



# THE CARMELITE

Parish of Port Melbourne and Middle Park  
in the care of the Carmelites since 1882

*We acknowledge the Yaluk-ut Weelam Clan, the traditional  
owners and custodians of this land. We pay our respects to them.  
May we walk gently here.*

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**SECOND SUNDAY OF ADVENT - 10 December 2023**

Dear sisters and brothers,

In today's Gospel reading, we listen to the very start of St Mark's Gospel: "The beginning of the Good News about Jesus Christ, the Son of God". Right at the outset, Mark is declaring to his fledgling, struggling, persecuted community that what he is offering them is "Good News". However, by then immediately referring to the Prophet Isaiah, he tells these early disciples of Jesus that they must prepare themselves to be able to stay on the "way" that reveals "Good News". They do this by taking to heart the message of John the Baptist, a message of "repentance for the forgiveness of sins".

As we hear the message of Mark to his early Christian community, we too are invited to hear and believe in the "Good News about Jesus Christ, the Son of God". This "Good News" is that Jesus has redeemed us and all of creation, that he has established his kingdom of justice, love and peace – and that this kingdom will prevail over all and any opposing forces. We are already citizens of God's kingdom, even though we struggle to experience it in the reality where opposing forces are still so active. These opposing forces are engaged in "warfare" with the Kingdom of God, not only in our broader social context but also within our own hearts and lives.

It is in this context of a struggle between the Kingdom of God (good) and the kingdom of darkness (evil) that we are called to prepare to live in the "way" of the Kingdom of God by an ongoing process of conversion ... "repentance for the forgiveness of sins". We will only be motivated to do this if, fundamentally, we are people of faith and hope; faith and hope that the Kingdom of God is already established, that we really are part of it – and that ultimately this Kingdom will prevail fully in the fullness of time (the "Second Coming" of Christ).

Our hope is buoyed by the Prophet Isaiah (1st Reading) who reassured the Israelites in their time of exile that the Lord who is with them "with power ... subduing all things to him ... is like a shepherd feeding his flock, gathering lambs in his arms, holding them against his breast and leading to their rest the mother ewes".

*Continued on page 4*

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**Both our Churches are fitted with a hearing induction loop. Please use the 'T' or other appropriate switch on your hearing aid. Please tell us if you experience any difficulty.**

