



THE CARMELITE

Parish of Port Melbourne and Middle Park
in the care of the Carmelites since 1882

*We acknowledge the Yaluk-ut Weelam Clan, the traditional owners and custodians of this land. We pay our respects to them.
May we walk gently here.*

3rd Sunday of Lent 12th March 2023

Dear sisters and brothers,

On this Third Sunday of Lent we divert from the regular Gospel Readings for this time of year (this year they come from Matthew) and recall the very familiar story from John of Jesus' encounter with the Samaritan woman at Jacob's well.

I'm penning this reflection on **International Women's Day** and it seems very appropriate to be reflecting on the Jewish Jesus' encounter with the Samaritan woman on this day. There are several striking and telling aspects to this encounter:

- Jews and Samaritans were not in the habit of speaking with each other as the Jews regarded the Samaritans as impure because of the extent of inter-racial marriages they had contracted.
- Men and women, in Jesus' time, did not socialize with each other in the way in which Jesus does with this woman.
- Jacob's well, where the encounter between Jesus and the woman took place was a sacred site, since Jacob was regarded as a miracle worker; however, Jesus reveals that he has a greater "miracle" to perform than Jacob's miracle of making water flow for twenty years. The "living water" that Jesus offers will flow eternally.
- Apart from the significance of the well as a place of refreshment and casual encounter, it also had significance, in the biblical tradition, as a place for the potential bride and groom to meet. The point of Jesus reminding the woman that her current 6th husband is not really her husband is not particularly to make a moral point but to point to the significance of who her 7th husband might be – 7 being the number, in biblical tradition, that signifies completion and perfection. Jesus is suggesting that he might be this 7th "husband" – the bridegroom who offers her, the bride, the "living water" – eternal life.

Scholars might suggest many other points of significance in today's Gospel story, but in light of International Women's Day, we might focus on Jesus' breaking down and breaking through social, racial, political and sexual taboos by the **respect** he shows this Samaritan woman at the well and, in doing so, leading her on a journey of faith whereby she not only comes to believe in him but she also becomes a "missionary"... she "hurried back
continued on page 4

Both our Churches are fitted with a hearing induction loop. Please use the 'T' or other appropriate switch on your hearing aid. Please tell us if you experience any difficulty.

OUR PARISH

Churches

St Joseph's
cnr Rouse & Stokes Streets
Port Melbourne

Our Lady of Mount Carmel
cnr Richardson & Wright Streets
Middle Park

Sunday Masses

5.00pm (Sat) Mount Carmel
9.00am Saint Joseph's
10.30am Mount Carmel

Reconciliation

after 9.00am Mass Saturday

Carmelite Parish Office

274 Rouse Street
Port Melbourne Vic 3207

Telephone 03 9681 9600
Facsimile 03 9681 9608

After Hours Phone Number
0419 136 030

Email parish@sj-mc.org.au

Parish Website www.sj-mc.org.au

Carmelite Website
www.carmelites.org.au

Office Hours:

Tuesday - 9am - 4pm

Wednesday - 9am-4pm

Friday - 9am-12pm

(CLOSED MONDAYS & THURSDAYS)

