



THE CARMELITE

Parish of Port Melbourne and Middle Park
in the care of the Carmelites since 1882

*We acknowledge the Yaluk-ut Weelam Clan, the traditional owners and custodians of this land. We pay our respects to them.
May we walk gently here.*

THE MOST HOLY BODY AND BLOOD OF CHRIST 11 June 2023

Dear sisters and brothers,

This weekend we celebrate the feast of The Body and Blood of Christ.

Even though we celebrate the institution of the Eucharist on Holy Thursday and we give thanks for this great gift every time we come to Mass, today's feast gives us the opportunity to reflect in a special and focussed way on the Eucharist and its meaning for our lives.

Today's Gospel Reading is situated in the context of the Evangelist, John, encouraging his Christian community of "converts" from Judaism around the end of the 1st century A.D. to appreciate how great a gift is the Eucharist which they celebrate as a fledgling Christian community. The Evangelist references "the bread our ancestors ate", the manna in the desert, of which we are reminded in our 1st Reading today. The community, with its Jewish origins, is well aware of how significant this manna was for their ancestors. It was a source of God's wisdom, strength, love and mercy in their lives as they journeyed to the promised land. For the Jewish community, thereafter, it remained a potent symbol of God's ongoing love and care for them. Yet, the Evangelist points out to his 1st century Christian community, they have something infinitely greater.

The ancestors, whilst greatly nourished by the manna while on their journey to the promised land, are now dead. However, Jesus promised that "anyone who eats this bread (the Eucharist – his body and blood) will live for ever"!

In and through the Eucharist, the Christian community shares, even now, in the eternal life of God. The wisdom, strength, love and mercy that the Eucharist brings into our lives is not something separate from God, but it is God's very own life alive in us. It cannot die! It is this life which unites us with one another and which impels and empowers us to reach out to others with the wisdom, strength, love and mercy of God's life in us.

May Eucharistic life grow more fully in all of us.

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Continued on page 4

Both our Churches are fitted with a hearing induction loop. Please use the 'T' or other appropriate switch on your hearing aid. Please tell us if you experience any difficulty.

OUR PARISH

Churches

St Joseph's
cnr Rouse & Stokes Streets
Port Melbourne

Our Lady of Mount Carmel
cnr Richardson & Wright Streets
Middle Park

Sunday Masses

5.00pm (Sat) Mount Carmel
9.00am Saint Joseph's
10.30am Mount Carmel

Reconciliation

after 9.00am Mass Saturday

Carmelite Parish Office

274 Rouse Street
Port Melbourne Vic 3207

Telephone 03 9681 9600
Facsimile 03 9681 9608

After Hours Phone Number
0419 136 030

Email parish@sj-mc.org.au

Parish Website www.sj-mc.org.au

Carmelite Website

www.carmelites.org.au

Office Hours:

Tuesday - 9am - 4pm

Wednesday - 9am-4pm

Friday - 9am-12pm

(CLOSED MONDAYS & THURSDAYS)

Parish Priest

Fr Paul Cahill, OCarm

Parish Secretary

Cathy Garbellini

Pastoral Assistant

Kelly McEnhill

Finance Manager

Mark Zanon

Sacramental Co-Ordinator

Baptism - Angela Cox

First Reconciliation - Angela Cox

First Eucharist - Aimee Nguyen

Confirmation - Sally Diserio

Safeguarding Officer

Frances Correa

Facilities Manager

Dave Fletcher

Galilee Regional Catholic

Primary School

Bank Street, South Melbourne 3205

Telephone 03 9699 2928

THIS WEEK

Monday 12 June

9.00am Mass, St Joseph's

Tuesday 13 June

9.00am Mass, Mt Carmel

Wednesday 14 June

9.00am Mass, St Joseph's,
7:00pm Family Information session for Confirmation,
St Joseph's Hall

Thursday 15 June

9.00am Mass, Mt Carmel

Friday 16 June

9.00am Mass, St Joseph's

Saturday 17 June

9.00am Mass, Mt Carmel
5.00pm Mass, Mt Carmel

Sunday 18 - Eleventh Sunday of Ordinary Time

9.00am Mass, St Joseph's
10.30am Mass, Mt Carmel

WE REMEMBER

Those who are sick or ill and in need of prayer: Victor Acciarito, Deepa Ariff, Lawrence Bassett, Grace Callaghan, Shawn Ceasar, Robert Chaminda, Josephine Clayton, Mary Tam Cao, Daphnie Cramer, Andrew Derrington, Michael DeNittis, Maureen Dickason, Bernadette Falckh, Rebecca Fernando, Marie Fernandez, Father Des Fitzgerald CSSR, Lyn Fleming, Jill Foster, Gus Gleason, Amelia Grace, Brendan Gurry, Michael Gurry, Portia Hendrick, Shawn Handricks, Marija Jelinic, Tae Yoon Jin, Joan Laragy, Tera Kwol, Robert Masquiren, Marta Menjivar, Simon Millar, Baby Alba Middleton, Dan Quickley, Helen Quickley, Rafal Rafakski, Daphnie Rasika, Shawn Raymond, Jill Ridge, Elise Rimmington, Michael Risteviski, Keith Ryder, Chris Silkok, Ailbe Sheehy, Sash Somerset-Beauverie, Jim Sullivan, Angela Trigar & Tami Yap.