## OUR PARISH

### Churches

St Joseph's  
cnr Rouse & Stokes Streets  
Port Melbourne

Our Lady of Mount Carmel  
cnr Richardson & Wright Streets  
Middle Park

### Sunday Masses

5.00pm (Sat) Mount Carmel  
9.00am Saint Joseph's  
10.30am Mount Carmel

### Reconciliation

after 9.00am Mass Saturday

### Carmelite Parish Office

274 Rouse Street  
Port Melbourne Vic 3207

Telephone 03 9681 9600

After Hours Phone Number  
0419 136 030

Email parish@sj-mc.org.au

Parish Website www.sj-mc.org.au

Carmelite Website

www.carmelites.org.au

### Office Hours:

Tuesday - 9am - 4pm

Wednesday - 9am-4pm

Friday - 9am-12pm

**(CLOSED MONDAYS & THURSDAYS)**

### Parish Priest

Fr Paul Cahill, OCarm

### Parish Secretary

Cathy Garbellini

### Pastoral Assistant

Kelly McEnhill

### Business Finance Manager

Mark Zanon

### Sacramental Co-Ordinator

Baptism - Angela Cox

First Reconciliation - Angela Cox

First Eucharist - Aimee Nguyen

Confirmation - Sally Diserio

### Safeguarding Officer

Frances Correa

### Facilities Manager

Dave Fletcher

### Galilee Regional Catholic Primary School

Bank Street, South Melbourne 3205

Telephone 03 9699 2928

## THIS WEEK

### Monday 11 December

9.00am Mass, St Joseph's

### Tuesday 12 December

9.00am Advent Reconciliation, St Joseph's

9.00am Mass, Mt Carmel

### Wednesday 13 December

9.00am Mass, St Joseph's

7.00pm Advent Reconciliation, Mt Carmel

### Thursday 14 December

9.00am Mass, Mt Carmel

### Friday 15 December

9.00am Mass, St Joseph's

### Saturday 16 December

9.00am Mass, Mt Carmel

5.00pm Mass, Mt Carmel

### Sunday 17 December

9.00am Mass, St Joseph's

10.30am Mass, Mt Carmel

## WE REMEMBER

**Those who are sick or ill and in need of prayer:** Victor Acciarito, Deepa Ariff, Lawrence Bassett, Grace Callaghan, Mary Hong Cao, Mary Tam Cao, Shawn Ceasar, Robert Chaminda, Mrs Chan, Josephine Clayton, Paul Cox, Daphnie Cramer, Grace Cumming, Mary Dalli, Michael De Nittis, Maureen Dickason, Leonie Dimes, Bernadette Falckh, Gigi Falk, Lyn Falk, Maria Fatima, Rebecca Fernando, Tony Fernandez, Father Des Fitzgerald CSSR, Jill Foster, Gus Gleason, Amelia Grace, Evelyn Greach, Brendan Gurry, Michael Gurry, George Grzyb, Nova Hack, Christine Hall, Shawn Handricks, Portia Hendrick, Carol Higginson, Jason Ho, Marija Jelinic, Sr Martin Jones, Mary Loc, Christine Lyell, Maria Teresa Marques, Robert Masquiren, Sean McPhee, Sharon Beverly Mendes, Marta Menjivar, Baby Alba Middleton, Sam Neill, Mary Nguyen-Loc, Mary Paradise, Dan Quickley, Helen Quickley, Rafal Rafakski, Daphnie Rasika, Shawn Raymond, Jill Ridge, Elise Rimmington, Michael Risteviski, Keith Ryder, Chris Silkok, Ailbe Sheehy, Sash Somerset Beauverie, Dorothea Spencer, Jim Sullivan, Danielle Szeto, Angela Trigar & Tami Yap.

**Those who have died recently:** Malgorzata Bis, Tim Blake, Kay Bourke, Sr Jo Scanlon.

**Those whose anniversaries of death occur about this time:** Giuseppe Battista, Michelina Battista, Dr Jane Chalmers, Dean Lappen, Matteo De Nittis, Nell Myers, Maree Nolan, Bill Pearson, Olive Toohey and Carmelite Geoffrey Moore.

## IN OUR PARISH



### Advent Reconciliation Services

St Joseph's - Tues, 12 Dec 2023, 9:00am

OLMC - Wed, 13 Dec 2023, 7.00pm

## PRAYER FOR PEACE IN THE MIDDLE EAST



Lord Jesus Christ,

The Holy Land is once again struck by violence, hatred, and death. Lord look with mercy upon the land that was your earthly home.

Receive the deceased into your presence. Comfort those who mourn, are wounded, or forced to flee. Be close to all who are full of fear and despair.

You are peace and the light of the nations, put an end to the spiral of terror and suffering in the Holy land and the whole Middle East.

Let peace and justice flourish at the holy sites. You are our refuge. Let the people be safe in your Love.

Have mercy on us and on our time. **Amen.**

16/17 December 2023

3RD SUNDAY OF ADVENT

5.00pm Mount Carmel (Vigil)

Commentator: Des Collins

Reader: Mary Chow

Offertory: Janine Brodie

Communion: Joe Chow

Music: Kelly McEnhill

### 9.00am St Joseph's

Commentator: Wil Kininmouth

Reader: Vicki Howell

Offertory: Aoife Ling

Communion: Frances Correa

Counters: Brian Harrison & Toni Stuart

Music: Cathy Garbellini

Hospitality: Cathy Garbellini

### 10.30am Mount Carmel

Commentator: Marlene Halim

Reader: Michael Rudov

Offertory: Jackie & John Tidey

Communion: Denis Churkovich

Music: Organist / Cantor

Hospitality: Jackie & John Tidey

### Communion to the Sick:

Denis Passalent: 17-23 Dec 2023

## THANK YOU

for your generosity last weekend  
**Parish Stewardship Offerings**

Envelopes	\$ 335.80
Credit Card	\$ 420.00
Direct Credit	\$ 990.00
Loose Plate	\$ 698.95
Tap & Go	\$ 290.00
<b>Total</b>	<b>\$2,734.75</b>

BSB: 083-347

Account Number : 58 216 8515

Name: Port Melb / Middle Park Parish

Parish Website: www.sj-mc.org.au

using **DONATE** button on Homepage

Continued from Page 1

During this Advent season, may we “double down” to prepare to live in the “way” of the Lord by on ongoing conversion of heart, buoyed by our hope in fullness of life in the Kingdom of God and sustained by our faith that the Lord is with us “like a shepherd” on our journey.