Parish Priest

Fr Paul Cahill, OCarm

Parish Secretary

Cathy Garbellini

Pastoral Assistant

Kelly McEnhill

Finance Manager

Mark Zanon

Sacramental Co-Ordinator

Elise Rimington

Safeguarding Officer

Frances Correa

Facilities Manager

Dave Fletcher

Galilee Regional Catholic Primary School

Bank Street, South Melbourne 3205
Telephone 03 9699 2928

THIS WEEK

Monday 13 March

9.00am Mass, St Joseph's

Tuesday 14 March

9.00am Mass, Mt Carmel

Wednesday 15 March

9.00am Mass, St Joseph's

Thursday 16 March

9.00am Mass, Mt Carmel

Friday 17 March

9.00am Mass, St Joseph's - Stations of the Cross

11:00am Funeral Prayers, Mt Carmel - for Patricia Mitchell

Saturday 18 March

9.00am Mass, Mt Carmel

5.00pm Mass, Mt Carmel

Sunday 19 March - 4th Sunday of Lent

9.00am Mass, St Joseph's

10.30am Mass, Mt Carmel

WE REMEMBER

Those who are sick or ill and in need of prayer: Lawrence Bassett, Grace Callaghan, Daphnie Cramer, Michael DeNittis, Maureen Dickason, Gus Gleason, Amelia Grace, Michael Gurry, Portia Hendrick, Marija Jelinic, Robert Masquieren, Marta Menjivar, Baby Alba Middleton, Sian Middleton, John Pringle, Rafal Rafakski, Jill Ridge, Keith Ryder, Chris Silkok, Ailbe Sheehy & Sash Somerset-Beauverie, Tami Yap.

Those whose have died recently:

Patricia Mitchell, casualties of the Ukrainian/Russian conflict and those affected by COVID-19.

Those whose anniversaries of death occur about this time.

Kathleen Collins and Carmelite Enda Carney.

IN OUR PARISH



Port Melbourne/
Middle Park Parish

Lent and Easter Timetable 2023

Reconciliation Service 31 March

7.00pm: St Joseph's

Reconciliation Service 1 April

9.00am: Our Lady of Mount Carmel

Holy Thursday 6 April

7.00pm: The Lord's Supper at St Joseph's

Good Friday 7 April

9.00am: Stations of the Cross at St Joseph's

3.00pm: The Lord's Passion at both Churches

Holy Saturday 8 April

7.00pm: Easter Vigil at Mount Carmel

Easter Sunday 9 April

9.00am: Easter Mass at St Joseph's

10.30am: Easter Mass at Mount Carmel



St Joseph's Feast Day celebration will be held at the conclusion of the 9:00am mass at St Joseph's next Sunday, 19 March, 2023.

Please join us for a cuppa and cake!

**19/20 March 2023
4th Sunday of Lent**

5.00pm Mount Carmel (Vigil)

Commentator: Tris Tanumihardjo

Reader: Des Collins

Communion: TBD

Music: TBD

9.00am St Joseph's

Commentator: Vicky Howell

Reader: Brian Harrison

Communion: Danielle Craievich

Counters: Brian Harrison & Toni Stuart

Music: Cathy Garbellini

Hospitality: TBD

10.30am Mount Carmel

Commentator: Kathleen Kiernan

Reader: Teresa Paradowski

Communion: Margaret Fagan

Music: Peter Russo

Hospitality: Peter Thomas

Communion to the Sick:

Frances Correa

THANK YOU

for your generosity last Sunday

St Joseph's

Carmelite and

Parish Offering \$ 819.85

Our Lady of Mt Carmel

Carmelite and

Parish Offering \$ 871.40

Continued from page 1

to the town to tell the people" and "many Samaritans ... believed in him on the strength of the woman's testimony".

As we reflect on, give thanks for and recommit ourselves to our faith journey, we also pray for the strength, courage and perseverance we need to be joyful "missionaries" of Jesus in our world today.

.....

As well as honouring Marie Callaghan at her funeral Mass on Friday this past week, we were also saddened to learn, during the week, of the death, following a long illness, of **Patricia Mitchell**, a parishioner who was very much part of the Our Lady of Mount Carmel Church community for over 55 years, until ill health prevented her physical attendance. Patricia's funeral service will be held at OLMC next Thursday, 16 March, at 11:00am. As we remember and pray for Pat, we extend our condolences and prayerful support to her husband Frank and family and friends. May she rest in peace.

Next Sunday, 19 March, is the **Feast of St Joseph**, patron of our beloved Port Melbourne Church and co-patron of our parish. Due to the importance of Lent, our Liturgy next Sunday will be that of the 4th Sunday of Lent. However, the liturgical celebration of St Joseph's feast will be observed at the **9am Mass at St Joseph's the following day, 20 March**. In order, though, not to let the occasion go un-celebrated on the actual feastday, there will be cake to accompany the usual tea and coffee after Mass at St Joseph's next Sunday. Please make a special effort to stop by after Mass this day to enjoy some **cake, coffee/tea and chat with fellow parishioners**.