Those whose have died recently:

Casualties of the Ukrainian/Russian conflict.

Those whose anniversaries of death occur about this time.

Midge Mongor, Mary Nguyen, Dr Joseph Rodrigo and Carmelites Kenneth Peterson & Thomas Murphy.

IN OUR PARISH

Welcome to our Family



On Sunday at Our Lady of Mount Carmel we welcome Sophie May Tanti & Liam Jai Tanti as they receive the Sacrament of Baptism.

Please keep Sophie and Liam, their parents & godparents in your prayers.



Vinnies will be holding their annual **Winter Appeal** on **17 & 18 June 2023** and speaking at all of our masses.

If you can remember to bring along a little extra for the collection plate that would be great, otherwise other methods for donating will be provided in the bulletin that weekend.

Driver Required:



A driver is required to transport an elderly vision impaired gentleman at Wintringham Port Melbourne Hostel to Mass on a Sunday at St Joseph's in Port Melbourne.

If you can help, please contact Cara Stieg (Recreation Co-ordinator) on 9646 0588 / cstieg@wintringham.org.au or Cathy at the Parish Office on 9681 9600 / parish@sj-mc.org.au.

June 2023 Parish Men's Dinner Wednesday 28 June 2023, 6:45 pm

Venue: O'Connor- Pilkington Room
at the church hall of Our Lady of Mt Carmel,
corner of Richardson & Wright Sts, Middle Park.

Speaker: Frank O'Connor : "Life as an Accidental
Community Activist"

Cost: \$40 per head

Rsvp: John Molloy - 9699 2031

17/18 June 2023

11th Sunday of Ordinary Time 5.00pm Mount Carmel (Vigil)

Commentator: Angela Cox

Reader: Des Collins

Offertory: Janine Brody

Communion: Janine Brody

Music: Tris Tanumihardjo

9.00am St Joseph's

Commentator: Brian Harrison

Reader: Rob Lever

Offertory: Toni Stuart

Communion: Deacon Marco

Counters: Brian Rochford & Jim Power

Music: Margaret Smith

Hospitality: Ann Rochford

10.30am Mount Carmel

Commentator: Kathleen Kiernan

Reader: Michael Rudov

Offertory: Sr. Reba Woodwiss

Communion: Teresa Paradowski

Music: Br Anacleto

Hospitality: Peter Thomas

Communion to the Sick:

Sr Mary Brady - 18 - 24 Jun

THANK YOU

for your generosity last Sunday

St Joseph's

Carmelite and
Parish Offering \$ 320.80

Our Lady of Mt Carmel

Carmelite and
Parish Offering \$596.20

BSB: 083-347

Account Number : 58 216 8515

Account Name : Port Melbourne / Middle
Park Parish

Vinnies Winter Appeal

This important appeal to support those in our local community without adequate clothing and shelter will be made at all Masses next weekend. Please give as generously as you can.

Food Cupboard

If you haven't already done so, please consider joining, if you can, the group offering this personal service to the poor and needy of our area from St Joseph's Hall between 10:00-11:30am on each 2nd and 4th Friday of the month. The more volunteers who come forward the better. All can then be rostered at manageable intervals. Please let Cathy Garbellini or Joan Cusack know if you can help (Cathy@sj-mc.org.au or 9681 9600). **Donations of non-perishable food are also requested.** These can be brought to Mass or brought to the Parish Office during the week.

St Titus Brandsma

If you haven't yet collected a copy of a very attractive booklet, produced by Carmelite Communications, to mark the 1st anniversary of the canonisation of Dutch Carmelite Martyr, St Titus Brandsma, please do so. They are available **free of charge** at the entrances to our Churches. The booklet tells a compelling story about his life and his death by lethal injection by the Nazis at Dachau Concentration Camp in 1942. It also outlines his down-to-earth spirituality and suggests how Titus can be a model and inspiration for us today. Whilst there is no charge for the booklets, any donation to help defray their cost would be much appreciated and will be passed on to Carmelite Communications.

Date Claimer

All parishioners are invited to a meeting on **Thursday 27 July at 7pm at St Joseph's Hall** for general discussion on our parish's future, including our challenging financial situation.

Blessings for the week ahead.