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### Distribution of Christmas Cards

As foreshadowed over the last couple of weeks, today we are seeking the assistance of parishioners to distribute Christmas Cards in the local community. The cards have been bundled into groups of 100, with each bundle accompanied by a map of a specific area in which the cards may be distributed. If you can, please take a bundle from the table at the main entrance to each of our Churches and distribute the cards in the indicated area over the coming week. Simply place them in people’s letter boxes. (Church communication does NOT count as “Junk Mail”). Thank you for any assistance you can give in this regard.

### Nativity Pageant

Our 5pm Family Mass on Christmas Eve will again offer an opportunity for children and young people to be involved in a Nativity Pageant during Mass and the proclamation of the Commentary, Readings and Prayers of the Faithful. Members of your family, friends and the wider community are most welcome to participate. If any of them wish to do so, please register their names and contact details with Cathy at the Parish Office (Cathy@sj-mc.org.au or 9681 9600). Any children wishing to be involved will also need to attend a short rehearsal at Our Lady of Mount Carmel Church at 2pm on Saturday 23rd December.

### Parish Social

I’m writing these comments prior to the Social on Thursday night (7 December), but I’m sure it will be a great gathering of almost 90 parishioners. Many thanks to Cathy and the small team assisting her who have prepared everything, to all who have donated Raffle Prizes and to Eden who has wrapped them all. And, of course, thanks to everyone who attended and enjoyed each other’s company in the Christmas spirit.

Blessings for the week ahead.



## THE GIVING TREE - CHRISTMAS IN EAST TIMOR



The ‘Giving Tree’ is in the churches this weekend.

Please collect your envelope, fill in the Christmas Card and place it on the tree.

Please leave the donation in the envelope provided, in the basket under the tree. Money will be collected after each Mass.

Alternatively, you can donate online using the **DONATE** button on the HOME PAGE of the Parish website (<https://sj-mc.org.au>). The **DONATE** button is located under the Parish Newsletter. Select **GIVING TREE** for the donation and complete your details.

Your money will be sent directly to the Carmelites in East Timor who will purchase the gifts on your behalf.

Below is a list of the gifts and their purchase price.

- \$ 5 1 recorder for music lessons at a primary school
- \$ 8 1 box of pencils or pens for a primary school
- \$ 10 1 box of maths triangle rulers for a primary school
- \$ 14 1 harmonica for music lessons at a primary school
- \$ 20 1 pair of new shoes for a boarding house student
- \$ 20 1 reem of A4 paper for the teachers at a primary school
- \$ 40 1 soccer ball for a primary school
- \$ 40 1 small drum for music lessons at a primary school
- \$ 40 1 balance kit for maths measurement activities at a primary school
- \$ 40 1 month of nutritious meals for 1 boarding house student
- \$ 60 1 month subsidy payment for a volunteer teacher
- \$ 60 12 months of school fees for a boarding house student in Year 7
- \$ 70 1 month living costs covered for a scholarship student at university
- \$ 100 5 new dictionaries for a high school classroom
- \$ 150 1 class set of clocks for maths classes at a primary school

**Thankyou for supporting our Community in East Timor.**



# PORT MELBOURNE/MIDDLE PARK PARISH CHRISTMAS 2023

Christmas Eve - Sunday 24 Dec 2023	Family Mass	Mt Carmel 5.00pm
	Mass	St Joseph's 7.00pm
Christmas Day - Monday 25 Dec 2023	Mass	St Joseph's 9.00am
	Mass	Mt Carmel 10.30am
New Year's Day Monday 1 Jan 2024	Mass	St Joseph's 9.00am
	Mass	Mt Carmel 9.00am

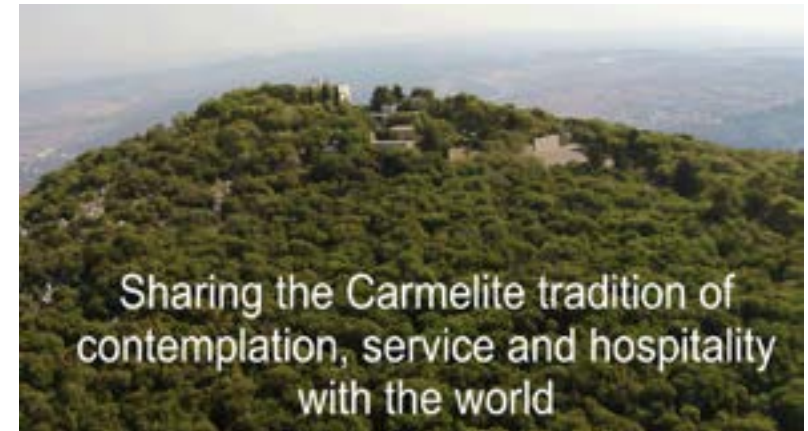
There will be **NO WEEKDAY** masses from  
**Tuesday 26 December - Saturday 30 December 2023**  
inclusive.