Throughout Lent, the **Stations of the Cross** continue to be prayed each Friday at St Joseph's Church immediately after the 9am Mass.

Enrolment Forms, containing details of the Preparation Process and relevant dates for the Sacraments of 1st Reconciliation, 1st Eucharist and Confirmation, are available at the bottom of the Home Page of the parish website: <https://sj-mc.org.au/>

Blessings for the week ahead.

Paul Cahill, O.Carm.,
Parish Priest

IN OUR PARISH *Continued*

March 2023 Parish Men's Dinner

Wednesday 22 March 2023,
6:45 pm, O'Connor-Pilkington Rooms, OLMC.

Speaker: **Guy Gilbert SC, lawyer**
"South Sudan, the country and its community here".

RSVP: John Molloy - 9699 2031
Cost: \$40

PROJECT COMPASSION



Third Sunday of Lent 11 & 12 March



Priscilla lives in the Hwange district in Zimbabwe with her husband, Charles, and their two grandsons. Climate change continues to bring unprecedented challenges for people living in the most vulnerable and remote communities in Zimbabwe.

With the support of Caritas Hwange, Priscilla learnt conservation farming skills to grow drought-resistant crops to support her family during the current food crisis. Priscilla was able to produce a bumper harvest in her first year of practising conservation farming. Priscilla used the funds from her harvest to start poultry farming, which enabled her to sell eggs to pay for her grandchildren's school fees, books and stationery. The poultry farming provides a safety net for Priscilla and her family during times of hardship, like the current drought.

While the situation in Zimbabwe and across eastern Africa remains dire, the work of Caritas Hwange means that Priscilla can learn the skills she needs to build resilience and support her family during this current food crisis.

Please donate to Project Compassion 2023.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow **For All Future Generations.**

You can donate through Project Compassion donation boxes/envelopes available from your parish, by visiting caritas.org.au/project-compassion, or by calling 1800 024 413.



Photo: Richard Wainwright/Caritas Australia

REFLECTION

3RD SUNDAY OF LENT - YEAR A

Last Sunday the Gospel of the Transfiguration completed the 'little parable' which begins Lent. The Gospels of the first two Sundays describe what Lent is about and what Christian life is about: a constant journey from temptation and doubt to transfiguration and faith; a journey away from allowing ourselves to be tempted to evil and towards allowing ourselves to be tempted to good by the action of God's Holy Spirit within us.

The Gospels of the next three Sunday make clear that the Way from temptation to transfiguration is in and through Jesus Christ who is Living Water, Light and Life for the would-be disciple. They are three great stories from John about responding in faith:

- Woman at the Well – coming to faith despite barriers, personal history, differences of religious tradition, circumstances of life.
- Man Born Blind – Faith grows amidst all sorts of trials and the doubt of others.
- The Raising of Lazarus – Faith tested by the ultimate: death.

The first of the three 'great Gospels' of Lent is ours this weekend: the encounter between Jesus and the Samaritan woman.

The ground-work for the Gospel is laid in the first reading from Exodus. The people are thirsty, God gives them water even though they grumble against him and 'put him to the test'.

From the story of Jesus' encounter with the woman we might gather that faith comes through personal encounter with Jesus who offers us the living water of his Spirit. Jesus offers us his spirit in spite of all kinds of barriers, our personal history or circumstances and our often stubborn reluctance. Faith is a journey – it takes time to understand what is being offered and who is offering it. Some barriers about religion or religious practice need to be transcended to enter fully into faith which does not depend on cultic rituals. Faith makes us into missionaries, evangelists, proclaimers of Good News.

Water is a powerful symbol of life. You can last many days without food, but only a few without water. In our Christian tradition water is a strong symbol of the life of God which sustains us and brings our hearts to life. That is why we use it in Baptism and to bless objects and ourselves. The living water Jesus promises is his Spirit. A spirit which heals **and transforms**; which revels in the experience of God's love and mercy; which cannot help but proclaim God's goodness.