REFLECTION

The real presence of Jesus in us

We are very used to talking about the Real Presence of Jesus being in the Blessed Sacrament. But the real presence of Christ is also in the community when it gathers in his name to feast on the Word of Scripture, to recall what Jesus said and did at the Last Supper (not only the words over bread and wine, but also the washing of the feet), when it shares the food of the Eucharist together, when it goes out and continues to break and pour out that food in acts of loving kindness, in soothing and nourishing words which brings others to life.

The Eucharist is not an object to be looked at, but an action to be done so that the living presence of Jesus continues to touch and heal.

Maybe we need to think more deeply about the real presence of Jesus being in real, living human beings.

Bread and Wine have no eyes to gaze with love, no face with which to smile, no mouth to speak soothing words, no arms to hold the grieving and the sick, or to lend a hand, no ears to hear the pain. But we do.

So, we are called to become the Eucharist that feeds those around us with the nourishment of breadth of heart and vision, respect, love, compassion, hope and forgiveness.

May we become what we receive. (St Augustine).

David Hofman, O.Carm. Celebrating at Home, Carmelite Communications, Melbourne



OUR LITURGY

PROCESSIONAL HYMN: GATHER US IN



Marty Haugen

1. Here in this place, new light is stream-ing, now is the
 2. We are the young, our lives are a mys - t'ry, we are the
 3. Here we will take the wine and the wa - ter, here we will
 4. Not in the dark of build-ings con-fin - ing, not in some



1. dark - ness, van - ished a - way, See, in this space, our
 2. old who yearn for your face, We have been sung through-
 3. take the bread of new birth, Here you shall call your
 4. heav - en, light years a - way, but here in this place, the



1. fears and our dream-ings, brought here to you in the light of this
 2. out all of his - t'ry, called to be light to the whole hu - man
 3. sons and your daugh - ters, call us a - new to be salt for the
 4. new light is shin - ing, now is the King - dom now is the



1. day. Gath - er us in the lost and for - sa - ken, Gath - er us
 2. race. Gath - er us in the rich and the haugh - ty, Gath - er us
 3. earth. Give us to drink the wine of com - pas - sion, Give us to
 4. day. Gath - er us in and hold us for - ev - er, Gath - er us



1. in the blind and the lame; Call to us now, and we shall a -
 2. in the proud and the strong; Give us a heart so meek and so
 3. eat the bread that is you; Nour - ish us well, and teach us to
 4. in and make us your own; Gath - er us in all peo - ples to -

GLORIA



Refrain
 Glo - ry to God, glo - ry to God, glo - ry to God in the



high - est, and on earth peace, on earth peace to



peo - ple of good will, A - men.

Verses

1. We praise you,
 we bless you,
 we adore you,
 we glorify you,
 we give you thanks for your great glory,
 Lord God, heavenly King,
 O God, almighty Father.

2. Lord Jesus Christ, Only Begotten Son,
 Lord God, Lamb of God, Son of the Father,
 you take away the sins of the world,
 have mercy on us;
 you take away the sins of the world,
 receive our prayer;
 you are seated at the right hand of the Father,
 have mercy on us.

3. For you alone are the Holy One,
 you alone are the Lord,
 you alone are the Most High,
 Jesus Christ,
 with the Holy Spirit,
 in the glory of God the Father.
 Amen.

Text: ICEL, © 2010
 Music: Mass of Joy and Peace, Tony K. Alamo, © 2010, GIA Publications, Inc.

FIRST READING

Deuteronomy 8:2-3. 14-16

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

'Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'

RESPONSORIAL PSALM - PRAISE THE LORD

Response: Praise the Lord, Jerusalem. Praise the Lord, praise the Lord.

Glorify the LORD, O Jerusalem;
praise your God, O Zion.
For he has strengthened the bars of your gates;
he has blessed your children within you.

Response

He has granted peace in your borders;
with the best of wheat he fills you.
He sends forth his command to the earth;
swiftly runs his word!

Response

He has proclaimed his word to Jacob,
his statutes and his ordinances to Israel.
He has not done thus for any other nation;
his ordinances he has not made known to them. Alleluia.

Response

SECOND READING

1 Corinthians 10:16-17

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

GOSPEL ACCLAMATION



Music: *Mass of Joy and Peace*, Tony E. Nelson, © 2010, GIA Publications, Inc.

GOSPEL

John 6:51-58

Jesus said to the Jews:

'I am the living bread which has come down from heaven.
Anyone who eats this bread will live for ever;
and the bread that I shall give
is my flesh, for the life of the world!'

Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied:

'I tell you most solemnly,
if you do not eat the flesh of the Son of Man
and drink his blood,
you will not have life in you.
Anyone who does eat my flesh and drink my blood
has eternal life,
and I shall raise him up on the last day.
For my flesh is real food
and my blood is real drink.

