclesiasticus 15:15-20*

If you wish, you can keep the commandments,  
to behave faithfully is within your power.  
He has set fire and water before you;  
put out your hand to whichever you prefer.  
Man has life and death before him;  
whichever a man likes better will be given him.  
For vast is the wisdom of the Lord;  
he is almighty and all-seeing.  
His eyes are on those who fear him,  
he notes every action of man.  
He never commanded anyone to be godless,  
he has given no one permission to sin.

## RESPONSORIAL PSALM

PSALM 119 - BLESSED ARE THEY WHO FOLLOW THE LAW OF THE LORD!

**Response:** *Blessed are they, blessed are they who follow the law of the Lord!*

Blessed are they whose way is blameless,  
who walk in the law of the LORD.  
Blessed are they who observe his decrees,  
who seek him with all their heart.

**Response**

You have commanded that your precepts  
be diligently kept.  
Oh, that I might be firm in the ways  
of keeping your statutes!

**Response**

Be good to your servant, that I may live  
and keep your words.  
Open my eyes, that I may consider  
the wonders of your law.

**Response**

Instruct me, O LORD, in the way of your statutes,  
that I may exactly observe them.  
Give me discernment, that I may observe your law  
and keep it with all my heart.

**Response**

## SECOND READING

### *1 Corinthians 2:6-10*

We have a wisdom to offer those who have reached maturity: not a philosophy of our age, it is true, still less of the masters of our age, which are coming to their end. The hidden wisdom of God which we teach in our mysteries is the wisdom that God predestined to be for our glory before the ages began. It is a wisdom that none of the masters of this age have ever known, or they would not have crucified the Lord of Glory; we teach what scripture calls: the things that no eye has seen and no ear has heard, things beyond the mind of man, all that God has prepared for those who love him.

These are the very things that God has revealed to us through the Spirit, for the Spirit reaches the depths of everything, even the depths of God.

## GOSPEL ACCLAMATION

### ALLELUIA

*Mass of Christ the Savior  
Dan Schutte*



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## GOSPEL

### *Matthew 5:17-37*

Jesus said to his disciples: 'Do not imagine that I have come to abolish the Law or the Prophets. I have come not to abolish them but to complete them. I tell you solemnly, till heaven and earth disappear, not one dot, one little stroke, shall disappear from the Law until its purpose is achieved. Therefore, the man who infringes even one of the least of these commandments and teaches others to do the same will be considered the least in the kingdom of heaven; but the man who keeps them and teaches them will be considered great in the kingdom of heaven.

'For I tell you, if your virtue goes no deeper than that of the scribes and Pharisees, you will never get into the kingdom of heaven.

'You have learnt how it was said to our ancestors: You must not kill; and if anyone does kill he must answer for it before the court. But I say this to you: anyone who is angry with his brother will answer for it before the court; if a man calls his brother "Fool" he will answer for it before the Sanhedrin; and if a man calls him "Renegade" he will answer for it in hell fire. So then, if you are bringing your offering to the altar and there remember that your brother has something against you, leave your offering there before the altar, go and be reconciled with your brother first, and then come back and present your offering. Come to terms with your opponent in good time while you are still on the way to the court with him, or he may hand you over to the judge and the judge to the officer, and you will be thrown into prison. I tell you solemnly, you will not get out till you have paid the last penny.

'You have learnt how it was said: You must not commit adultery. But I say this to you: if a man looks at a woman lustfully, he has already committed adultery with her in his heart. If your right eye should cause you to sin, tear it out and throw it away; for it will do you less harm to lose one part of you than to have your whole body thrown into hell. And if your right hand should cause you to sin, cut it off and throw it away; for it will do you less harm to lose one part of you than to have your whole body go to hell.




## APOSTLES CREED

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ,  
his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

## OFFERTORY


### Take Our Bread

Refrain




Take our bread, we ask you; take our hearts, we love you. Take our  
lives, O Fa-ther; we are yours we are yours.

Verse 1



1. Yours as we stand at the ta - ble you set; Yours as we  
eat the bread our hearts can't for - get. We are the sign of your  
life with us yet, We are yours, we are yours. **D.C.**

Verse 2



2. Your ho-ly peo-ple stand-ing washed in your blood, Spir-it filled yet  
hun-gry we a-wait your food. We are poor, but we've brought our-selves  
the best we could; We are yours, we are yours. **D.C.**

Text: Joe Witt, © 1966  
Tune: Joe Witt, © 1966; arr. by Robert J. Donatoni, b.1942

Cel: The Lord be with you. **All: And with your Spirit.**

Cel: Lift up your hearts. **All: We lift them up to the Lord.**

Cel: Let us give thanks to the Lord, our God. **All: It is right and just.**

*The Celebrant prays the preface at the end of which all say:*

HOLY HOLY

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord

Hosanna in the highest.

LAMB OF GOD

*Mass of the Resurrection  
Randall DeBruyn*

Lamb of God, you take a - way the sins of the  
 world, have mer - cy on us. world, grant us peace.

1, 2 Final

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Cel: Behold the Lamb of God.  
 Behold him who takes away the sins of the World.  
 Blessed are those called to the supper of the Lamb.

**All: Lord I am not worthy that you should enter under my roof,  
 but only say the word and my soul shall be healed.**

John Foley

REFRAIN *Tranquil and slow*

One bread, one bod-y, one Lord of all,  
 one cup of bless - ing which we bless. And we, though  
 man-y, through-out the earth, we are one bod - y in this

VERSES *Slightly faster with excitement*

one Lord. 1. Gen - tile or Jew, ser - vant or  
 2. Man - y the gifts, man - y the  
 3. Grain for the fields, scat - tered and

*to Repeat*

1. free, wo - man or man, no more  
 2. works, one in the Lord of all  
 3. grown, gath - ered to one, for all



RECESSIONAL HYMN - THOUGH THE MOUNTAINS MAY FALL  
 VERSES 1, 2 & 4

Dan Schutte

ANTIPHON

Though the moun - tains may fall and the hills\_\_ turn to dust,  
 — yet the love\_\_ of the Lord\_\_ will stand\_\_  
 — as a shel - ter for all who will call\_\_ on his name.  
 — Sing the praise and the glo - ry of God\_\_ *Fine*

VERSES

1. Could the Lord ev - er leave you?	Could the Lord for -
2. Should you turn and for - sake him,	he will gent - ly
3. Go to him when you're wea - ry;	he will give you
4. As he swore to your Fa - thers,	when the flood de -

1. get his love? _____	Though a moth - er for -
2. call your name. _____	Should you wan - der a -
3. ea - gle's wings _____	You will run, nev - er
4. stroyed the land _____	He will nev - er for -

*to Antiphon*

1. sake her child, he will not a - ban - don you _____
2. way from__ him, he will al - ways take you back _____
3. tire, _____ for your God will be your strength__
4. sake you; _____ he will swear to you a - gain _____

**THE PARISH OF PORT MELBOURNE AND MIDDLE PARK  
 IS COMMITTED TO THE SAFETY,  
 WELLBEING AND DIGNITY OF ALL CHILDREN,  
 YOUNG PEOPLE AND VULNERABLE ADULTS.**