The Parish Office will:  
CLOSE on Friday 22 December 2023, 12.00pm  
REOPEN on Tuesday 23 January 2023, 9.00am.

For emergencies, please call Father Paul Cahill on 0419 136 030

Parish Email: parish@sj-mc.org.au  
Parish website: www.sj-mc.org.au

## THE CARMELITE CENTRE MELBOURNE



The **December 2023 Newsletter** is available via the following website link:  
<https://www.thecarmelitecentremelbourne.org/>

Some upcoming Carmelite Centre events that are available in person or online include:

- **Advent Contemplative Walk** - Tuesday 5, 12 and 19 December (Middle Park) - *details below*
- Centering Prayer Tuesday 5 December (in the Library)
- Carmelite Conversation Wednesday 6 December (via zoom)
- Christmas Park Gathering Saturday 9 December (Gardens in Sth Melb)
- Prayer Meditation every Tuesday 5pm (via zoom)
- Meditation every Thursday 7pm (in the Malone room and on-line resources)
- Lectio Divina every Friday 10am (via zoom and on-line resources)

### **Advent Contemplative Walk** - ALL WELCOME!

Join Denis Andrew OCarm and others for a quiet walk beginning at OLMC Church in Middle Park, 210-218 Richardson St Middle Park 9.30am on 3 Tuesdays during Advent.

We will meet in front of the Church.

- 5 December 9.30am
- 12 December 19.30am, and
- 19 December 9.30m

We will begin with a reflection on the theme of the Advent week and then begin a short walk around 30 minutes in silence then go to a cafe or return to the Carmelite Centre for a cuppa and conversation.

**Advent is a time of anticipatory waiting, a time of hope, love, joy and peace.**

Contact us to let us know you will join us for these gentle walks or with any questions:

Phone : +61 3 9690 5430

Email : info@thecarmelitecentremelbourne.org



## REFLECTION

### *Prepare a way!*

Repentance and forgiveness console God's people and prepare the way for the Lord to enter our hearts. The magnificent first reading from the prophet Isaiah today looks forward to the appearance of God. Great preparations take place for his arrival - hills are lowered, valleys filled in, a straight highway is made in the desert. The joyful message of God's approach is proclaimed from the mountain tops and shouted in the streets.

How will this God show himself to his people? Not as a warrior-king with a frightening display of military power or with thunderbolts in his hands, but as a shepherd-king: feeding his flock, gathering the lambs in his arms, holding them against his breast and leading the mother ewes to rest. God's coming liberates and frees his people through tenderness and forgiveness.

The Gospel presents John the Baptist as one who comes preparing the way for the Lord by proclaiming 'a baptism of repentance for the forgiveness of sins'. According to Mark, all Judea and the whole of Jerusalem come to John for baptism and to hear the proclamation of forgiveness – a moment of real conversion. John says that another will come, more powerful than himself, who will baptise, not with water, but with the Holy Spirit.

Our Advent readings help us realise God's profound love for us and his presence within us through the Holy Spirit. Knowing that God will always treat us with love and tender care helps us to turn again towards him and to trust in the depth of his mercy.

Our Advent journey is showing us how to prepare our hearts for a fresh discovery of God's presence in our lives; how to recognise the hidden presence of Jesus among and around us; how to turn around and face towards God with faith, hope and love; and how to be the living presence of Jesus in our moment of history.

The candles of the Advent Wreath remind us of the growing light and warmth of God's love made visible in Christ.

*David Hofman, O.Carm. Celebrating at Home, Carmelite Communications, Melbourne*

## OUR LITURGY

### 10:30am Mass Only (Choir):

**PLEASE NOTE, THE HYMNS FOR THE 10:30AM MASS WILL BE ON A SEPARATE SHEET AND THE MUSICAL PARTS OF THE MASS WILL BE AS PER THE NEWSLETTER.**

PROCESSIONAL HYMN: WE ARE CALLED

Come! live in the light!  
Shine with the joy and the love of the Lord!  
We are called to be light for the kingdom,  
to live in the freedom of the city of God!