Our fresh encounter with the spirit of Christ this Lent heals and transforms us, and makes us into a "living gospel for all to hear".

*David Hofman, O.Carm. Celebrating at Home
Carmelite Communications, Melbourne*

OUR LITURGY

PROCESSIONAL HYMN - BE THOU MY VISION

Be Thou my vision, O Lord of my heart!
Naught be all else to me, save that Thou art;
Thou my best thought in the day and the night,
Waking or sleeping, Thy presence my light.

Be Thou my wisdom, be Thou my true word;
I ever with Thee and Thou with me, Lord;
Thou my great Father and I Thy true son;
Thou in me dwelling and I with Thee one.

Be Thou my breastplate, my sword for the fight;
Be Thou my armor and be Thou my might;
Be my soul's shelter and Thou my high tower;
Raise Thou me Heavenward, O power of my power!

Riches I heed not, nor man's empty praise;
Thou my inheritance now and always;
Thou and Thou only the first in my heart;
High King of Heaven, my treasure Thou art!

High King of Heaven, Thou Heaven's bright Sun,
Grant me its joys after victory is won!
Christ of my own heart, whatever befall,
Still be my vision, O Ruler of all!

PENITENTIAL RITE

Cel: We have been called by God to be the Church
the Body of Christ in this world.
We are not a building,
but a people,
gathered and grounded in the Word of God,
the love of Christ
and the unity of the Holy Spirit.

Like the woman of Samaria
We thirst for living water.

We yearn for love from the deepest place of our human heart.
We hunger for the truth hidden in our religious tradition.
Give us the living water, O God.

Cel: Christ, you are the door by which we enter
the mystery of God's never-failing love.

All: You are our fountain of Living Water.

Cel: Out of darkness, dust and ash,

All: You raise a people ready to worship in spirit and in truth.

Cel: Holy Spirit come!

All: Heal us with your love, so that we may bear fruit once again.

FIRST READING

Exodus 17:3-7

Tormented by thirst, the people complained against Moses. 'Why did you bring us out of Egypt?' they said. 'Was it so that I should die of thirst, my children too, and my cattle?' Moses appealed to the Lord. 'How am I to deal with this people?' he said. 'A little more and they will stone me!' The Lord said to Moses, 'Take with you some of the elders of Israel and move on to the forefront of the people; take in your hand the staff with which you struck the river, and go. I shall be standing before you there on the rock, at Horeb. You must strike the rock, and water will flow from it for the people to drink.' This is what Moses did, in the sight of the elders of Israel. The place was named Massah and Meribah because of the grumbling of the sons of Israel and because they put the Lord to the test by saying, 'Is the Lord with us, or not?'

RESPONSORIAL PSALM

PSALM 95 - IF TODAY YOU HEAR HIS VOICE, HARDEN NOT YOUR HEARTS

Response: If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD;
let us acclaim the Rock of our salvation.
Let us come into his presence with thanksgiving;
let us joyfully sing psalms to him.

Response

Come, let us bow down in worship;
let us kneel before the LORD who made us.
For he is our God,
and we are the people he shepherds, the flock he guides.

Response

Oh, that today you would hear his voice:
"Harden not your hearts as at Meribah,
as in the day of Massah in the desert,
Where your fathers tempted me;
they tested me though they had seen my works."

Response

SECOND READING

Romans 5:1-2,5-8

Through our Lord Jesus Christ by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God's glory. This hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us. We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died for us while we were still sinners.

GOSPEL ACCLAMATION

Mass of Renewal
Curtis Stephan



Glo-ry to you, O Word of God, Lord Je - sus Christ!
Glo-ry to you, Lord Je - sus Christ, Son of the liv - ing God!

Glo-ry to you, O Word of God, Lord Je - sus Christ!
Glo-ry to you, Lord Je - sus Christ, Son of the liv - ing God!