He who eats my flesh and drinks my blood
lives in me
and I live in him.

As I, who am sent by the living Father,
myself draw life from the Father,
so whoever eats me will draw life from me.
This is the bread come down from heaven;
not like the bread our ancestors ate:
they are dead,
but anyone who eats this bread will live for ever.'

APOSTLES CREED

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ,
his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

OFFERTORY - ON EAGLE'S WINGS

You who dwell in the shelter of the Lord
Who abide in His shadow for life
Say to the Lord, "My refuge, my rock in whom I trust!"

Refrain: **And He will raise you up on eagles' wings**
 Bear you on the breath of dawn
 Make you to shine like the sun
 And hold you in the palm of His hand

For to His angels He's given a command
To guard you in all of your ways
Upon their hands they will bear you up
Lest you dash your foot against a stone

Refrain

Cel: The Lord be with you. **All: And with your Spirit.**

Cel: Lift up your hearts. **All: We lift them up to the Lord.**

Cel: Let us give thanks to the Lord, our God. **All: It is right and just.**

HOLY

Ho - ly, Ho - ly, Ho - ly Lord God of hosts.
Heav - en and earth are full of your glo - ry. Ho -
san - na in the high - est, ho - san - na in the
high - est. Bless - ed is he, bless - ed is he who
comes in the name of the Lord. Ho - san - na in the
high - est, ho - san - na in the high - est. Ho - san - na in the
high - est, ho - san - na in the high - est.

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When we eat this Bread and drink this Cup,
 we pro-claim your Death, O Lord, un-til you come a -
 gain. un-til you come a - gain.

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 Music: Mass of Saint Ann, Ed Bullock, © 2011, World Library Publications, a division of GIA Publications, Inc.

OUR FATHER

LAMB OF GOD

Cantus Lamb of God, you take a-way the sins of the
Assembly
Repeat as desired world, have mer-cy on us. *Last time* world, grant us peace.

Music: Mass of Joy and Peace, Tony Adams, © 2009, GIA Publications, Inc.

Cel: Behold the Lamb of God.
 Behold him who takes away the sins of the World.
 Blessed are those called to the supper of the Lamb.

All: Lord I am not worthy that you should enter under my roof,
 but only say the word and my soul shall be healed.

John Foley

REFRAIN *Tranquil and slow*
 One bread, one bod-y, one Lord of all,
 one cup of bless-ing which we bless. And we, though
 man-y, through-out the earth, we are one bod - y in this

Few **VERSES** *Slightly faster with excitement*
 one Lord. 1.Gen - tile or Jew, ser - vant or
 2.Man - y the gifts, man - y the
 3.Grain for the fields, scat-tered and

mp to Retrain
 1.free, wo - man or man, no more
 2.works, one in the Lord of all
 3.grown, gath - ered to one, for all

Refrain: Sing a new song unto the Lord,
let your song be sung from mountains high.
Sing a new song unto the Lord,
singing alleluia.

Yahweh's people dance for joy.
O come before the Lord.
And play for him on glad tambourines,
and let your trumpet sound.

Refrain

Rise, O children, from your sleep
your Saviour now has come.
He has turned your sorrow to joy,
and filled your soul with song.

Refrain

Glad my soul for I have seen,
the glory of the Lord.
The trumpet sounds the dead shall be raised.
I know my Saviour lives.

Refrain

NOTICEBOARD

**Please Support our Parish Food Cupboard
if you are able...**

We are seeking donations of non perishable food items for the
Personal Food Cupboard and would really appreciate donations of:

- 50gm jars of coffee
- boxes of 50 tea bags - *regular, not flavoured*
- small tins of milo
- packets of cup-a-soups
- cans of soup - *pull tops preferred*
- cans of fruit - *pull tops preferred*
- cans of vegetables - corn, carrots, peas, beans - *pull tops preferred*
- tinned fish - *pull tops preferred*
- rice
- dried pasta
- jars of pasta sauces
- long life fruit juices
- breakfast cereals - Weetbix, oats, etc
- sweet & savoury biscuits
- jam
- vegemite
- honey
- peanut butter
- toiletries - e.g. soap, toothpaste, tooth brush, deoderant, shampoo, conditioner

Thank you for your generosity.

- ✓ 32 page A4 book in full colour including cover.
- ✓ Never before seen colour images created only in Australia
- ✓ 11 Chapters on the life of Saint Titus Brandsma
- ✓ Let us celebrate this wonderful occasion of our newest Carmelite Saint!



ONLY AUD\$10 per copy plus postage

**THE PARISH OF PORT MELBOURNE AND MIDDLE PARK
IS COMMITTED TO THE SAFETY,
WELLBEING AND DIGNITY OF ALL CHILDREN,
YOUNG PEOPLE AND VULNERABLE ADULTS.**