**Refrain: We are called to act with justice.**

**We are called to love tenderly.**

**We are called to serve one another, to walk humbly with God.**

*Repeat after last verse.*

Come! Open your heart!  
Show your mercy to all those in fear!  
We are called to be hope for the hopeless,  
so hatred and blindness will be no more!

**Refrain**

Sing! Sing a new song!  
Sing of that great day when all will be one!  
God will reign and we'll walk with each other as sisters and brothers united  
in love!

**Refrain**

LIGHTING OF THE SECOND ADVENT CANDLE



## FIRST READING

### *Isaiah 40:1-5. 9-11*

'Console my people, console them'  
says your God.  
'Speak to the heart of Jerusalem  
and call to her  
that her time of service is ended,  
that her sin is atoned for,  
that she has received from the hand of the Lord  
double punishment for all her crimes.'

A voice cries, 'Prepare in the wilderness  
a way for the Lord.  
Make a straight highway for our God  
across the desert.  
Let every valley be filled in,  
every mountain and hill be laid low,  
let every cliff become a plain,  
and the ridges a valley;  
then the glory of the Lord shall be revealed  
and all people shall see it;  
for the mouth of the Lord has spoken.'

Go up on a high mountain,  
joyful messenger to Zion.  
Shout with a loud voice,  
joyful messenger to Jerusalem.  
Shout without fear,  
say to the towns of Judah,  
'Here is your God.'  
Here is the Lord coming with power,  
his arm subduing all things to him.  
The prize of his victory is with him,  
his trophies all go before him.  
He is like a shepherd feeding his flock,  
gathering lambs in his arms,  
holding them against his breast  
and leading to their rest the mother ewes.

## RESPONSORIAL PSALM

PSALM 85 LORD, LET US SEE YOUR KINDNESS, AND GRANT US YOUR SALVATION.

**Response: Lord, let us see your kindness, and grant us your salvation.**

I will hear what God proclaims;  
the LORD for he proclaims peace.  
Near indeed is his salvation to those who fear him,  
glory dwelling in our land. **Response**

Kindness and truth shall meet;  
justice and peace shall kiss.  
Truth shall spring out of the earth,  
and justice shall look down from heaven. **Response**

The LORD himself will give his benefits;  
our land shall yield its increase.  
Justice shall walk, shall walk before him,  
and prepare the way of his steps. **Response**

## SECOND READING

### *2 Peter 3:8-14*

There is one thing, my friends, that you must never forget: that with the Lord, 'a day' can mean a thousand years, and a thousand years is like a day. The Lord is not being slow to carry out his promises, as anybody else might be called slow; but he is being patient with you all, wanting nobody to be lost and everybody to be brought to change their ways. The Day of the Lord will come like a thief, and then with a roar the sky will vanish, the elements will catch fire and fall apart, the earth and all that it contains will be burnt up.

Since everything is coming to an end like this, you should be living holy and saintly lives while you wait and long for the Day of God to come, when the sky will dissolve in flames and the elements melt in the heat. What we are waiting for is what he promised: the new heavens and new earth, the place where righteousness will be at home. So then, my friends, while you are waiting, do your best to live lives without spot or stain so that he will find you at peace.

## GOSPEL ACCLAMATION



Richard Pross, 1937-2010  
Adapt. by Michael O'Connor, O.P.  
Music © 2010, 2011, WLP

## GOSPEL

### *Mark 1:1-8*

The beginning of the Good News about Jesus Christ, the Son of God. It is written in the book of the prophet Isaiah:

Look, I am going to send my messenger before you; he will prepare your way.

A voice cries in the wilderness:

Prepare a way for the Lord,  
make his paths straight,

and so it was that John the Baptist appeared in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. All Judaea and all the people of Jerusalem made their way to him, and as they were baptised by him in the river Jordan they confessed their sins. John wore a garment of camel-skin, and he lived on locusts and wild honey. In the course of his preaching he said, 'Someone is following me, someone who is more powerful than I am, and I am not fit to kneel down and undo the strap of his sandals. I have baptised you with water, but he will baptise you with the Holy Spirit.'



## APOSTLES CREED

I believe in God, the Father almighty,  
creator of heaven and earth, and in Jesus Christ,  
his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body, and life everlasting. Amen.