Note: Verses available in accompaniment books. Text © 1969, 1981, 1997, ICEL. All rights reserved. Used with permission.
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GOSPEL

John 4:5-15. 19-26.

Jesus came to the Samaritan town called Sychar, near the land that Jacob gave to his son Joseph. Jacob's well is there and Jesus, tired by the journey, sat straight down by the well. It was about the sixth hour. When a Samaritan woman came to draw water, Jesus said to her, 'Give me a drink.' His disciples had gone into the town to buy food. The Samaritan woman said to him, 'What? You are a Jew and you ask me, a Samaritan, for a drink?' – Jews, in fact, do not associate with Samaritans. Jesus replied:

'If you only knew what God is offering
and who it is that is saying to you:
Give me a drink,
you would have been the one to ask,
and he would have given you living water.'

'You have no bucket, sir,' she answered 'and the well is deep: how could you get this living water? Are you a greater man than our father Jacob who gave us this well and drank from it himself with his sons and his cattle?' Jesus replied:

'Whoever drinks this water
will get thirsty again:
but anyone who drinks the water that I shall give
will never be thirsty again:
the water that I shall give
will turn into a spring inside him, welling up to eternal life.'

'Sir,' said the woman, 'give me some of that water, so that I may never get thirsty and never have to come here again to draw water. I see you are a prophet, sir. Our fathers worshipped on this mountain, while you say that Jerusalem is the place where one ought to worship.' Jesus said:

'Believe me, woman, the hour is coming
when you will worship the Father
neither on this mountain nor in Jerusalem.
You worship what you do not know;
we worship what we do know;
for salvation comes from the Jews.
But the hour will come – in fact it is here already –
when true worshippers will worship the Father in spirit and truth:
that is the kind of worshipper
the Father wants.
God is spirit,
and those who worship
must worship in spirit and truth.'

The woman said to him, 'I know that Messiah – that is, Christ – is coming; and when he comes he will tell us everything.' 'I who am speaking to you,' said Jesus 'I am he.'

Many Samaritans of that town had believed in him on the strength of the woman's testimony, so, when the Samaritans came up to him, they begged him to stay with them. He stayed for two days, and when he spoke to them many more came to believe; and they said to the woman, 'Now we no longer believe because of what you told us; we have heard him ourselves and we know that he really is the saviour of the world.'

APOSTLES CREED

I believe in God, the Father almighty,
 Creator of heaven and earth,
 and in Jesus Christ,
 his only Son, our Lord,
 who was conceived by the Holy Spirit,
 born of the Virgin Mary,
 suffered under Pontius Pilate,
 was crucified, died and was buried;
 he descended into hell;
 on the third day he rose again from the dead;
 he ascended into heaven,
 and is seated at the right hand of God the Father almighty;
 from there he will come to judge the living and the dead.
 I believe in the Holy Spirit,
 the holy catholic Church,
 the communion of saints,
 the forgiveness of sins,
 the resurrection of the body,
 and life everlasting. Amen.

OFFERTORY

SHELTER ME, O GOD

Bob Hurd

Refrain

Shel-ter me, O God; hide me in the shad-ow of your wings. You a-lone

Verses

are my hope.

1. When my foes sur-round me, set me
2. As a moth-er gath-ers her
3. Though I walk in dark-ness, through the

to Refrain

1. high a-bove their reach. Hear me when I call your name.
2. young be-neath her care, gath-er me in - to your arms.
3. nee-dle's eye of death, you will nev-er leave my side.

Text: Based on Psalm 16; Psalm 61; Luke 13:34. Text and music © 1984, Bob Hurd.
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Cel: The Lord be with you. **All: And with your Spirit.**

Cel: Lift up your hearts. **All: We lift them up to the Lord.**

Cel: Let us give thanks to the Lord, our God. **All: It is right and just.**

The Celebrant prays the preface at the end of which all say:

HOLY HOLY

Mass of Christ the Savi
 Dan Schut

Ho - ly, Ho - ly, Ho - ly Lord God of hosts. Heav-en and
 earth are full, are full of your glo - ry. Ho - san - na! Ho
 san - na! Ho-san-na in the high - est. Bless-ed is
 he who comes, who comes in the name of the Lord. Ho -

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Lamb of God, you take a-way the sins of the world, have
mer-cy on us. Lamb of God, you take a-way the
sins of the world, grant us peace.