## OFFERTORY - LET THERE BE PEACE ON EARTH SY MILLER & JILL JACKSON

Let there be peace on earth and let it begin with me;  
let there be peace on earth, the peace that was meant to be.  
With God as our Father, family all are we.  
Let us walk with each other in perfect harmony.

Let peace begin with me, let this be the moment now.  
With every step I take, let this be my solemn vow:  
To take each moment and live each moment in peace eternally.  
Let there be peace on earth, and let it begin with me.

HOLY

Richard Proulx, 1937-2010  
 Adapt. by Michael O'Connor, O.P.  
 Music © 2010, 2011, WLP

Ho-ly, Ho-ly, Ho - ly Lord God of hosts. Heav-en and earth  
 are full of your glo-ry. Ho-san-na in the high - est. Bless-ed is he  
 who comes in the name of the Lord. Ho-san-na in the high - est.

MEMORIAL ACCLAMATION

Text © 2010, ICCL. All rights reserved. Used with permission.  
 Music © 2009, Curtis Stephan. Published by OCP. All rights reserved.

When we eat this Bread and drink this Cup, we pro-  
 claim your Death, O Lord, un - til you come a - gain.

LAMB OF GOD

Richard Proulx, 1937-2010  
 Adapt. by Michael O'Connor, O.P.  
 Music © 2010, 2011, WLP

Lamb of God, you take a-way the sins of the world, have mer-cy on us.  
 Lamb of God, you take a-way the sins of the world, have mer-cy on us.  
 Lamb of God, you take a-way the sins of the world, grant us peace.

Cel: Behold the Lamb of God.  
 Behold him who takes away the sins of the World.  
 Blessed are those called to the supper of the Lamb.

All: **Lord I am not worthy that you should enter under my roof,  
 but only say the word and my soul shall be healed.**

COMMUNION HYMN - LIKE A SHEPHERD

VERSES 1 & 2

Bob Dufford

REFRAIN  
 Like a shep-herd he feeds his flock and gath-ers the lambs in his  
 arms, hold-ing them care-ful - ly close to his heart,  
 lead-ing them home home, lead-ing them home

1-3 to Verses Final rit. Fine

VERSES 1&2

1. Say to the cit - ies of Ju - dah: Pre - pare the  
 2. I my - self will shep-herd them, for oth - ers have

1. way of the Lord. Go to the moun-tain - top,  
 2. led them a - stray. The lost I will res - cue and

1. lift your voice: Je - ru - sa - lem, here is your God.  
 2. heal their wounds and pas - ture them, giv - ing them rest.

VERSE 3

3. Come un-to me if you are heav - i - ly bur - dened, and  
 3. take my yoke up - on your shoul - ders. I will give you rest.



RECESSIONAL HYMN: PRAISE TO YOU, O CHRIST OUR SAVIOUR

VERSES 1 AND 4.

Bernadette Farrell

REFRAIN

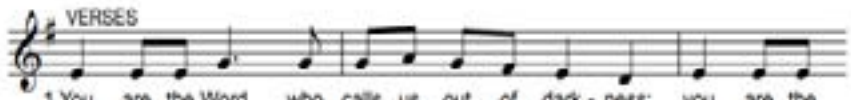


Praise to you, O Christ, our Sav-ior, Word of the Fa-ther, call-ing us to life;



Son... of God who leads us to free-dom: glo-ry to you, Lord Je-susChrist!

VERSES



1. You are the Word who calls us out of dark - ness; you are the  
2. You are the one whom proph-ets hoped and longed for; you are the  
3. You are the Word who calls us to be ser - vants; you are the  
4. You are the Word who binds us and u - nites us; you are the



1. Word who leads us in - to light; you are the Word who  
2. one who speaks to us to - day; you are the one who  
3. Word whose on - ly law is love; you are the Word - made -  
4. Word who calls us to be one; you are the Word who



1. brings us through the de - sert: glo - ry to you, Lord Je-sus Christ!  
2. leads us to our fu - ture: glo - ry to you, Lord Je-sus Christ!  
3. flesh who lives a - mong us: glo - ry to you, Lord Je-sus Christ!  
4. teach - es us for - give - ness: glo - ry to you, Lord Je-sus Christ!

**THE PARISH OF PORT MELBOURNE AND MIDDLE PARK  
IS COMMITTED TO THE SAFETY,  
WELLBEING AND DIGNITY OF ALL CHILDREN,  
YOUNG PEOPLE AND VULNERABLE ADULTS.**