Music: Mass of Saint An, Ed Bolduc, © 1992, 2011, World Library Publications, a division of GIA Publications, Inc.

Cel: Behold the Lamb of God.
Behold him who takes away the sins of the World.
Blessed are those called to the supper of the Lamb.

All: **Lord I am not worthy that you should enter under my roof,
but only say the word and my soul shall be healed.**

Continued from page 5

Position Vacant

Are you, or someone you know interested in working in Fundraising and Digital Marketing? Do you enjoy working for yourself but also value the backing of a small team to bounce ideas off?



Carmel Impact is looking for a talented individual with digital marketing skills, who has experience (or a keen interest) in the fundraising sector. They will have excellent organisational and project management skills, be a great writer, and able to think outside the box.

Carmel Impact is a charity working towards building a future in which Timorese people have pathways to quality education and more opportunities. This role will focus on Carmel Impact's social media, email and content marketing, using these digital channels to increase awareness, engagement and fundraising revenue.

This role is initially a 12-month contract, based in Melbourne with flexible working arrangements. Interested? View job information here <https://www.ethicaljobs.com.au/members/CarmelImpact/freelance-digital-marketing-and-fundraising-contractor> OR email Nancy at director@carmelimpact.org.au for a Position Description or to discuss further.

1 As we gath-er at your ta-ble, as we lis-ten to your word,
2 Turn our wor-ship in-to wit-ness in the sac-ra-ment of life;
3 Gra-cious Spir-it, help us sam-mon oth-er guests to share that feast
help us know, O God, your pres-ence; let our hearts and minds be stirred,
send us forth to love and serve you, bring-ing peace where there is strife,
where tri-um-phant Love will wel-come those who had been last and leas-t.
Nour-ish us with sa-cred sto-ry till we claim it as our own;
Give us, Christ, your great com-pas-sion to for-give as you for-gave;
There no-more will en-vy blind us nor will pride our peace de-stroy,
teach us through this ho-ly ban-quet how to make Love's vic-t'ry known,
may we still be-hold your im-age in the world you died to save,
as we join with saints and an-gels to re-peat the sound-ing joy.

Words: Carl F. Daw, Jr., 1944-
Music: The Sacred Harp, 1844; Banns, Rosalind Elzer, 1925-2007
Words © 1988 Hope Publishing Company
Musical Score © 1989 Community of Christ

U.S.A.
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BEACH SPRING

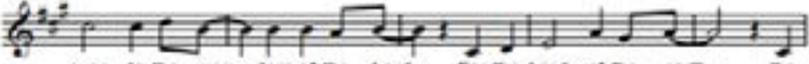
RECESSIONAL HYMN - ALL THE ENDS OF THE EARTH

Bob Dufford

REFRAIN



All the ends of the earth... all you crea-tures of the sea... lift up your



eyes to the won - ders of the Lord... For the Lord of the earth... the



mas-ter of the sea... has come with jus-tice for the world... *rit.*

VERSES 1&2



1. Break in to song at the deeds of the Lord...
2. Heav - en and earth shall re - joice in his might;



1. the won-ders he has... done in ev - 'ry age...
2. ev - 'ry heart... ev - 'ry na - tion call him Lord... *to Refrain*

VERSE 3



3. The Lord has made his sal - va - tion known, faith-ful to his



3. prom - is - es of old... Let the ends of the earth... let the



3. sea and all it holds make mu-sic be - fore our King!... *to Refrain*

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**THE PARISH OF PORT MELBOURNE AND MIDDLE PARK
IS COMMITTED TO THE SAFETY,
WELLBEING AND DIGNITY OF ALL CHILDREN,
YOUNG PEOPLE AND VULNERABLE ADULTS.**